॥ साधनापञ्चकम् ॥

SĀDHANĀ-PAÑCHAKAM

Volume 2

॥ साधनापञ्चकम् ॥

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Volume 2

SHRĪ CHITRĀPUR MATH, SHRĪVALLĪ

SĀDHANĀ PAÑCHAKAM

VOLUME 2

Saṁskṛta - English Transliteration - English Translation

Published by:

SHRĪ CHITRĀPUR MATH

Shirālī, Uttara Kannaḍa, Karnāṭaka, India, 581354
Tel: 08385-258368
Fax: 08385-258612
E-mail: scmath@sancharnet.in
Website: www.chitrapurmath.net

First Edition: Guru Pūrṇimā, 2010, Kārlā 1000 copies
Second Edition: Kanakāñjali Utsava, 2014, Santācruz 500 copies
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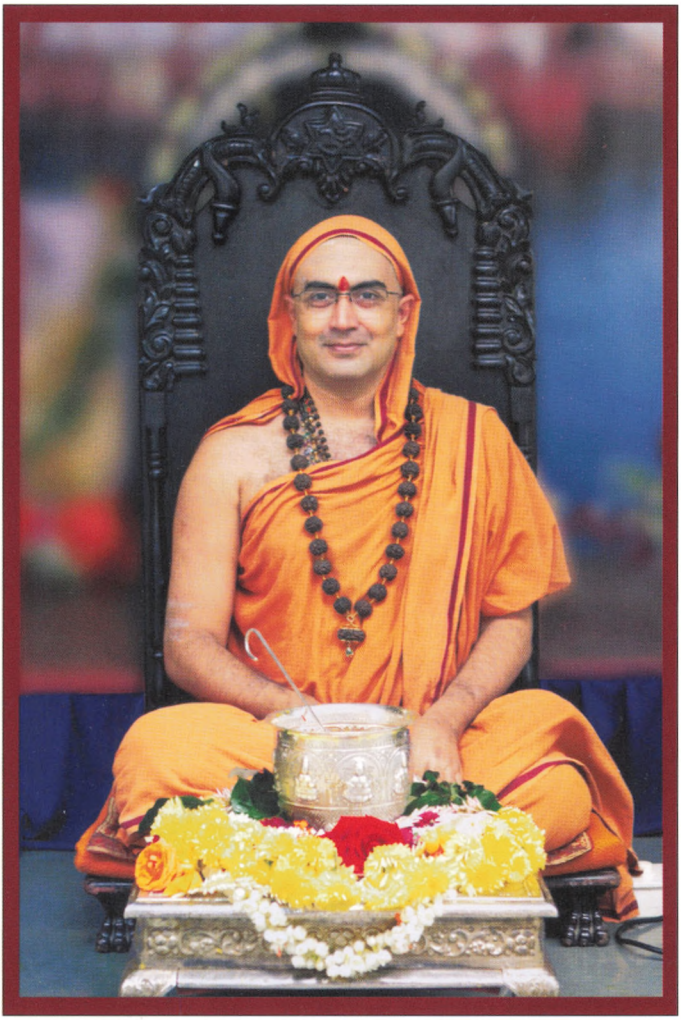
Photographs by Shrī Kishan Kalliāṇpur, Shrī Ravī Sorāb and Math Archives

Illustrations by Vaidehī Savnāl

Printed at Surekhā Press, A-20, Shālimār Industrial Estate, Māṭuṅgā, Mumbai 400 019.
Tel.: 2409 3877, 2404 3877 Fax : 2407 3637
E-mail: surekhapress@gmail.com

Parama Pūjya Shrīmat Parijñānāshram Swāmījī
10th Mathādhipati of Shrī Chitrāpur Math



Parama Pūjya Sadyojāt Shaṅkarāshram Swāmījī
11th Mathādhipati of Shrī Chitrāpur Math

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Preface

The Sādhanā Shṛṅkhalā was one of the most fulfilling and spiritually uplifting activities undertaken during the Tercentenary Year.

Under Pūjya Swāmījī's guidance, the Shṛṅkhalā was designed into a 5-day module to include recitation of Lalitā Sahasranāma, Navarātra Nityapāthaḥ, 12th & 15th Chapter of the Bhagawad Gītā, Shivamānasa Pūjā, Devī Anushthānam, and Pūjana-s. This relay chain of spiritual practices was started at the Durgā Parameshwarī Temple, Kārlā, in February 2008, to mark the commencement of the Tercentenary Year. From then, the 5-day sequential chain of prayers and pūjana-s was conducted from sabhā to sabhā in a planned manner, with tremendous enthusiasm, devotion, consistency and discipline, culminating at the Shrī Chitrāpur Math in Feb 2009. A manual- the Sādhanā Shṛṅkhalā- containing all the above mentioned recitations was made available in July 2008.

True to expectations, a need was felt and expressed by devotees to extend this activity beyond the Tercentenary, and with Pūjya Swāmījī's blessings, we presented the more elaborate 'Sādhanā Pañchakam' book set to help sādhaka-s continue their spiritual journey. Instead of only reprinting the contents of the Sādhanā Shṛṅkhalā, it was suggested that the texts be transcribed, and wherever possible, translated, into English.

Thus the new book - the Sādhanā Pañchakam - now had two volumes:

Volume 1 contained the Saṁskṛta text, the transliteration and translation of the Sabhā Prārambha and Samāpti Prārthana-s, Navarātra Nityapāṭha, Devī Anushṭhānam, Gītā Dhyānam, Bhagavad Gītā Chapters 12 and 15 and the saṁskṛta text and transliteration of Lalitā Sahasranāma Stotra.

Volume 2 contained the saṁskṛta text, transliteration and translation of the Guru Pādukā Stotra, Shrī Parijñānāshram Trayodashī, the Pūjā Pūrvāṅgam, the Guru Pūjana, Shiva Pūjana , Devī Pūjana and Shivamānasa Pūjā. Explanations of how to perform the Pūjana-s were also included.

Beautiful photos from Kishan Kalliānpur, Ravi Sorāb and the Math archives, and very artistic illustrations from Vaidehī Savnāḷ enriched the get-up of the books.

On popular demand, we now present the second edition of the Pañchakam with a few changes. We have also added an appendix on how tithi-s and days of the week are referred to in Saṁskṛta.

We remain ever grateful to our beloved Gurudeva, His Holiness Parama Pūjya Shrīmat Sadyojāt Shaṅkarāshram Swāmījī for His guidance and inspiration, and for leading us along this path of spiritual bliss.

For the Publications Committee

Dr. Prakāsh Māviṅkurve

Utsava 2014,

॥ श्रीगुरुपादुकास्तोत्रम् ॥

Shri Gurupādukā-stotram

प्रणम्य संविन्-मार्गस्थान्-आगमज्ञान्-महागुरून् ।
प्रायश्चित्तं प्रवक्ष्यामि सर्वतन्त्राऽविरोधतः ॥१॥

Praṇamya Saṁvin-mārgasthān-āgamajñān-mahāgurūn
Prāyashchittaṁ pravakshyāmi sarvatantrāऽvirodhataḥ-1

प्रमाद-दोषज-मल-प्रविलापन-कारणम् ।
प्रायश्चित्तं परं सत्यं श्रीगुरोः पादुका-स्मृतिः ॥२॥

Pramāda-doshaja-mala-pravilāpanakāraṇam
Prāyashchittaṁ paraṁ satyaṁ Shrīguroḥ Pādukā-smṛtiḥ-2

यस्य श्रीपाद-रजसा रञ्जते मस्तके शिवः ।
रमते सह पार्वत्या तस्य श्रीपादुका-स्मृतिः ॥३॥

Yasya Shrīpāda-rajasā rañjate mastake Shivaḥ
Ramate saha Pārvatyā tasya Shrīpādukā-smṛtiḥ-3

यस्मै सर्वस्वम्-आत्मानम्-अप्येकवृत्ति-भक्तितः ।
समर्पयति सच्छिष्यस्तस्य श्रीपादुका-स्मृतिः ॥४॥

Yasmai sarvasvam-ātmānam-apyekavṛtti-bhaktitaḥ
Samarpayati sachchishyas-tasya Shrīpādukā-smṛtiḥ-4

Shrī Gurupādukā Stotram

1. Having bowed down to the great Guru-s
in Veda-s wise,
Who upon the Path of Divine Consciousness be,
I shall tell you about the act of atonement-
Which, to all doctrines, is not contrary.

2. Remembering the Divine Guru's Pādukā-s-
Tis the Truth Supreme, tis reparation!
It dissolves impurities that are born of
Negligent acts and offences done.

3. By the mere touch of the dust of Whose feet,
Upon one's head Shiva manifests
And with Pārvatī abides there in joy,
Tis upon His Pāduka-s that my mind rests.

4. With a devotion that seeks to be one with the Guru,
To Whom the true disciple offers his all-
His entire self, his complete being-
Tis His Pādukā-s that I recall.

यस्य पादतले सिद्धाः पादाग्रे कुलपर्वताः ।
गुल्फौ नक्षत्रवृन्दानि तस्य श्रीपादुका-स्मृतिः ॥५॥

Yasya Pādatale siddhāḥ Pādāgre kulaparvatāḥ
Gulphau nakshatra-vṛndāni tasya Shrīpādukā-smṛtiḥ-5

आधारे परमा शक्तिर्-नाभिचक्रे हृदाज्ञयोः ।
योगिनीनां चतुष्षष्टिस्तस्य श्रीपादुका-स्मृतिः ॥६॥

Ādhāre Paramā Shaktir-nābhichakre hṛdājñayoḥ
Yoginīnāṁ chatushshashthis-tasya Shrīpādukā-smṛtiḥ-6

शुक्ल-रक्त-पद-द्वन्द्वं मस्तके यस्य राजते ।
शाम्भवं तु तयोर्मध्ये तस्य श्रीपादुका-स्मृतिः ॥७॥

Shukla-rakta-pada-dvandvaṁ mastake yasya rājate
Shāmbhavaṁ tu tayormadhye tasya Shrīpādukā-smṛtiḥ-7

अन्यत्सर्वं सप्रपञ्चं निष्प्रपञ्चा गुरोः स्मृतिः ।
तस्माच्छ्रीपादुका-ध्यानं सर्वपापनिकृन्तनम् ॥८॥

Anyatsarvaṁ saprapañchaṁ nishprapañchā Guroḥ smṛtiḥ
Tasmāchchrīpādukā-dhyānaṁ sarva-pāpa-nikṛntanam-8

पालनाद्दुरितच्छेदात्-कामितार्थप्रपूरणात् ।
पादुका-मन्त्र-शब्दार्थं विमृशन्-मूर्ध्नि पूजयेत् ॥९॥

Pālanād-duritachchedat kāmitārtha-prapūraṇāt
Pādukā-mantra-shabdārthaṁ vimṛshan mūrdhni pūjayet-9

5. At the base of Whose feet lie the accomplished ones,
Just the top of Whose feet, the mountains attain!
At Whose ankles lie the clusters of stars!
Tis His Pādukā-s that in my mind reign!

6. At His Mūlādhāra resides the Primeval Energy!
At His chakra-s of the heart and between the eyes
Exist the Yoginī-s that number sixty four,
Tis upon His Pādukā-s that my mind lies.

7. Upon His head, the two states exist
Of Shakti and Shiva- portrayed red and white
And between the two abides the Shāmbhava state!
Tis upon His Pādukā-s my mind does alight.

8. Everything else is of this mundane world,
Recalling the Guru is beyond the ordinary!
Therefore is this reflection upon His Pādukā-s,
Whence all sins are destroyed completely!

9. The word Pādukā is a mantra in itself-
Made of Pā, Du and Kā- the syllables three-
Pā for protection, Du-destruction of evil
Kā-the fulfilment of all desires that be!
Reflecting upon the meaning of the words
That to the mantra, Pādukā , are wed,
One must offer one's worship to the Pādukā-s
Visualizing them at the crown of one's head.

श्रीगुरोः पादुका-स्तोत्रं प्रातर्-उत्थाय यः पठेत् ।
नश्यन्ति सर्वपापानि वह्निना तूलराशिवत् ॥१०॥

Shrīguroḥ Pādukā-stotraṁ prātar-utthāya yaḥ pathet
Nashyanti sarvapāpāni vahninā tūlarāshivat-10

काशीक्षेत्रं निवासस्तव चरणजलं जाह्नवी श्रीगुरो नः ।
साक्षाद्विश्वेश्वरो नस्तव वचनतया तारकब्रह्मबोधे ॥११॥

Kāshīkshetraṁ nivāsas-tava charaṇa-jalaṁ
Jāhnavī Shrīguro naḥ
Sākshād-vishveshvaro nas-tava
vachanatayā tārakabrahmabodhe-11

त्वच्छ्रीपादाङ्किताभूरिह भवति गयास्त्वत्प्रसङ्गः प्रयागः ।
त्वत्तोन्यत्तीर्थदेवः क्वचिदपि च वयं न प्रतीमः पृथिव्याम् ॥१२॥

Tvachchrī-pādāṅkitābhūriha bhavati
Gayās-tvat prasaṅgaḥ Prayāgaḥ
Tvattonyat Tīrthadevaḥ kvachidapi cha
vayaṁ na pratīmaḥ pṛthivyām-12

10. He who reads, on waking in the morn,
The Pādukā-stotra of the venerable Guru,
Just as a heap of hay is by fire destroyed,
So are all his sins destroyed too.

11. O Revered Guru, where You reside,
For us, is the pilgrimage spot- Kāshī.
The water with which Your feet are washed
Is, for us, the Gaṅgā, the Jāhnavī.
For us, You truly are, O Guru,
Lord Vishveshvara's physical form,
For, the knowledge of the Supreme-that which saves-
From the words You speak, is truly born!

12. Surely that place is Gayā for us,
Where the earth, by Your footprint, is marked!
And we consider it to be Prayāga,
When an opportunity to meet You is sparked!
That another exists apart from You-
We admit not to another's such worth-
Who as 'Lord of all sacred spots'
Lives here upon this earth!

॥ श्रीपरिज्ञानाश्रम-त्रयोदशी ॥

Shri Parijñānāshram-Trayodashi

आनन्दाश्रमशिष्याग्र्यं स्वानन्दाम्बुधिमज्जितम् ।
आनन्दाश्रमिणं वन्दे परिज्ञानाश्रमं गुरुम् ॥ १ ॥
Ānandāshrama-shishyāgrayaṁ svānandāmbudhi-majjitam
Ānandāshramiṇaṁ vande Parijñānāshramaṁ Gurum-1

श्रीविद्योपासनोद्याने मायूरं विभ्रमं सदा ।
यश्चक्रे तं नमो नित्यं परिज्ञानाश्रमं गुरुम् ॥ २ ॥
Shrīvidyopāsanodyāne māyūraṁ vibhramaṁ sadā
Yashchakre taṁ namo nityaṁ Parijñānāshramaṁ Gurum-2

बाल्ये दीपनमस्कारे यस्य वैराग्यधीशिखा ।
जज्वाल तं सदा वन्दे परिज्ञानाश्रमं गुरुम् ॥ ३ ॥
Bālye dīpanamaskāre yasya vairāgyadhīshikhā
Jajjvāla taṁ sadā vande Parijñānāshramaṁ Gurum-3

शिष्यान्तश्शोधने यद्वत्तद्वद्यन्त्रालिशोधने ।
कौतुकं यस्य तं वन्दे परिज्ञानाश्रमं गुरुम् ॥ ४ ॥
Shishyāntash-shodhane yadvat-tadvad-yantrāli-shodhane
Kautukaṁ yasya taṁ vande Parijñānāshramaṁ Gurum-4

भवरोगहरो योऽभूच्छिवयोगपरोऽनिशम् ।
तं वन्दे सिद्धिसम्पन्नं परिज्ञानाश्रमं गुरुम् ॥ ५ ॥
Bhavarogaharo yoऽbhūchchivayogaparoऽnisham
Taṁ vande siddhisampannaṁ Parijñānāshramaṁ Gurum-5

Shrī Parijñānāshram-Trayodashī

1. To Ānandāshram's Disciple foremost,
Who in the Ocean of His Own Bliss,
absorbed does stay,
To the One who in Ānandāshram alone does abide,
To Parijñānāshram Guru, I, my obeisance, do pay.

2. To Parijñānāshram Guru, Who moves in the field
Of the worship of Shrī Vidyā, so easily,
Just as a peacock would stroll in a garden with grace!
To Him, my salutations, eternally!

3. During Dīpa Namaskara, when but a child,
Whose intellect was lit with dispassion,
A flame which became a veritable blaze!
To Parijñānāshram Guru, my eternal salutation!

4. I bow before Parijñānāshram Guru,
Keenly absorbed in enlightening disciples' hearts!
He showed the same eagerness in the workings of
A variety of instruments, in their mechanical parts.

5. To the Vanquisher of the ills that this world brings,
To the One absorbed in Shiva night and day,
To the One endowed with every accomplishment,
To Parijñānāshram Guru, I bow and pray.

शुनि चैव समदृष्टा ज्ञानीत्यागमदृष्टये ।
आसीद्यस्तं नुमो हार्दं परिज्ञानाश्रमं गुरुम् ॥ ६ ॥

Shuni chaiva samadṛshṭā jñānītyāgamadṛshṭaye
Āsīdyastaṁ numo hārdaṁ Parijñānāshramaṁ Gurum-6

सारस्वतजनप्रीतस्सारस्वतसमर्चकः ।
य आसीत् तं मुदा वन्दे परिज्ञानाश्रमं गुरुम् ॥ ७ ॥

Sāraswata-jana-prītas-sāraswata-samarchakaḥ
Ya āsīt taṁ mudā vande Parijñānāshramaṁ Gurum-7

विद्यावृद्धस्तपोवृद्धो वयोवृद्धाश्रयो बभौ ।
यः कारुण्येन तं वन्दे परिज्ञानाश्रमं गुरुम् ॥ ८ ॥

Vidyā-vṛddhas-tapovṛddho vayovṛddhāshrayo babhau
Yaḥ kāruṇyena taṁ vande Parijñānāshramaṁ Gurum-8

योऽनुकर्तुं विभुं चक्रे विश्ववस्त्वालयङ्करम् ।
वस्त्वागारं नुमस्तं श्रीपरिज्ञानाश्रमं गुरुम् ॥ ९ ॥

YoSnukartuṁ vibhuṁ chakre vishvavastvālayaṅkaram
Vastvāgāraṁ numastaṁ Shrī Parijñānāshramaṁ Gurum-9

निर्मिमे निर्ममेन्द्रो यस्स्तवान् वेदान्तवासितान् ।
गीतासक्तं नुमस्तं श्रीपरिज्ञानाश्रमं गुरुम् ॥ १० ॥

Nirmime nirmamendro yas-stavān vedānta-vāsitān
Gītāsaktaṁ numastaṁ Shrī Parijñānāshramaṁ Gurum-10

6. To the One whose gaze, upon a dog, upon all,
Fell with the grace of complete equanimity.
To that Wise One, the testimony of spiritual vision,
To Parijñānāshram Guru, I bow wholeheartedly.

7. To the One loved by the Sāraswata samāja,
To the Perfect Worshipper of all that is Saraswatī,
To the One Who is so, to Parijñānāshram Guru,
I pay my respects most delightedly!

8. To the Wise One learned in every knowledge,
To the One distinguished for His austerity too,
Who became the haven of the aged through
His compassion,
I pay my obeisance to Him, to Parijñānāshram Guru,

9. To the One Who emulates the All Pervasive Lord -
The Creator of the universe
where everything does stay -
By creating a museum to house artefacts,
To Parijñānāshram Guru, salutations I pay.

10. Infused with the Gītā, a Master of creativity too,
His hymns were fragrant with Vedānta's scriptural
essence,
Yet foremost He was, in considering them not His!
To Him, to Parijñānāshram Guru, my obeisance!

कैवल्यसन्निकर्षत्वे तथाऽहङ्ग्रहचिन्तने ।
यस्यासीद्हृदयं वन्दे परिज्ञानाश्रमं गुरुम् ॥ ११ ॥

Kaivalya-sannikarshatve tathāhaṅgraha-chintane
Yasyāsīd-hṛdayaṁ vande Parijñānāshramaṁ Gurum-11

भक्तचेतोरथाध्यक्षो रथयात्रां महेशितुः ।
यश्चक्रे तं नुमोऽजस्रं परिज्ञानाश्रमं गुरुम् ॥ १२ ॥

Bhaktachetorathādhyakshо rathayātrāṁ Maheshituḥ
Yashchakre taṁ numoऽjasraṁ Parijñānāshramaṁ Gurum

दुर्गं निर्माय दुर्गायै स्वसर्गं यो रुरोध तम् ।
अपवर्गपदं वन्दे परिज्ञानाश्रमं गुरुम्
अपवर्गप्रदं वन्दे परिज्ञानाश्रमं गुरुम् ॥ १३ ॥

Durgaṁ nirmāya Durgāyai svasargaṁ yo rurodha tam
Apavargapadaṁ vande Parijñānāshramaṁ Gurum
apavargapradaṁ vande Parijñānāshramaṁ Gurum-13

श्री श्री परिज्ञानाश्रमयतीश्वराणां
तुर्याश्रमालङ्कृतिरूपकाणाम् ।
स्तोत्रं पठेद्यः प्रयतः प्रणम्रः
प्राप्नोति पूर्णां करुणां गुरूणाम् ॥

Shrī Shrī Parijñānāshrama-yatīshvarāṇāṁ
turyāshramālaṅkṛti-rūpakāṇām
Stotraṁ pathedyaḥ prayataḥ praṇamraḥ
prāpnoti pūrṇāṁ karuṇāṁ Gurūṇām

11. Drawn close to the Absolute with the worship
He performed,
Though, of His intrinsic unity with the Lord,
He knew.
To Him Whose heart treasured both thoughts,
My salutations to Him, to Parijñānāshram Guru.

12. To the One Who is the Supreme Commander of
The chariot-like mind of the devotee,
He re-started the Rathotsava which
the Lord commands!
To Parijñānāshram Guru, my salutations eternally.

13. To the One Who raised a citadel for Durgā,
To the One Who held the key to His own longevity,
I bow in reverence to Parijñānāshram Guru,
That State Himself, which beyond all does be.
I bow in reverence to Parijñānāshram Guru,
Who confers that State which beyond all does be.

He who reads this hymn of Shrī Parijñānāshram,
Of the Foremost among all ascetics that are,
Of the One endowed with the Turiyā State,
Therefore the Embodiment of the Absolute by far!
He who reads and studies this hymn of praise,
He who perseveres and is humble too,
In a measure that is complete and full,
He receives the compassion of the Guru.

॥ पूजा-पूर्वाङ्गम् ॥

Pūjā-pūrvāṅgam

List of Articles Required for the Worship

1. Vigraha of the Deity or a small pair of silver Pādukā-s.
2. Plate / Somasūtra - a vessel with an opening at one end to allow the bath-water, the abhisheka water, to drain. (This will initially hold the Vigraha till after the abhisheka is performed.)
3. Chauraṅga - a short stool/ a small platform upon which to keep the Somasūtra.
4. Āsana - a mat for the sādhaka to sit on.
5. One Kalasha - water jar - filled with water.
6. Snāna-pātra- the vessel used to perform the abhisheka (the bath). Fill this pātra with water.
7. Āchamana-pātra - two sets - a small vessel with a spoon and placed upon a small plate - one for your personal use during the pūjā and one for the upachāra-s concerning the Deity. Fill these pātra-s with water.
8. Tīrtha-pātra- the vessel which collects the bath water.
9. A plate adorned with flower-petals for keeping the Vigraha (Deity) after the snāna (the bath).
10. Lamp- with oil. Two long wicks entwined and placed in the lamp. The lamp should be large to contain enough oil for the flame to last throughout the pūjā.
11. One small ghee lamp for dīpa.
12. An ārati shaped like a flat spoon. The ārati should have some space between the handle and the spoon for you

to place some kuṅkuma and flower petals. Place in it two wicks that have been smeared with oil and entwined, along with a piece of camphor. Set the wicks and the camphor aflame at the same time when performing the ārati. Alternatively you could use two lamps set in a plate- one with a ghee drenched wick and the other with camphor- and place some kuṅkuma and flower petals in the plate.

13. Agarbatti/ Dhūpa Stand - stand for the incense stick.

14. Conch shell and stand

15. Large plate to keep
    - flowers, flower petals, bilva and tulasī leaves.
    - eight flowers (preferably white) for Ashṭapushpa-archanā in Shiva-pūjanam
    - a medium sized plate containing gandha, akshatāḥ, kuṅkuma, haladī-(sandalwood paste, unbroken grains of raw rice, kuṅkuma, turmeric powder).
    - dakshiṇā (money offering) and the betel leaf and areca nut.

16. Small bowl to keep the naivedyam (food offered to the Deity)

17. Small bowl for the ashṭottara-shata-nāmāvaliḥ-archanā.
    - to hold flower petals (Guru amd Shiva-pūjanam)
    - to hold kuṅkuma (Devī-pūjanam)

18. Plate to keep used matchsticks and such.

19. Two napkins. One to wipe the Deity/Pādukā-s after snāna and one to wipe your hands whenever needed.

Note : All metal vessels/spoons/containers/bowls to be made of copper, brass or silver.

List of Materials Required for the Worship

1. Match Box
2. Gandha - sandalwood paste
3. Akshatāḥ - unbroken grains of raw rice
4. Kuṅkuma
5. Haldī - turmeric (for Devī pūjanam)
6. Bhasma - sacred ash (for Shiva pūjanam)
7. Flowers
8. Flower petals
9. Bilva-patra - bilva leaves
10. Tulasī - at least ten 'dala-s'- leaves
11. Long cotton wicks - six in number (three entwined pairs)
12. Oil- preferably til oil (sesame seed oil)
13. Karpūra- camphor
14. Agarbatti- incense
15. Naivedyam- food offered to the Deity
16. Betel leaf and areca nut
17. Dakshiṇā- money offered to the Deity

General instructions :

Note: Left/right is with reference to the sādhaka's position.

Face north, east or west when doing a pūjā. Place the chauraṅga in front of you at a distance of about 9 inches. Place the Pādukā-s/Vigraha, in a somasūtra upon the chauraṅga. The somasūtra's opening should either be at your right hand or facing north. It should not face south. Place the tīrtha-pātra on the floor under the opening of the somasūtra. Place a flower upon the Pādukā-s/Vigraha.

With reference to your position, place the large lamp to the farthest left hand corner of the chauraṅga. On the floor, on the left of the chauraṅga, place the following:

The bell, the small ghee lamp for the dīpa, the camphor lamp, the ārati, the incense, the matchbox, the oil. (To help you remember - all the 'fire' articles - the exceptions being the bell-are to the left of the chauraṅga). On the floor, at the right of the chauraṅga (sādhaka's right hand side), place the following:

The plate containing gandha, akshatāḥ, naivedyam, kuṅkuma, haldī and bhasma; the plate with the flowers, flower petals, the bilva and tulasī leaves; the plate with dakshiṇa and the betel leaf and areca nut; the kalasha, the conch stand.

In front of you, between your āsana and chauraṅga, arrange to place the two sets of āchamana-pātra-s. Leave some space in front of you to your right to place the kalasha (it will be transferred to this position during the pūrvāṅgam), and some space to place the naivedyam.

पूजा-पूर्वाङ्गम्

Pūjā-pūrvāṅgam- Rituals that precede a pūjā

Note : Translations of the shloka-s of Pūjā-pūrvāṅgam and the three Pūjanam-s are in the appendices.

1) आचमनम् - Āchamanam

With your left hand, pour a spoonful of water from your āchamana-pātra in your right palm. Sip this water (without making a sound). Do this three times while chanting the first three lines as given below. When chanting the fourth line, pour a spoonful of water in your right palm and let the water run down your right anāmikā - the ring finger and madhyamā - the middle finger into the plate. Do not use the tarjanī - the index finger.

ॐ ऐं आत्मतत्त्वं शोधयामि नमः स्वाहा ।
ॐ ह्रीं विद्यातत्त्वं शोधयामि नमः स्वाहा ।
ॐ क्लीं शिवतत्त्वं शोधयामि नमः स्वाहा ।
ॐ ऐं ह्रीं क्लीं सर्वतत्त्वं शोधयामि नमः स्वाहा ।

Oṁ aiṁ ātmatattvaṁ shodhayāmi namaḥ svāhā
Oṁ hrīṁ vidyātattvaṁ shodhayāmi namaḥ svāhā
Oṁ klīṁ shivatattvaṁ shodhayāmi namaḥ svāhā
Oṁ aiṁ hrīṁ klīṁ sarvatattvaṁ shodhayāmi namaḥ svāhā

2) प्राणायामः - Prāṇāyāmaḥ

Do 3 rounds of anuloma-viloma: close your right nostril with your right thumb. Breathe in deeply through your left nostril without making a sound. Then closing the left nostril with your right ring finger, release your breath through the right nostril. Breathe in through your right

nostril and breathe out through the left. This forms one cycle. Perform three such cycles. Exhale over twice the count that you inhale (for example: inhale for five counts and exhale for ten counts). You may use your Ishṭamantra to measure a count. Wash your right hand after prāṇāyāmaḥ with water from your āchamana-pātra.

3) स्वस्तिवाचनम् - Svastivāchanam - Prayer invoking auspiciousness

Sit with hands joined in the namaskāra-mudrā while chanting the mantra and then offer akshatāḥ to the Deity using your ring finger, the middle finger and the thumb - the mṛga mudrā - when the mantra is complete. The mṛga mudrā is used at all times during the course of the pūrvāṅgam and the pūjā for offering flowers, akshtāḥ, bhasma, kuṅkuma. Avoid using the index finger- the tarjanī- at all times.

ॐ स्वस्ति न इन्द्रो वृद्धश्रवाः स्वस्ति नः पूषा विश्ववेदाः ।
स्वस्ति नस्तार्क्ष्यो अरिष्टनेमिः स्वस्ति नो बृहस्पतिर्दधातु ॥ १॥

Oṁ svasti na Indro, Vṛddhashravāḥ svasti naḥ
Pūshā Vishvavedāḥ
Svasti nas-tārkshyo arishṭanemiḥ svasti
no Bṛhaspatir-dadhātu-1

ॐ मनो जूतिर्जुषतामाज्यस्य बृहस्पतिर्यज्ञमिमं तनोत्वरिष्टं
यज्ञ (गं) समिमं दधातु ।
विश्वेदेवाऽस इहमादयन्तामोऽम् प्रतिष्ठ ॥ २ ॥

Oṁ mano jūtirjushatāmājyasya
Bṛhaspatir-yajñamimaṁ tanotvarishṭaṁ
yajña (gṁ) samimaṁ dadhātu
VishvedevāSsa ihamādayantāmoSm pratishtha - 2

एष वै प्रतिष्ठा नाम यज्ञो यत्रैतेन यज्ञेन यजन्ते
सर्वमेव प्रतिष्ठितं भवति ॥ ३॥

Esha vai pratishthā nāma yajño yatraitena yajñena
yajante sarvameva pratishthitaṁ bhavati- 3

4) प्रार्थना - Prārthanā

Sit with hands joined in the namaskāra-mudrā while chanting the following shloka-s:

सुमुखश्चैकदन्तश्च कपिलो गजकर्णकः ।
लम्बोदरश्च विकटो विघ्ननाशो विनायकः ॥१॥

Sumukhashchaika-dantashcha Kapilo Gajakarṇakaḥ
Lambodarashcha Vikaṭo Vighnanāsho Vināyakaḥ- 1

धूम्रकेतुर्गणाध्यक्षो भालचन्द्रो गजाननः ।
द्वादशैतानि नामानि यः पठेत् शृणुयादपि ॥२॥

Dhūmraketur-gaṇādhyakṣho Bhālachandro Gajānanaḥ
Dvādashaitāni nāmāni yaḥ pathet shṛṇuyādapi - 2

विद्यारम्भे विवाहे च प्रवेशे निर्गमे तथा ।
सङ्ग्रामे सङ्कटे चैव विघ्नस्तस्य न जायते ॥३॥

Vidyārambhe vivāhe cha praveshe nirgame tathā
Saṅgrāme saṅkaṭe chaiva vighnastasya na jāyate -3

शुक्लाम्बरधरं देवं शशिवर्णं चतुर्भुजम् ।
प्रसन्नवदनं ध्यायेत् सर्वविघ्नोपशान्तये ॥४॥

Shuklāmbara-dharaṁ devaṁ shashi-varṇaṁ chatur-bhujam
Prasanna-vadanaṁ dhyāyet sarva-vighnopashāntaye- 4

अभीप्सितार्थसिद्ध्यर्थं पूजितो यः सुरासुरैः ।
सर्वविघ्नहरस्तस्मै गणाधिपतये नमः ॥५॥

Abhīpsitārtha-sidhyarthaṁ pūjito yaḥ surāsuraiḥ
Sarva-vighna-haras-tasmai Gaṇādhipataye namaḥ-5

वक्रतुण्ड महाकाय सूर्यकोटिसमप्रभ ।
निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥६॥

Vakra-tuṇḍa Mahā-kāya Sūrya-koṭi-sama-prabha
Nirvighnaṁ kuru me deva sarva-kāryeshu sarvadā-6

सर्वमङ्गलमाङ्गल्ये शिवे सर्वार्थसाधिके ।
शरण्ये त्र्यम्बके गौरि नारायणि नमोऽस्तुते ॥७॥

Sarva-maṅgala-māṅgalye Shive Sarvārtha-sādhike
Sharaṇye Tryambake Gauri Nārāyaṇi namoStute-7

तदेव लग्नं सुदिनं तदेव ताराबलं चन्द्रबलं तदेव ।
विद्याबलं दैवबलं तदेव लक्ष्मीपते तेऽङ्घ्रियुगं स्मरामि ॥८॥

Tadeva lagnaṁ sudinaṁ tadeva
Tārā-balaṁ chandra-balaṁ tadeva
Vidyā-balaṁ daiva-balaṁ tadeva
Lakshmī-pate teSṅghriyugaṁ smarāmi-8

लाभस्तेषां जयस्तेषां कुतस्तेषां पराजयः ।
येषामिन्दीवरश्यामो हृदयस्थो जनार्दनः ॥९॥

Lābhas-teshāṁ jayas-teshāṁ kutas-teshāṁ parājayaḥ
Yeshām-indīvara-shyāmo hṛdayastho Janārdanaḥ-9

यत्र योगेश्वरः कृष्णो यत्र पार्थो धनुर्धरः ।
तत्र श्रीर्विजयो भूतिर्ध्रुवा नीतिर्मतिर्मम ॥१०॥

Yatra Yogeshvaraḥ Kṛshṇo yatra Pārtho Dhanur-dharaḥ
Tatra shrīr-vijayo bhūtir-dhruvā nītir-matir-mama-10

विनायकं गुरुं भानुं ब्रह्मविष्णुमहेश्वरान् ।
सरस्वतीं प्रणम्यादौ शुभं कर्म समारभेत् ॥११॥

Vināyakaṁ Guruṁ Bhānuṁ Brahma-vishṇu-maheshwarān
Saraswatīṁ praṇamyādau shubhaṁ karma samārabhet-11

ॐ श्री सद्गुरुचरणकमलेभ्यो नमः,
श्रीमन्महागणाधिपतये नमः, उमामहेश्वराभ्यां नमः,
लक्ष्मीनारायणाभ्यां नमः, वाणीहिरण्यगर्भाभ्यां नमः,
शचीपुरन्दराभ्यां नमः, इष्टदेवताभ्यो नमः,
कुलदेवताभ्यो नमः, ग्रामदेवताभ्यो नमः,
स्थानदेवताभ्यो नमः, वास्तुदेवताभ्यो नमः,
एतत्कर्मप्रधानदेवताभ्यो नमः, सर्वेभ्यो देवेभ्यो नमः,
सर्वेभ्यो महापुरुषेभ्यो नमो नमः ॥१२॥

Oṁ Shrī Sadgurucharaṇakamalebhyo namaḥ,
Shrī Manmahāgaṇādhipataye namaḥ,
Umāmaheshwarābhyāṁ namaḥ, Lakshmīnārāyaṇābhyāṁ
namaḥ, Vāṇīhiraṇyagarbhābhyāṁ namaḥ,
Shachīpurandarābhyāṁ namaḥ, Ishṭadevatābhyo namaḥ,
Kuladevatābhyo namaḥ, Grāmadevatābhyo namaḥ,
Sthānadevatābhyo namaḥ, Vāstudevatābhyo namaḥ,
etatkarmapradhāna devatābhyo namaḥ, sarvebhyo
Devebhyo namaḥ, sarvebhyo Mahāpurushebhyo
namo namaḥ-12

5) सङ्कल्पः - Saṅkalpaḥ

The saṅkalpaḥ states which Deity's pūjā is being performed, where, when, by whom and for what purpose. Before doing the saṅkalpaḥ, collate the following information - Country, region, city, year (according to Hindu calendar) whether dakshiṇāyana or uttarāyaṇa (which half of the year), season, month (according to Hindu calendar) whether shukla-paksha or kṛshṇa-paksha(the bright or dark fortnight), 'tithi'-date (according to Hindu calendar), Hindu name of the day of the week and your gotra. Please prepare your saṅkalpaḥ in writing according to the details given above for every pūjanam for easy reference. (For your ready reference we have provided the tithi-s and the days of the week in the Appendix 6)

Hold a spoonful of water (from your personal āchamana -pātra) in your left hand. Pick a tulasī-dala in your right hand with your thumb, middle (madhyamā) and ring (anāmikā) fingers and hold it just under the spoon of water. Chant the saṅkalpaḥ. When the saṅkalpaḥ is over, pour the water over the tulasī-dala so that the water falls into the plate of the āchamana-pātra. Offer the tulasī-dala to the Deity. (Gotra for married women - Gotra after marriage to be taken.)

ॐ विष्णुर्विष्णुर्विष्णुः श्रीमद्भगवतो महापुरुषस्य विष्णोराज्ञया प्रवर्तमानस्य अद्य श्री ब्रह्मणः द्वितीयपरार्धे श्वेतवराहकल्पे वैवस्वतमन्वन्तरे अष्टाविंशतितमे कलियुगे कलिप्रथमचरणे जम्बूद्वीपे भारतवर्षे भरतखण्डे आर्यावर्तान्तर्गत देशैकदेशे (दण्डकारण्ये) क्षेत्रे.... नगरे.... नामसंवत्सरे.... अयने.... ऋतौ.... मासे.... पक्षे.... पुण्यतिथौ.... वासरे, सर्वेषु ग्रहेषु यथा यथा राशिस्थानस्थितेषु,.... नाम.... गोत्रोत्पन्नोऽहं (गोत्रोत्पन्नाऽहं

for ladies) श्रीगुरु प्रसादसिद्ध्यर्थे, यथाज्ञानं, यथाशक्ति यथामिलितोपचारैः श्रीगुरुपूजनं करिष्ये ।

(For Shivapūjanam replace श्रीगुरु प्रसादसिद्ध्यर्थे with श्रीभवानीशङ्कर प्रसादसिद्ध्यर्थे and श्रीगुरुपूजनं करिष्ये with श्रीशिवपूजनं करिष्ये
For Devīpūjanam replace with श्रीदेवीप्रसादसिद्ध्यर्थे and श्रीदेवीपूजनं करिष्ये)

Oṁ Vishṇur Vishṇur Vishṇuhuḥ Shrīmad Bhagavato Mahāpurushasya Vishṇorājñayā pravartamānasya adya Shrī Brahmaṇaḥ dvitīyaparārdhe shvetavarāhakalpe vaivasvata manvantare ashṭāviṁshati-tame kaliyuge kaliprathama charaṇe jaṁbūdvīpe bhāratavarshe bharatakhaṇḍe āryāvartāntargata deshaika deshe daṇḍakāraṇye .....kshetre .....nagare ..... nāmasaṁvatsare .....ayane .....rutau .....māse .....pakshe .....puṇyatithau .....vāsare, sarveshu graheshu yathā yathā rāshisthāna sthiteshu.....nāma.....gotrotpannoShaṁ (gotrotpannāShaṁ for ladies) Shrī Guruprasāda siddhyarthe, yathājñānaṁ, yathāshakti, yathāmilitopachāraiḥ Shrī Gurupūjanaṁ karishye.

(For Shiva-pūjanaṁ replace Shrī Guruprasāda siddhyarthe with Shrī Bhavānīshaṅkar prasāda siddhyarthe and Shrī Gurupūjanaṁ karishye with Shrī Shiva-pūjanaṁ karishye.

For Devī-pūjanaṁ replace with Shrī Devīprasāda siddhyarthe and Shrī Devī-pūjanaṁ karishye.)

6) घण्टापूजनम् - Ghaṇṭā-pūjanam

Ring the bell once gently with your left hand. Apply gandha, akshatāḥ and petals to the top of the bell with your right hand. Keep the bell down in its place and do namaskāra while chanting the following shloka:

ॐ आगमार्थं तु देवानां गमनार्थं तु रक्षसाम् ।
घण्टानादं प्रकुर्वीत पश्चाद् घण्टां प्रपूजयेत् ॥
Oṁ āgamārthaṁ tu Devānāṁ gamanārthaṁ tu rakshasām
Ghaṇṭānādaṁ prakurvīta pashchād ghaṇṭāṁ prapūjayet
ॐ घण्टास्थदेवतायै नमः ।
सर्वोपचारार्थे गन्धाक्षतपुष्पाणि समर्पयामि ।
Oṁ Ghaṇṭāstha-devatāyai namaḥ
Sarvopachārārthe gandhākshata-pushpāṇi samarpayāmi

7) वरुणध्यानम् - Varuṇa-dhyānam

With your right anāmikā, take some gandha and with that draw an ashṭadala - ❀ - on the floor in front of you, towards your right. Draw the vertical line first, then cross it in the centre with a horizontal line, then draw the diagonal lines and finally, join all the ends - starting from the topmost one and moving right and around - with curved lines to resemble an eight petalled flower. In the centre of the ashṭadala apply some gandha and place some akshatāḥ and petals. Place the kalasha of water on it. Do namaskāra while chanting the following shloka-s: (Once the Kalasha-sthāpanā is done do not move the Kalasha but use the spoon of the āchamana-pātra reserved for the deity, to take water from the Kalasha whenever required. The spoon of this āchamana-pātra is reserved only for the Deity.)

ॐ नमो नमस्ते स्फटिकप्रभाय सुश्वेतहाराय सुमङ्गलाय ।
सुपाशहस्ताय झषासनाय जलाधिनाथाय नमो नमस्ते ॥
Oṁ namo namaste sphaṭika-prabhāya
sushvetahārāya sumaṅgalāya
Supāshahastāya jhashāsanāya
jalādhināthāya namo namaste

ॐ वरुणं ध्यायामि आवाहयामि पूजयामि ।
Oṁ Varuṇaṁ dhyāyāmi āvāhayāmi pūjayāmi

8) कलशपूजनम् - Kalasha-pūjanam

Apply gandha at four points around the centre of the kalasha, clockwise, in the following order-east, south, west and north. On the gandha, place some akshatāḥ and petals while chanting the following shloka-s:

सर्वे समुद्राः सरितस्तीर्थानि जलदा नदाः ।
आयान्तु देवपूजार्थं दुरितक्षयकारकाः ॥१॥

Sarve samudrāḥ saritas-tīrthāni jaladā nadāḥ
Āyāntu Deva-pūjārthaṁ durita-kshaya kārakāḥ-1

कलशस्य मुखे विष्णुः कण्ठे रुद्रः समाश्रितः ।
मूले तत्र स्थितो ब्रह्मा मध्ये मातृगणाः स्मृताः ॥२॥

Kalashasya mukhe Vishnuḥ kaṇṭhe Rudraḥ samāshritaḥ
Mūle tatra sthito Brahmā madhye mātruganāḥ smṛtāḥ-2

कुक्षौ तु सागराः सर्वे सप्तद्वीपा वसुन्धरा ।
ऋग्वेदोऽथ यजुर्वेदः सामवेदो ह्यथर्वणः ॥
अङ्गैश्च सहिताः सर्वे कलशे तु समाश्रिताः ॥३॥

Kukshau tu sāgarāḥ sarve saptadvīpā vasundharā
Ṛgvedoऽtha yajurvedo sāmavedo hyatharvaṇaḥ
Aṅgaishcha sahitāḥ sarve kalashe tu samāshritāḥ-3

Place your right palm on top of the kalasha, touch your right elbow with your left hand and chant the following shloka:

ॐ भूर्भुवः स्वः अस्मिन्कलशे वरुणं साङ्गं सपरिवारं
सायुधं सशक्तिकम् आवाहयामि पूजयामि ॥४॥

Oṁ bhūrbhuvaḥ svaḥ asmin-kalashe Varuṇaṁ sāṅgaṁ saparivāraṁ, sāyudhaṁ, sa-shaktikaṁ,
āvāhayāmi pūjayāmi-4

i) Hold your hands in dhenu mudrā over the kalasha and gently rotate the wrists 5 times clockwise, chanting ॐ वं वरुणाय नमः Oṁ vaṁ Varuṇāya namaḥ

Dhenu mudra: Join your palms in a namaskāra mudra in front of you with all your fingers spread out. Let us consider the little and the ring fingers of both hands as Unit 1, the middle and the index fingers as Unit 2 and the thumbs as Unit 3. With a slight movement slip your right hand towards yourself so that the fingers of one hand alternate with the fingers of the other.

Keep the base of the palms touching while creating a hollow in your palms. The palms themselves will have convexed outwards and the fingers too will appear crossed and jutting outwards.

Unit 1: Move the little fingers in such a way so as to join their tips with that of the crossed ring fingers of the opposite hand.

Unit 2: Move the index fingers to join their tips with that of the crossed middle fingers of the opposite hand.

Unit 3: Join the thumbs together. Do not cross the thumbs.

The four joined tips of the fingers represent the udder of a cow, Dhenu, and the hand gesture is therefore known as the Dhenu-mudrā.

ii) Then do the matsya-mudrā over the kalasha. With palms facing down, rest the right hand over the left hand with the knuckles slightly jutting upwards to resemble a fish. Rotate thumbs of both hands forwards gently 5 times while chanting ॐ वं वरुणाय नमः Oṁ vaṁ Varuṇāya namaḥ, with each rotation.

iii) Form the aṅkusha mudrā with your right hand - At the level of your head, make a closed fist of your right hand except for the middle finger which will be kept upright. Rest the thumb upon the index finger. Bring the hand down in a curve - the madhyamā moving from head level towards the water in the kalasha. While doing this, touch your right elbow with your left hand and chant the following shloka:

गङ्गे च यमुने चैव गोदावरि सरस्वति ।
नर्मदे सिन्धु कावेरि जलेऽस्मिन् सन्निधिं कुरु ॥५॥

Gaṅge cha Yamune chaiva Godāvari Sarasvati
Narmade Sindhu Kāveri jaleSsmin sannidhiṁ kuru-5

सर्वोपचारार्थे गन्धाक्षतपुष्पाणि समर्पयामि ।

Sarvopachārārthe gandhākshata-pushpāṇi samarpayāmi

Offer gandha, akshatāḥ and petals to the water in the kalasha.

Do namaskāra and chant

ॐ पूर्वे ऋग्वेदाय नमः । ॐ दक्षिणे यजुर्वेदाय नमः ।
ॐ पश्चिमे सामवेदाय नमः । ॐ उत्तरे अथर्वणवेदाय नमः ।
ॐ कलशमध्ये अपाम्पतये वरुणाय नमः ॥ ६॥

Oṁ pūrve Ṛgvedāya namaḥ Oṁ dakshiṇe Yajurvedāya namaḥ Oṁ pashchime Sāmavedāya namaḥ Oṁ uttare Atharvaṇavedāya namaḥ Oṁ kalashamadhye Apāṁpataye Varuṇāya namaḥ-6

9) कलशप्रार्थना - Kalasha-prārthanā

With cupped hands, facing upwards and joined at the little fingers, down to the base of your palms (the añjali mudrā) with fingers pointing towards the kalasha, chant the following shloka:

त्वत्प्रसादादिमां पूजां कर्तुमीहे जलोद्भव ।
सान्निध्यं कुरु मे देव प्रसन्नो भव सर्वदा ॥

Tvatprasādādimāṁ pūjāṁ kartumīhe jalodbhava
Sānnidhyaṁ kuru me Deva prasanno bhava sarvadā

Join hands first in the añjali mudrā and then in the namaskāra mudrā when chanting the following:

प्रसन्नो भव । वरदो भव ।

Prasanno bhava | Varado bhava |

Join hands in the namaskāra mudrā when chanting

अनया पूजया वरुणाद्यावाहिता देवताः प्रीयन्तां न मम ।

Anayā pūjayā Varuṇādyāvāhitā Devatāḥ
prīyantāṁ na mama

Keep aside the āchamana-pātra used so far. This āchamana-pātra will be used again later for washing your hands -once before offering the naivedyam and again just after performing the ārati. Place the second āchamana-pātra in front of you. Pour two spoonfuls of sanctified (abhimantrita) water from the kalasha into it. This water is to be used exclusively for the Deity. Also pour two spoonfuls of water from the kalasha into the snāna-pātra.

10) शङ्खपूजनम् - Shaṅkha-pūjanam

Rinse the shaṅkha, the conch shell, with a spoonful of water from the āchamana-pātra containing the abhimantrita water. Place it on its stand. Pour some abhimantrita water into the shaṅkha and adorn the shaṅkha with gandha, akshatāḥ and flowers. Do namaskāra and chant the following shloka:

ॐ शं पाञ्चजन्याय नमः ।

सर्वोपचारार्थे गन्धाक्षतपुष्पाणि समर्पयामि नमस्करोमि ।

Oṁ shaṁ Pāñchajanyāya namaḥ

Sarvopachārārthe gandhākshata-pushpāṇi samarpayāmi, namaskaromi

If you do not have a shaṅkha, take a spoonful of abhimantrita water from your āchamana-pātra, put gandha, akshatāḥ, flowers in it and use it for the next step. Do not chant the above shloka.

11) प्रोक्षणम् - Prokshaṇam

Hold the shaṅkha/spoon in your left hand. Take a tulasī-dala in the palm of your right hand, pour some

abhimantrita water from the shaṅkha unto your right palm, close your right hand into a loose fist and then gently shake your right hand over all pūjā items, allowing the abhimantrita water to slip through your fingers. Do not sprinkle the water over the Vigraha as the ritual is basically meant to sanctify the objects and materials used for the pūjā. Silently chant your ishtamantra while doing this. Retain the tulasī-dala for the next upachāra.

12) आत्मप्रोक्षणम् - Ātma-Prokshaṇam

Transfer the tulasī-dala into your left palm. Pour a little abhimantrita water from the shaṅkha (or from the spoon) on your left palm. Using the same tulasī-dala, holding it between the middle and the ring finger of the right hand, sprinkle water on yourself in four moves, beginning from your left side, over your left shoulder, over the head and to the right shoulder chanting the following shloka:

ॐ अपवित्रः पवित्रो वा सर्वाऽवस्थां गतोऽपि वा ।
यः स्मरेत् पुण्डरीकाक्षं स बाह्याभ्यन्तरः शुचिः ॥

Oṁ apavitraḥ pavitro vā sarvāSvasthāṁ gatoSpi vā
Yaḥ smaret Puṇḍarīkākshaṁ sa bāhyābhyantaraḥ shuchiḥ

Place the tulasī-dala in the Paleru (āchamana-plate)

13) आसनशुद्धिः - Āsana-shuddhiḥ

With your left hand, lift the front right corner of your āsana. With your right anāmikā, draw a triangle (∇) on the floor at that right corner with some gandha. The apex of the triangle should point in the direction behind you. Apply gandha in the centre of the triangle, offer

akshatāḥ and petals. Place the tips of your right madhyamā and anāmikā in the triangle, touch your right elbow with your left hand and chant the following shloka:

(This ritual can be performed even when seated on an āsana on a chair.)

ॐ पृथ्वि त्वया धृता लोका देवि त्वं विष्णुना धृता ।
त्वं च धारय मां देवि पवित्रं कुरु चासनम् ॥१॥

Oṁ Pṛthvi tvayā dhṛtā lokā Devi tvaṁ Vishṇunā dhṛtā
Tvaṁ cha dhāraya māṁ Devi pavitraṁ kuru chāsanam - 1

ॐ आधारशक्तये नमः ॐ कूर्मासनाय नमः
ॐ अनन्तासनाय नमः ॐ विमलासनाय नमः
ॐ आत्मासनाय नमः ॥२॥

सर्वोपचारार्थे गन्धाक्षतपुष्पाणि समर्पयामि ।

Oṁ ādhāra-shaktaye namaḥ Oṁ kūrmāsanāya namaḥ
Oṁ anantāsanāya namaḥ Oṁ vimalāsanāya namaḥ
Oṁ ātmāsanāya namaḥ-2

Sarvopachārārthe gandhākshata-pushpāṇi samarpayāmi

Wash your right hand with water from your āchamana-pātra.

Do namaskāra.

14) दिग्बन्धः - Digbandhaḥ

Hold your hands in the trishūla mudrā slightly above forehead level. For the trishūla mudrā- join hands together with the fingers spread out. Fold the little fingers over the opposite knuckle. Cross the thumbs. The three centre fingers remain upright to indicate a three pointed spear. Rotate the wrists gently thrice in clockwise direction and then in a quick movement of the wrists, direct the mudrā forward- in front of you- while chanting the following shloka:

ॐ अपसर्पन्तु ते भूता ये भूता भूमिसंस्थिताः ।
ये भूता विघ्नकर्तारस्ते नश्यन्तु शिवाज्ञया ॥

Oṁ apasarpantu te bhūtā ye bhūtā bhūmi saṁsthitāḥ
Ye bhūtā vighnakartāras-te nashyantu Shivājñayā

15) दीपकपूजनम् - Dipaka-pūjanam

Place gandha, akshatāḥ and flower petals at the base of the lamp. Do namaskāra and chant the shloka: (Do not use this flame to light dhoop, dīpa, ārati.)

दीपो ज्योतिः परब्रह्म दीपो ज्योतिर्जनार्दनः ।
दीपो हरतु मे ध्वान्तं संविद्दीप नमोऽस्तु ते ॥

Dīpo jyotiḥ Parabramha dīpo jyotir-janārdanaḥ
Dīpo haratu me dhvāntaṁ saṁvid-dīpa namoSstu te

ॐ दीपदेवतायै नमः ।
सर्वोपचारार्थे गन्धाक्षतपुष्पाणि समर्पयामि ।

Oṁ dīpa-devatāyai namaḥ
Sarvopachārārthe gandhākshata-pushpāṇi samarpayāmi

16) भैरवनमस्कारः - Bhairava-namaskāraḥ

Apply gandha and akshatāḥ to a flower and place it on the stool just in front of the lamp. Chant:

ॐ तीक्ष्णदंष्ट्र महाकाय कल्पान्तदहनोपम ।
भैरवाय नमस्तुभ्यमनुज्ञां दातुमर्हसि ॥

Oṁ Tīkshṇadaṁshtra Mahākāya kalpāntadahanopama
Bhairavāya namastubhyam-anujñāṁ dātum-arhasi

ॐ भं भैरवाय नमः ।
सर्वोपचारार्थे गन्धाक्षतपुष्पाणि समर्पयामि ॥ नमस्करोमि ।

Oṁ bhaṁ Bhairavāya namaḥ
Sarvopachārārthe gandhākshata-pushpāṇi samarpayāmi, namaskaromi.

Parama Pūjya Swāmījī performing
Shrī Guru-Pūjanam

श्रीगुरुपूजनम्

Shrī Guru-Pūjanam

1) ध्यानम् - Dhyānam - Meditation

Join hands together in the namaskāra mudrā while chanting the mantra-s. Place a flower on the Pādukā-s after chanting:

द्विदलकमलमध्ये बद्धसंवित्–सुमुद्रं
धृतशिवमयगात्रं साधकानुग्रहार्थम् ।
श्रुतिशिरसिविभान्तं बोधमार्तण्डमूर्तिं
शमिततिमिरशोकं श्रीगुरुं भावयामि ॥१॥

Dvidala-kamala-madhye baddha-saṁvit-sumudraṁ
Dhṛta-shiva-maya-gātraṁ Sādhakānugrahārthaṁ
Shruti-shirasi-vibhāntaṁ Bodha-mārtaṇḍa-mūrtiṁ
Shamita-timira-shokaṁ Shrīgurum bhāvayāmi- 1

हृदम्बुजे कर्णिकमध्यसंस्थं सिंहासने संस्थितदिव्यमूर्तिम् ।
ध्यायेद्गुरुं चन्द्रकलाप्रकाशं चित्पुस्तकाभीष्टवरं दधानम् ॥२॥

Hṛdambuje Karṇika-madhya-saṁsthaṁ siṁhāsane
Saṁsthita-divya-mūrtim
Dhyāyed-guruñ Chandra-kalā-prakāshaṁ Chit-
pustakābhīshṭa-varan Dadhānam - 2

ॐ श्री गुरुपादुकाभ्यो नमः । ध्यानं समर्पयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ Dhyānaṁ samarpayāmi

2) आवाहनम् – Āvāhanam - Invocation

Join hands together in the namaskāra mudrā while chanting the mantra-s.

Offer some akshatāḥ to the Pādukā-s after chanting:

ॐ स्वरूपनिरूपणहेतवे श्रीगुरवे नमः ।
ॐ स्वच्छप्रकाश-विमर्शहेतवे श्रीपरमगुरवे नमः ।
ॐ स्वात्मारामपञ्जरविलीन-तेजसे श्रीपरमेष्ठिगुरवे नमः ।

Oṁ Svarūpa-nirūpaṇa-hetave Shrī-gurave namaḥ
Oṁ Svachcha-prakāsha-vimarsha-hetave
Shrī-parama-gurave namaḥ
Oṁ Svātmārāma-pañjaravilīna-tejase
Shrī-parameshthi-gurave namaḥ

ॐ श्रीगुरुपादुकाभ्यो नमः । आवाहयामि पूजयामि ॥
Oṁ Shrī Gurupādukābhyo namaḥ Āvāhayāmi pūjayāmi

3) आसनम् - Āsanam - Offering of a Seat

Place a flower upon the Pādukā-s after chanting:

सर्वात्मभावसंस्थाय गुरवे सर्वसाक्षिणे ।
सहस्रारसरोजातमासनं कल्पयाम्यहम् ॥

Sarvātma-bhāva-saṁsthāya Gurave Sarva-sākshiṇe
Sahasrāra-sarojātam-āsanaṁ kalpayāmyaham

ॐ श्रीगुरुपादुकाभ्यो नमः । आसनार्थे पुष्पं समर्पयामि ॥
Oṁ Shrī Gurupādukābhyo namaḥ Āsanārthe pushpaṁ samarpayāmi

4) पाद्यम् – Pādyam - Offering of water to wash the Guru's feet

Offer two spoons of abhimantrita water from the āchamana-pātra to the Pādukā-s after chanting:

चलाचलनिकेताय चार्पितं पाद्यमुत्तमम् ।
सर्वधर्मपरित्यागं शरणागतितीर्थजम् ॥

Chalāchala-niketāya chārpitaṁ pādyam-uttamam
Sarva-dharma-parityāgaṁ sharaṇāgati-tīrthajam

ॐ श्रीगुरुपादुकाभ्यो नमः । पादयोः पाद्यं समर्पयामि ॥
Oṁ Shrī Gurupādukābhyo namaḥ
Pādayoḥ pādyaṁ samarpayāmi

5) अर्घ्यम् – Arghyam - Offering of water to wash the Guru's hands

In a spoonful of abhimantrita water place gandha-akshata-pushpa with the mṛga mudrā. Offer it to the Pādukā-s after chanting:

अनन्यभक्तिसलिलं विनेयगुणमण्डितम् ।
अर्घ्यं तेऽनर्घ्यकैवल्यनाथाय परिकल्पितम् ॥
Ananya-bhakti-salilaṁ vineya-guṇa-maṇḍitam
Arghyaṁ teSnarghya-kaivalya-nāthāya parikalpitam

ॐ श्रीगुरुपादुकाभ्यो नमः । हस्तयोरर्घ्यं समर्पयामि ॥
Oṁ Shrī Gurupādukābhyo namaḥ
Hastayor-arghyaṁ samarpayāmi

6) आचमनम् – Āchamanam - Offering of water

Offer three spoons of abhimantrita water to the Pādukā-s and pour the fourth spoon into the tīrtha-pātra after chanting:

मनोवाक्कायकर्माख्यं दत्तं ते निर्मलं जलम् ।
गृहीत्वा गुरुराजेन्द्र कुरुष्वाचमनं विभो ॥

Mano-vāk-kāya-karmākhyaṁ dattaṁ te nirmalaṁ jalam
Gṛhītvā Guru-rājendra kurushvāchamanaṁ Vibho

ॐ श्रीगुरुपादुकाभ्यो नमः । आचमनीयं जलं समर्पयामि ॥
Oṁ Shrī Gurupādukābhyo namaḥ
Āchamanīyaṁ jalaṁ samarpayāmi

7) स्नानम् – Snānam - Offering of water for a bath

Before the bath, the abhisheka, gently remove all flowers that have been offered to the Pādukā-s, and place them in the tīrtha-pātra. Wash your right hand with water from your āchamana-pātra. While chanting the mantra, pour the water gently upon the Pādukā-s from the snāna-pātra, which has the abhimantrita water. Try ensure that the force of the running water does not separate the Pādukā-s.

सर्वशास्त्रमयं तोयं सदानिर्मुक्तकल्मष ।
श्रद्धानद्याः समानीतं स्नानार्थं प्रतिगृह्यताम् ॥
Sarva-shāstra-mayaṁ toyaṁ sadā-nirmukta-kalmasha
Shraddhā-nadyāḥ samānītaṁ snānārtham pratigṛhyatām

ॐ श्रीगुरुपादुकाभ्यो नमः ।
स्नानीयं जलम् अभिषेकं च समर्पयामि ॥
Oṁ Shrī Gurupādukābhyo namaḥ
Snānīyaṁ jalam abhishekaṁ cha samarpayāmi
Pour a spoonful of water in the tīrtha-pātra while saying

स्नानान्ते आचमनीयं समर्पयामि ।
Snānānte āchamanīyaṁ samarpayāmi

Do prokshaṇa on yourself with the abhisheka-water from the somasūtra. Wash your right hand with water from your āchamana-pātra. Softly wipe the Pādukā-s dry. Keep the somasūtra aside, place the decorated plate on the stool and

place the Pādukā-s gently in it. Apply gandha on the Pādukā-s.

8) वस्त्रम् – Vastram - Offering of clothes

Offer akshatāḥ to the Pādukā-s after chanting:

मायाचित्रपटाच्छन्ननिजगुह्योरुतेजसे ।
मम श्रद्धाभक्तिवासयुग्मं देशिक गृह्यताम् ॥
Māyā-chitra-paṭāchchanna-nija-guhyorutejase
Mama shraddhā-bhakti-vāsa-yugmaṁ Deshika gṛhyatām

ॐ श्रीगुरुपादुकाभ्यो नमः । वस्त्रोपवस्त्रं समर्पयामि ॥
Oṁ Shrī Gurupādukābhyo namaḥ
Vastropavastraṁ samarpayāmi

Pour a spoonful of water in the tīrtha-pātra while saying

तदन्ते आचमनीयं समर्पयामि ।
Tadante āchamanīyaṁ samarpayāmi

9) चन्दन–अक्षताः – Chandana-akshatāḥ - Offering of sandalwood paste and unbroken grains of raw rice

Offer gandha and akshatāḥ to the Pādukā-s after chanting:

ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।
उर्वारुकमिव बन्धनान् मृत्योर्मुक्षीय माऽमृतात् ॥१॥
Oṁ Tryambakaṁ yajāmahe sugandhiṁ pushṭi-vardhanam
Urvārukam-iva bandhanān mṛtyor mukshīya māऽmṛtāt-1

महावाक्योत्थविज्ञान–गन्धाढ्यं तापमोचनम् ।
विलेपनं गुरुश्रेष्ठ चन्दनं प्रतिगृह्यताम् ॥२॥

Mahā-vākyottha-vijñāna-gandhādhyaṁ tāpa-mochanam
Vilepanaṁ Guru-shreshtha chandanaṁ pratigṛhyatām-2

ॐ श्रीगुरुपादुकाभ्यो नमः । चन्दनम् अक्षतान् च समर्पयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ
Chandanam akshatān cha samarpayāmi

10) पुष्पम् – Pushpam - Offering of flowers

Offer flowers after chanting:

तुरीयवनसम्भूतं दिव्यभावमनोहरम् ।
तारादिमनुपुष्पालिं गृहाण गुरुनायक ॥

Turīya-vana-sambhūtaṁ divya-bhāva-manoharam
Tārādimanupushpāliṁ gṛhāṇa Gurunāyaka

ॐ श्रीगुरुपादुकाभ्यो नमः । पुष्पं समर्पयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ
Pushpaṁ samarpayāmi

11) बिल्वपत्रम् – Bilvapatram - Offering of a bilva-leaf

Place a Bilva leaf upon the Pādukā-s, with its reverse side facing upwards after chanting the following shloka:

त्रिदलं त्रिगुणाकारं त्रिनेत्रं च त्रयायुधम् ।
त्रिजन्मपाप-संहारमेकबिल्वं शिवार्पणम् ॥

Tridalaṁ triguṇākāraṁ trinetraṁ cha trayāyudham
Trijanmapāpa-saṁhāram-eka-bilvaṁ Shivārpaṇam

ॐ श्रीगुरुपादुकाभ्यो नमः । बिल्वपत्रं समर्पयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ Bilvapatraṁ samarpayāmi

श्रीगुरु – अष्टोत्तरशत – नामावलिः

Shrīguru-ashṭottara-shata-nāmāvaliḥ

108 names of the Divine Guru.

Say

श्रीगुरु–अष्टोत्तरशत–नामावल्यासहित–बिल्वार्चने/पुष्पार्चने विनियोगः

Shrīguru-ashṭottara-shata-nāmāvalyāsahita-bilvārchane/pushpārchane viniyogaḥ

Place upon the Pādukā-s, a Bilva-patra, a flower, some petals or some akshatāḥ with the chanting of each name.

ॐ सद्गुरवे नमः ।	Oṁ Sadgurave namaḥ
ॐ अज्ञाननाशकाय नमः ।	Oṁ Ajñāna-nāshakāya namaḥ
ॐ अदम्भिने नमः ।	Oṁ Adambhine namaḥ
ॐ अद्वैतप्रकाशकाय नमः ।	Oṁ Advaita-prakāshakāya namaḥ
ॐ अनपेक्षाय नमः ।	Oṁ Anapekshāya namaḥ
ॐ अनसूयवे नमः ।	Oṁ Anasūyave namaḥ
ॐ अनुपमाय नमः ।	Oṁ Anupamāya namaḥ
ॐ अभयप्रदात्रे नमः ।	Oṁ Abhaya-pradātre namaḥ
ॐ अमानिने नमः ।	Oṁ Amānine namaḥ
ॐ अहिंसामूर्तये नमः । १०	Oṁ Ahiṁsā-mūrtaye namaḥ
ॐ अहैतुकदयासिन्धवे नमः ।	Oṁ Ahaituka-dayā-sindhave namaḥ

ॐ अहङ्कारनाशकाय नमः ।	Oṁ Ahaṅkāra-nāshakāya namaḥ
ॐ अहङ्कारवर्जिताय नमः ।	Oṁ Ahaṅkāra-varjitāya namaḥ
ॐ आचार्येन्द्राय नमः ।	Oṁ Āchāryendrāya namaḥ
ॐ आत्मसन्तुष्टाय नमः ।	Oṁ Ātma-santushṭāya namaḥ
ॐ आनन्दमूर्तये नमः ।	Oṁ Ānanda-mūrtaye namaḥ
ॐ आर्जवयुक्ताय नमः ।	Oṁ Ārjava-yuktāya namaḥ
ॐ उचितवाचे नमः ।	Oṁ Uchita-vāche namaḥ
ॐ उत्साहिने नमः ।	Oṁ Utsāhine namaḥ
ॐ उदासीनाय नमः । २०	Oṁ Udāsīnāya namaḥ -20
ॐ उपरताय नमः ।	Oṁ Uparatāya namaḥ
ॐ ऐश्वर्ययुक्ताय नमः ।	Oṁ Aishvarya-yuktāya namaḥ
ॐ कृतकृत्याय नमः ।	Oṁ Kṛtakṛtyāya namaḥ
ॐ क्षमावते नमः ।	Oṁ Kshamāvate namaḥ
ॐ गुणातीताय नमः ।	Oṁ Guṇātītāya namaḥ
ॐ चारुवाग्विलासाय नमः ।	Oṁ Chāruvāgvilāsāya namaḥ
ॐ चारुहासाय नमः ।	Oṁ Chāruhāsāya namaḥ
ॐ छिन्नसंशयाय नमः ।	Oṁ Chinna-saṁshayāya namaḥ
ॐ ज्ञानदात्रे नमः ।	Oṁ Jñāna-dātre namaḥ
ॐ ज्ञानयज्ञतत्पराय नमः । ३०	Oṁ Jñāna-yajña-tatparāya namaḥ 30

ॐ तत्त्वदर्शिने नमः ।	Oṁ Tattva-darshine namaḥ
ॐ तपस्विने नमः ।	Oṁ Tapasvine namaḥ
ॐ तापहराय नमः ।	Oṁ Tāpa-harāya namaḥ
ॐ तुल्यनिन्दास्तुतये नमः ।	Oṁ Tulya-nindā-stutaye namaḥ
ॐ तुल्यप्रियाप्रियाय नमः ।	Oṁ Tulya-priyāpriyāya namaḥ
ॐ तुल्यमानापमानाय नमः ।	Oṁ Tulya-mānāpamānāya namaḥ
ॐ तेजस्विने नमः ।	Oṁ Tejasvine namaḥ
ॐ त्यक्तसर्वपरिग्रहाय नमः ।	Oṁ Tyaktasarvaparigrahāya namaḥ
ॐ त्यागिने नमः ।	Oṁ Tyāgine namaḥ
ॐ दक्षाय नमः । ४०	Oṁ Dakshāya namaḥ -40
ॐ दान्ताय नमः ।	Oṁ Dāntāya namaḥ
ॐ दृढव्रताय नमः ।	Oṁ Dṛḍha-vratāya namaḥ
ॐ दोषवर्जिताय नमः ।	Oṁ Dosha-varjitāya namaḥ
ॐ द्वन्द्वातीताय नमः ।	Oṁ Dvandvātītāya namaḥ
ॐ धीमते नमः ।	Oṁ Dhīmate namaḥ
ॐ धीराय नमः ।	Oṁ Dhīrāya namaḥ
ॐ नित्यसन्तुष्टाय नमः ।	Oṁ Nitya-santushṭāya namaḥ
ॐ निरहङ्काराय नमः ।	Oṁ Nirahaṅkārāya namaḥ
ॐ निराश्रयाय नमः ।	Oṁ Nirāshrayāya namaḥ
ॐ निर्भयाय नमः । ५०	Oṁ Nirbhayāya namaḥ -50

ॐ निर्मदाय नमः ।	Oṁ Nirmadāya namaḥ
ॐ निर्ममाय नमः ।	Oṁ Nirmamāya namaḥ
ॐ निर्मलाय नमः ।	Oṁ Nirmalāya namaḥ
ॐ निर्मोहाय नमः ।	Oṁ Nirmohāya namaḥ
ॐ निर्योगक्षेमाय नमः ।	Oṁ Niryogakshemāya namaḥ
ॐ निर्लोभाय नमः ।	Oṁ Nirlobhāya namaḥ
ॐ निष्कामाय नमः ।	Oṁ Nishkāmāya namaḥ
ॐ निष्क्रोधाय नमः ।	Oṁ Nishkrodhāya namaḥ
ॐ निस्सङ्गाय नमः ।	Oṁ Nissaṅgāya namaḥ
ॐ परमसुखदाय नमः । ६०	Oṁ Paramasukhadāya namaḥ -60
ॐ पण्डिताय नमः ।	Oṁ Paṇḍitāya namaḥ
ॐ पूर्णाय नमः ।	Oṁ Pūrṇāya namaḥ
ॐ प्रमाणप्रवर्तकाय नमः ।	Oṁ Pramāṇa-pravartakāya namaḥ
ॐ प्रियभाषिणे नमः ।	Oṁ Priya-bhāshiṇe namaḥ
ॐ ब्रह्मकर्मसमाधये नमः ।	Oṁ Brahmakarma-samādhaye namaḥ
ॐ ब्रह्मात्मनिष्ठाय नमः ।	Oṁ Brahmātma-nishthāya namaḥ
ॐ ब्रह्मात्मविदे नमः ।	Oṁ Brahmātmavide namaḥ
ॐ भक्ताय नमः ।	Oṁ Bhaktāya namaḥ
ॐ भवरोगहराय नमः ।	Oṁ Bhava-roga-harāya namaḥ

ॐ भुक्तिमुक्तिप्रदात्रे नमः । ७०	Oṁ Bhukti-mukti-pradātre namaḥ 70
ॐ मङ्गलकर्त्रे नमः ।	Oṁ Maṅgala-kartre namaḥ
ॐ मधुरभाषिणे नमः ।	Oṁ Madhura-bhāshiṇe namaḥ
ॐ महात्मने नमः ।	Oṁ Mahātmane namaḥ
ॐ महावाक्योपदेशकर्त्रे नमः ।	Oṁ Mahā-vākyopadesha-kartre namaḥ
ॐ मितभाषिणे नमः ।	Oṁ Mita-bhashiṇe namaḥ
ॐ मुक्ताय नमः ।	Oṁ Muktāya namaḥ
ॐ मौनिने नमः ।	Oṁ Maunine namaḥ
ॐ यतचित्ताय नमः ।	Oṁ Yata-chittāya namaḥ
ॐ यतये नमः ।	Oṁ Yataye namaḥ
ॐ यदृच्छालाभसन्तुष्टाय नमः । ८०	Oṁ Yadṛchchālābha-santushṭāya namaḥ 80
ॐ युक्ताय नमः ।	Oṁ Yuktāya namaḥ
ॐ रागद्वेषवर्जिताय नमः ।	Oṁ Rāga-dvesha-varjitāya namaḥ
ॐ विदिताखिलशास्त्राय नमः ।	Oṁ Viditākhila-shāstrāya namaḥ
ॐ विद्याविनयसम्पन्नाय नमः ।	Oṁ Vidyā-vinaya-sampannāya namaḥ
ॐ विमत्सराय नमः ।	Oṁ Vimatsarāya namaḥ
ॐ विवेकिने नमः ।	Oṁ Vivekine namaḥ
ॐ विशालहृदयाय नमः ।	Oṁ Vishāla-hṛdayāya namaḥ

ॐ व्यवसायिने नमः ।	Oṁ Vyavasāyine namaḥ
ॐ शरणागतवत्सलाय नमः ।	Oṁ Sharaṇāgata-vatsalāya namaḥ
ॐ शान्ताय नमः । ९०	Oṁ Shāntāya namaḥ -90
ॐ शुद्धमानसाय नमः ।	Oṁ Shuddha-mānasāya namaḥ
ॐ शिष्यप्रियाय नमः ।	Oṁ Shi<u>sh</u>ya-priyāya namaḥ
ॐ श्रद्धावते नमः ।	Oṁ Shraddhāvate namaḥ
ॐ श्रोत्रियाय नमः ।	Oṁ Shrotriyāya namaḥ
ॐ सत्यवाचे नमः ।	Oṁ Satya-vāche namaḥ
ॐ सदामुदितवदनाय नमः ।	Oṁ Sadāmudita-vadanāya namaḥ
ॐ समचित्ताय नमः ।	Oṁ Sama-chittāya namaḥ
ॐ समानाधिकवर्जिताय नमः ।	Oṁ Samānādhika-varjitāya namaḥ
ॐ समाहितचित्ताय नमः ।	Oṁ Samāhita-chittāya namaḥ
ॐ सर्वभूतहिताय नमः। १००	Oṁ Sarva-bhūta-hitāya namaḥ 100
ॐ सिद्धाय नमः ।	Oṁ Siddhāya namaḥ
ॐ सुलभाय नमः ।	Oṁ Sulabhāya namaḥ
ॐ सुशीलाय नमः ।	Oṁ Sushīlāya namaḥ
ॐ सुहृदे नमः ।	Oṁ Suhṛde namaḥ
ॐ सूक्ष्मबुद्धये नमः ।	Oṁ Sūk<u>sh</u>ma-buddhaye namaḥ
ॐ सङ्कल्पवर्जिताय नमः ।	Oṁ Saṅkalpa-varjitāya namaḥ
ॐ सम्प्रदायविदे नमः ।	Om Sampradāyavide namaḥ
ॐ स्वतन्त्राय नमः । १०८	Oṁ Svatantrāya namaḥ 108

After the archanā is done, remove some of the bilva leaves / petals/flowers/akshatāḥ off the Pādukā-s so that the Pādukā-s are visible (ensure that the Pādukā-s are not shifted in the process), smell the petals/flowers and place them in the tīrtha-pātra. Wash your right hand.

12) धूपः – Dhūpam - Offering of incense

Light the incense stick and extinguish the flame with a wave of your hand. Do not blow out the flame. While ringing the bell with your left hand, wave the incense stick before the Pādukā-s in a slow curve from left to right and back again for as long as it takes to chant the mantra. The movements made are horizontal and not vertical.

पञ्चकोशमयं दिव्यं दशाङ्गं गुग्गुलं गुरो ।
दग्ध्वा ज्ञानाग्निना नाथ धूपमाघ्रापयामि ते ॥

Pañcha-kosha-mayaṁ divyaṁ dashāṅgaṁ guggulaṁ Guro
Dagdhvā jñānāgninā Nātha dhūpam-āghrāpayāmi te

ॐ श्रीगुरुपादुकाभ्यो नमः । धूपम् आघ्रापयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ Dhūpam āghrāpayāmi

13) दीपः – Dīpaḥ - Offering of the lamp

Light the ghee lamp and while ringing the bell with your left hand, wave the lamp in front of the Pādukā-s, in the curve mentioned in the previous upachāra, while reciting the shloka. The movements made are horizontal and not vertical.

वैराग्यतैलसम्पूर्णे भक्तिवर्तिसमन्विते ।
विवेकपूर्णपात्रेऽहं बोधदीपं प्रदर्शये ॥

Vairāgya-taila-sampūrṇe bhakti-varti-samanvite
Viveka-pūrṇa-pātreऽhaṁ bodhadīpaṁ pradarshaye

ॐ श्रीगुरुपादुकाभ्यो नमः । दीपं दर्शयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ
Dīpaṁ darshayāmi

Put the flame out immediately with a wave of your hand. Do not blow it out.

14) नैवेद्यम् – Naivedyam - Offering of food

Say

हस्तौ प्रक्षाल्य नैवेद्यं पुरतः स्थाप्य गायत्र्या सम्प्रोक्ष्य तुलसीदलैः आच्छाद्य नैवेद्यम् ॥१॥

Hastau prakshālya, naivedyaṁ puratah sthāpya, gāyatryā samprokshya, tulasīdalaiḥ āchchādya, naivedyam-1

Wash your hands with water from your personal āchamanam-pātra. With your right anāmikā, using gandha, draw a swastika on the floor in front of you to your right. Wash your hands once again.

Place the plate of food offerings, the naivedya-pātra, on the swastika. Take seven or eight tulasīdala-s in your right hand and wash them with a little abhimantrita water. Holding them in your right palm, along with a little abhimantrita water, make a dhenu-mudrā over the naivedya-pātra. The right hand remains below with the palm facing upwards, the left hand is positioned unto the right to create the dhenu mudrā with the thumbs pointing to your right). Move your hands once in the clockwise position over the naivedyam while saying the Guru Gāyatrī mantra:

ॐ महापुरुषाय विद्महे परमहंसाय धीमहि ।
तन्नो गुरुः प्रचोदयात् ॥२॥
Oṁ Mahāpurushāya vidmahe Paramahaṁsāya dhīmahi
tanno Guruḥ prachodayāt-2

Pour some abhimantrita water into your right palm which contains the tulasīdala-s. Close your right hand into a loose fist and sprinkle some of the water over the naivedyam allowing the water to slip in through your closed fingers.

Next, transfer the tulasīdala-s into your left hand. Place one tulasī-dala on the naivedyam.

Now, pick a tulasī-dala from your left hand with the anāmikā, the madhyamā and the thumb of the right hand. Move it gently over the naivedyam in a circular motion and say the mantra

ॐ प्राणाय स्वाहा
Oṁ prāṇāya svāhā

and then place the tulasīdala on the Pādukā-s. Repeat the action with the following four mantra-s:

ॐ अपानाय स्वाहा

ॐ व्यानाय स्वाहा

ॐ उदानाय स्वाहा

ॐ समानाय स्वाहा

Oṁ apānāya svāhā

Oṁ vyānāya svāhā

Oṁ udānāya svāhā

Oṁ samānāya svāhā

Then sweep your right hand from the naivedyam towards the Pādukā-s in five gentle movements while saying the following

ॐ प्राण-अपान-व्यान-उदान-समानाः ॥३॥
Oṁ prāṇa-apāna-vyāna-udāna-samānāḥ-3

When saying **prāṇa**, touch the tips of the **little finger** and the **anāmikā** with the **thumb** and move the hand over the naivedyam and towards the Pādukā-s.

When saying **apāna,** touch the tips of the **anāmikā** and the **middle finger** with the **thumb** and move the hand over the naivedyam and towards the Pādukā-s.

When saying **vyāna,** touch the tips of the **middle** and the **index finger** with the **thumb** and move the hand over the naivedyam and towards the Pādukā-s.

When saying **udāna,** touch the tips of the **little finger** and the **index finger** with the **thumb** and move the hand over the naivedyam and towards the Pādukā-s.

And finally, when saying **samānāḥ**, bring the tips of **all fingers** as well as the tip of the **thumb** together and move the hand over the naivedyam and towards the Pādukā-s.

Say
ॐ श्रीगुरुपादुकाभ्यो नमः । आचमनीयं समर्पयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ
Āchamanīyaṁ samarpayāmi

Pour a spoonful of abhimantrita water in the tīrtha-pātra.

Say पूर्वापोषणं समर्पयामि ।
Pūrvāposhaṇaṁ samarpayāmi

Offer a few drops of abhimantrita water on the naivedyam. Do namaskāra and recite the following mantra:

ॐ ब्रह्मनिष्ठाय नैवेद्यं ब्रह्माण्डाख्यं महौदनम् ।
समाधिपक्वमधुरं शिवाय गुरवेर्पितम् ॥४॥

Oṁ Brahmanishthāya naivedyaṁ
brahmāṇḍākhyaṁ mahaudanam
Samādhipakvamadhuraṁ Shivāya Guraverpitam-4

ॐ श्रीगुरुपादुकाभ्यो नमः ।
नैवेद्यं निवेदयामि नानाऋतुफलानि च समर्पयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ
Naivedyaṁ nivedayāmi nānā ṛtuphalāni cha samarpayāmi

Sit with your eyes closed for about half a minute.

Then ring the bell just once.

Say

आचमनीयं समर्पयामि Āchamanīyaṁ samarpayāmi
(Pour a spoonful of abhimantrita water in the tīrtha-pātra)

उत्तरापोषणं समर्पयामि Uttarāposhaṇaṁ samarpayāmi
(Pour a few drops of abhimantrita water on the naivedyam)

मुखप्रक्षालनं समर्पयामि Mukhaprakshālanaṁ samarpayāmi
(Pour a spoonful of abhimantrita water in the tīrtha-pātra)

हस्तप्रक्षालनं समर्पयामि Hastaprakshālanaṁ samarpayāmi
(Pour a spoonful of abhimantrita water in the tīrtha-pātra)

करोद्वर्तनार्थे चन्दनं समर्पयामि। Karodvartanārthe chandanaṁ samarpayāmi

Apply gandha to both anāmikā-s. Cross both wrists with wrists facing upwards (right over left) and flick the gandha over the Pādukā-s with the thumbs in a single movement.

15) ताम्बूल–दक्षिणा – Tāmbūla-dakshiṇā - Offering of betel leaf, areca nut and money.

Pour a spoonful of water on the betel leaf, the supārī (areca nut) and dakshiṇā after chanting:

जीवब्रह्मैक्यविज्ञान–तृप्ताय गुरुमूर्तये ।
जीवन्मुक्तिसुखाकारं ताम्बूलं प्रतिगृह्यताम् ॥

Jīva-brahmaikya-vijñāna-tṛptāya Guru-mūrtaye
Jīvanmukti-sukhākāraṁ tāmbūlaṁ pratigṛhyatām

ॐ श्रीगुरुपादुकाभ्यो नमः । सदक्षिणा–ताम्बूलं समर्पयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ
Sadakshiṇā-tāmbūlaṁ samarpayāmi

16) नीराजनम् – Nirājanam - Waving of lights

Light the ārati, both the oil wick and the camphor. Ring the bell with your left hand while doing the ārati. Move the ārati upwards, then downwards and then from left to right in a curve. Repeat for as long as it takes to chant:

कर्पूरगौरं करुणावतारं संसारसारं भुजगेन्द्रहारम् ।
सदा वसन्तं हृदयारविन्दे भवं भवानीसहितं नमामि ॥१॥

Karpūra-gauraṁ Karuṇāvatāraṁ Saṁsāra-sāraṁ
Bhujagendra-hāram
Sadā Vasantaṁ hṛdayāravinde Bhavaṁ
Bhavānī-sahitaṁ namāmi-1

त्वमेव माता च पिता त्वमेव त्वमेव बन्धुश्च सखा त्वमेव ।
त्वमेव विद्या द्रविणं त्वमेव त्वमेव सर्वं मम देव देव ॥२॥

Tvameva mātā cha pitā tvameva tvameva
bandhushcha sakhā tvameva
Tvameva vidyā draviṇaṁ tvameva tvameva
sarvaṁ mama Deva Deva-2

नीराजनं निर्मलदीप्तिमद्भिर्-दीपाङ्कुरैरुज्ज्वलमुच्छ्रितैश्च ।
घण्टानिनादेन समर्पयामि मृत्युञ्जयाय गुरुनायकाय ॥३॥

Nīrājanaṁ nirmala-dīptimadbhir-
dīpāṅkurairujjvalam-uchchritaishcha
Ghaṇṭā-ninādena samarpayāmi
Mṛtyuñjayāya Gurunāyakāya-3

After the ārati is over, place the bell back in its position. Offer the ārati to the bell once (slight circular movement of hand) Then transferring the ārati to your left hand, hold the shaṅkha or spoon of water in the right hand and do the jalārati by raising and lowering it once before the Pādukā-s. Pour the water from the shaṅkha/spoon in the tīrtha-pātra.

Say

ॐ श्रीगुरुपादुकाभ्यो नमः ।
नीराजनं दर्शयामि तदन्ते जलारार्तिकं समर्पयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ
Nīrājanaṁ darshayāmi tadante jalārārtikaṁ samarpayāmi

Sweep the right hand from the ārati towards the Pādukā-s and say देवाभिवन्दनम्। Devābhivandanam

Then sweep the hand from the ārati and towards yourself and say आत्माभिवन्दनम् ॥ Ātmābhivandanam

Wash your hand with water taken from your personal āchamana-pātra.

17) मन्त्रपुष्पाञ्जलिः – Mantrapushpāñjaliḥ - Offering of flowers

Place flowers upon the Pādukā-s with cupped hands after chanting:

नानासुगन्धपुष्पाणि यथा कालोद्भवानि च ।
पुष्पाञ्जलिं मया दत्तं गृहाण गुरुनायक ॥
Nānā-sugandha-pushpāṇi yathā kālodbhavāni cha
Pushpāñjaliṁ mayā dattaṁ gṛhāṇa Gurunāyaka

ॐ श्रीगुरुपादुकाभ्यो नमः । मन्त्रपुष्पाञ्जलिं समर्पयामि ॥
Oṁ Shrī Gurupādukābhyo namaḥ
Mantrapushpāñjaliṁ samarpayāmi

18) प्रदक्षिणा – Pradakshiṇā - Circumambulation

Join hands in namaskāra-mudrā at chest level.
Turn wrists 3 times clockwise while chanting:

परिभ्रमन्ति ब्रह्माण्डकोट्यो यस्य सम्पदे ।
तस्य श्रीगुरुनाथस्य संविद्-दृष्ट्या प्रदक्षिणम् ॥
Paribhramanti brahmāṇḍa-koṭayo yasya sampade
Tasya Shrī Gurunāthasya saṁvid-dṛshṭyā pradakshiṇam

ॐ श्रीगुरुपादुकाभ्यो नमः । प्रदक्षिणां समर्पयामि ॥
Oṁ Shrī Gurupādukābhyo namaḥ
Pradakshiṇāṁ samarpayāmi

19) नमस्कार–प्रार्थना–स्तुतिः – Namaskāra-prārthanā-stutiḥ- Offering of salutations and prayer in praise

Sit with namaskāra-mudrā while chanting:

अखण्डमण्डलाकारं व्याप्तं येन चराचरम् ।
तत्पदं दर्शितं येन तस्मै श्रीगुरवे नमः ॥१॥

Akhaṇḍa-maṇḍalākāraṁ vyāptaṁ yena charācharam
Tatpadaṁ darshitaṁ yena tasmai Shrīgurave namaḥ-1

अज्ञानतिमिरान्धस्य ज्ञानाञ्जनशलाकया ।
चक्षुरुन्मीलितं येन तस्मै श्रीगुरवे नमः ॥२॥

Ajñāna-timirāndhasya jñānāñjana-shalākayā
Chakshur-unmīlitaṁ yena tasmai Shrīgurave namaḥ-2

गुरुर्ब्रह्मा गुरुर्विष्णुर्गुरुर्देवो महेश्वरः ।
गुरुः साक्षात्परब्रह्म तस्मै श्रीगुरवे नमः ॥३॥

Gururbrahmā Gururvishṇur-gururdevo Maheshvaraḥ
Guruḥ Sākshāt-parabrahma tasmai Shrīgurave namaḥ-3

श्रुतिस्मृतिपुराणानामालयं करुणालयम् ।
नमामि भगवत्पादं शङ्करँल्लोकशङ्करम् ॥४॥

Shruti-smṛti-purāṇānām-ālayaṁ Karuṇālayam
Namāmi Bhagavat-pādaṁ Shaṅkaraṁ̃-llokashaṅkaram-4

शङ्करं शङ्कराचार्यं केशवं बादरायणम् ।
सूत्रभाष्यकृतौ वन्दे भगवन्तौ पुनः पुनः ॥५॥

Shaṅkaraṁ Shaṅkarāchāryaṁ Keshavaṁ Bādarāyaṇam
Sūtra-bhāshya-kṛtau vande Bhagavantau punaḥ punaḥ-5

ईश्वरो गुरुरात्मेति मूर्तिभेदविभागिने ।
व्योमवद्व्याप्तदेहाय दक्षिणामूर्तये नमः ॥६॥

Īshvaro Gururātmeti mūrti-bheda-vibhāgine
Vyomavad-vyāpta-dehāya Dakshiṇā-mūrtaye namaḥ-6

ॐ श्रीगुरुपादुकाभ्यो नमः प्रार्थनां समर्पयामि ।

Oṁ Shrī Gurupādukābhyo namaḥ
Prārthanāṁ samarpayāmi

20) विशेषार्घ्यम् –Visheshārghyam - Offering of special fragrance-laden water to wash the Guru's hands

Take a spoonful of water, with gandha-akshatā-pushpa in it. Hold the spoon in front of the Pādukā-s. After the shloka is over, pour the water into the tīrtha-pātra.

ब्रह्मानन्दं परमसुखदं केवलं ज्ञानमूर्तिं
द्वन्द्वातीतं गगनसदृशं तत्त्वमस्यादिलक्ष्यम् ।
एकं नित्यं विमलमचलं सर्वधीसाक्षिभूतं
भावातीतं त्रिगुणरहितं सद्गुरुं तं नमामि ॥

Brahmānandaṁ parama-sukhadaṁ kevalaṁ Jñāna-mūrtiṁ
Dvandvātītaṁ Gagana-sadṛshaṁ Tattvamasyādi-lakshyam
Ekaṁ Nityaṁ Vimalam-achalaṁ Sarvadhī-sākshi-bhūtaṁ
Bhāvātītaṁ Triguṇa-rahitaṁ Sadguruṁ taṁ namāmi

ॐ श्रीगुरुपादुकाभ्यो नमः । विशेषार्घ्यं समर्पयामि ॥

Oṁ Shrī Gurupādukābhyo namaḥ
Visheshārghyaṁ samarpayāmi

21) प्रार्थनापूर्वकं क्षमापनम् – Prārthanāpūrvakaṁ kshamāpanam - Prayer for forgiveness

Sit with namaskāra-mudrā while chanting:

अपराधसहस्राणि क्रियन्तेऽहर्निशं मया ।
दासोऽयमिति मां मत्वा क्षमस्व गुरुपुङ्गव ॥

Aparādha-sahasrāṇi kriyanteSharnisham mayā
DāsoSyamiti māṁ matvā kshamasva Gurupuṅgava

ॐ श्रीगुरुपादुकाभ्यो नमः । प्रार्थनापूर्वकं क्षमां याचे ॥

Oṁ Shrī Gurupādukābhyo namaḥ
Prārthanāpūrvakaṁ kshamāṁ yāche

22) समर्पणम् – Samarpaṇam - Offering of the entire worship.

Hold a spoonful of water in your left hand.

Hold a tulasī-dala in your right hand under the spoon, in front of the Pādukā-s.

Chant the samarpaṇa-shloka-s and then pour the spoonful of water over the tulasī and into the tīrtha-pātra. Offer the tulasī-dala to the Pādukā-s.

देवनाथ गुरो स्वामिन् देशिक स्वात्मनायक ।
त्राहि त्राहि कृपासिन्धो पूजां पूर्णतरां कुरु ॥१॥

Devanātha Guro Svāmin Deshika Svātmanāyaka
Trāhi trāhi Kṛpā-sindho pūjām pūrṇatarāṅ kuru-1

अनया पूजया श्रीगुरुः प्रीयन्ताम् ।
ॐ तत् सत् ब्रह्मार्पणमस्तु ॥२॥

Anayā pūjayā Shrīguruḥ prīyantām
Oṁ tat sat Brahmārpaṇamastu-2

Touch the Pādukā-s with the anāmikā and madhyamā of your right hand when chanting the next shloka, and when saying the last quarter-सर्वे तिष्ठन्ति मे हृदि, Sarve tishthanti me hṛdi-place those fingers upon your heart.

तिष्ठ तिष्ठ परस्थाने स्वस्थाने परमेश्वर ।
यत्र ब्रह्मादयो देवाः सर्वे तिष्ठन्ति मे हृदि ॥३॥

Tishtha tishtha parasthāne swasthāne Parameshvara
Yatra Brahmādayo Devāḥ sarve tishthanti me hṛdi-3

Perform japa of your Ishṭa-mantra for three minutes. Then chant either of the following two shloka-s depending upon whether your Ishṭa is the Devī or the Lord.

(देवीश्लोकः) - गुह्यातिगुह्यगोप्त्री त्वं गृहाणास्मत्कृतं जपम् ।
सिद्धिर्भवतु मे देवि त्वत्प्रसादान्महेश्वरि ॥४॥

(Devīshlokaḥ)-
Guhyātiguhya-goptrī tvaṁ gṛhāṇāsmatkṛtaṁ japam
Siddhirbhavatu me Devi tvatprasādān Maheshvari-4

(देवश्लोकः) - गुह्यातिगुह्यगोप्ता त्वं गृहाणास्मत्कृतं जपम् ।
सिद्धिर्भवतु मे देव त्वत्प्रसादान्महेश्वर ॥४॥

(Devashlokaḥ)-
Guhyātiguhya-gōptā tvaṁ gṛhāṇāsmatkṛtaṁ japam
Siddhirbhavatu me Deva tvatprasādān Maheshvara-4

Say

ॐ नमः पार्वतीपतये हर हर महादेव॥५॥

Oṁ namaḥ Pārvatīpataye Hara Hara Mahādeva-5

Parama Pūjya Swāmījī performing
Shrī Shiva-Pūjanam

॥ श्रीशिवपूजनम् ॥

Shrī Shiva-Pūjanam

1) ध्यानम् - Dhyānam - Meditation

Join hands together in the namaskāra mudrā while chanting the mantra-s. Place a flower upon the Vigraha, the Deity, after chanting:

ध्यायेन्नित्यं महेशं रजतगिरिनिभं चारुचन्द्रावतंसं
रत्नाकल्पोज्ज्वलाङ्गं परशुमृगवराभीतिहस्तं प्रसन्नम् ।
पद्मासीनं समन्तात् स्तुतममरगणैर्व्याघ्रकृत्तिं वसानं
विश्वाद्यं विश्ववन्द्यं निखिलभयहरं पञ्चवक्त्रं त्रिनेत्रम् ॥१॥

Dhyāyen-nityaṁ Maheshaṁ Rajata-giri-nibhaṁ
Chāru-chandrāvataṁsaṁ
ratnākalpojjvalāṅgaṁ parashu-mṛga-varābhīti-hastaṁ
prasannam
Padmāsīnaṁ samantāt stutam-amara-gaṇair-
vyāghra-kṛttiṁ Vasānaṁ
Vishvādyaṁ Vishva-vandyaṁ Nikhila-bhayaharaṁ
Pañcha-vaktraṁ Trinetram - 1

ॐ श्री भवानीशङ्कराय नमः । ध्यानं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Dhyānaṁ samarpayāmi

2) आवाहनम् – Āvāhanam - Invocation

Join hands together in the namaskāra mudrā while chanting the mantra. Offer some akshatāḥ to the Vigraha after chanting:

एह्येहि गौरीश पिनाकपाणे शशाङ्कमौले वृषभाधिरूढ ।
देवाधिदेवेश महेश नित्यं गृहाण पूजां भगवन् नमस्ते ॥

Ehyehi Gaurīsha Pināka-pāṇe Shashāṅka-maule
Vṛshabhādhirūdha
Devādhi-devesha Mahesha nityaṁ gṛhāṇa pūjāṁ
Bhagavan namaste

ॐ श्री भवानीशङ्कराय नमः । आवाहनं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Āvāhanaṁ samarpayāmi

3) आसनम् – Āsanam - Offering of a Seat

Place a flower upon the Vigraha after chanting:

विश्वात्मने नमस्तुभ्यं चिदम्बरनिवासिने ।
रत्नसिंहासनं चारु ददामि करुणानिधे ॥

Vishvātmane namastubhyaṁ Chidambara-nivāsine
Ratna-siṁhāsanaṁ chāru dadāmi Karuṇānidhe

ॐ श्री भवानीशङ्कराय नमः । आसनार्थे पुष्पं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Āsanārthe pushpaṁ samarpayāmi

4) पाद्यम् – Pādyam - Offering of water to wash the Lord's feet

Offer two spoons of abhimantrita water from the āchamana-pātra to the Vigraha after chanting:

नमः शर्वाय सोमाय सर्वमङ्गलहेतवे ।
तुभ्यं सम्प्रददे पाद्यं श्रीकैलासनिवासिने ॥

Namaḥ Sharvāya Somāya Sarva-maṅgala-hetave
Tubhyaṁ sampradade pādyaṁ Shrīkailāsa-nivāsine

ॐ श्री भवानीशङ्कराय नमः । पादयोः पाद्यं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Pādayoḥ pādyaṁ samarpayāmi

5) अर्घ्यम् – Arghyam - Offering of water to wash the Lord's hands

In a spoonful of abhimantrita water put gandha-akshatāḥ-pushpa. Offer it to the Vigraha after chanting:

अनर्घफलदात्रे च शास्त्रे वैवस्वतस्य च ।
तुभ्यमर्घ्यं प्रदास्यामि द्वादशान्तनिवासिने ॥

Anargha-phala-dātre cha shāstre vaivasvatasya cha
Tubhyam-arghyaṁ pradāsyāmi Dvādashānta-nivāsine

ॐ श्री भवानीशङ्कराय नमः । हस्तयोरर्घ्यं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Hastayor-arghyaṁ samarpayāmi

6) आचमनम् – Āchamanam - Offering of water

Pour 3 spoons of abhimantrita water upon the Vigraha and pour one spoon into the tīrtha-pātra after chanting:

अशेषजगदाधार निराधार महेश्वर ।
ददाम्याचमनं तुभ्यं सुन्दरेश नमोऽस्तु ते ॥

Asheṣha-jagad-ādhāra Nirādhāra Maheshvara
Dadāmyāchamanaṁ tubhyaṁ Sundaresha namoSstu te

ॐ श्री भवानीशङ्कराय नमः । आचमनीयं जलं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Āchamanīyaṁ jalaṁ samarpayāmi

7) स्नानम् – Snānam - Offering of water for a bath

Before the bath, the abhisheka, gently remove all flowers that have been offered to the Vigraha and place them in the tīrtha-pātra. Wash your right hand with water from your āchamana-pātra. While chanting the mantra, pour the water gently from the snāna-pātra which has the abhimantrita water upon the Vigraha.

गङ्गाक्लिन्नजटाभार सोम सोमार्धशेखर ।
नद्या नीरैः समानीतैः स्नानं कुरु महेश्वर ॥

Gaṅgā-klinna-jaṭā-bhāra Soma Somārdha-shekhara
Nadyā nīraiḥ samānītaiḥ snānaṁ kuru Maheshvara

ॐ श्री भवानीशङ्कराय नमः । स्नानीयं जलं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Snānīyaṁ jalaṁ samarpayāmi

Pour a spoonful of water in the tīrtha-pātra while saying

स्नानान्ते आचमनीयं समर्पयामि ।

Snānānte āchamanīyaṁ samarpayāmi

Do prokshaṇa on yourself with the abhisheka-water from the somasūtra. Wash your right hand with water from your āchamana-pātra. Wipe the Vigraha dry. Keeping the somasūtra aside, place the decorated plate on the stool and keep the Vigraha in it. Apply gandha on the Vigraha.

8) वस्त्रम् – Vastram - Offering of clothes

Offer akshatāḥ to the Vigraha after chanting:

दिगम्बर नमस्तुभ्यं गजाजिनधराय च ।
व्याघ्रचर्मोत्तरीयाय वस्त्रयुग्मं ददाम्यहम् ॥

Digambara namastubhyaṁ Gajājina-dharāya cha
Vyāghra-charmottarīyāya vastra-yugmaṁ dadāmyaham

ॐ श्री भवानीशङ्कराय नमः । वस्त्रोपवस्त्रं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Vastropavastraṁ samarpayāmi

Pour a spoonful of water in the tīrtha-pātra while saying

तदन्ते आचमनीयं समर्पयामि ।

Tadante āchamanīyaṁ samarpayāmi

9) यज्ञोपवीतम् – Yajñopavitam - Offering of the sacred thread

Offer akshatāḥ to the Vigraha after chanting:

चराचर–जगद्रन्न–प्रोतसूत्रधराय ते ।
नागयज्ञोपवीताय ह्युपवीतं ददाम्यहम् ॥

Charāchara-jagad-ratna-prota-sūtra-dharāya te
Nāga-yajñopavītāya hyupavītaṁ dadāmyaham

ॐ श्री भवानीशङ्कराय नमः । यज्ञोपवीतं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Yajñopavītaṁ samarpayāmi

Pour a spoonful of water in the tīrtha-pātra while saying

तदन्ते आचमनीयं समर्पयामि ।

Tadante āchamanīyaṁ samarpayāmi

10) भस्मम् – Bhasmam - Offering of sacred ash

Offer bhasmam with thumb and anāmikā after chanting:

अग्निहोत्रसमुद्भूतं विरजाहोमपावितम् ।
गृहाण भस्म हे स्वामिन् भक्तानां भूतिदायक ॥

Agnihotra-samudbhūtaṁ virajā-homa-pāvitam
Gṛhāṇa bhasma he Svāmin bhaktānāṁ bhūtidāyaka

ॐ श्री भवानीशङ्कराय नमः । भस्मकणान् समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Bhasmakaṇān samarpayāmi

11) गन्धः – Gandhaḥ - Offering of sandalwood paste

Offer a small ball of gandha after chanting:

नमस्सुगन्धदेहाय ह्यवन्ध्यफलदायिने ।
तुभ्यं गन्धान् प्रदास्यामि चान्धकासुरभञ्जन ॥

Namas-sugandha-dehāya Hyavandhya-phala-dāyine
Tubhyaṁ gandhān pradāsyāmi chāndhakāsurabhañjana

ॐ श्री भवानीशङ्कराय नमः । गन्धं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Gandhaṁ samarpayāmi

12) अक्षताः – Akshatāḥ - Offering of unbroken grains of raw rice

Offer akshatāḥ to the Vigraha after chanting:

अक्षतान् धवलान् देव सिद्धगन्धर्वपूजित ।
सुन्दरेश नमस्तुभ्यं गृहाण वरदो भव ॥

Akshatān dhavalān Deva siddha-gandharva-pūjita
Sundaresha namastubhyaṁ gṛhāṇa varado bhava

ॐ श्री भवानीशङ्कराय नमः । अक्षतान् समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Akshatān samarpayāmi

13) पुष्पम् -Pushpam - Offering of flowers

Offer flowers after chanting:

तुरीयवनसम्भूतं परमानन्दसौरभम् ।
पुष्पं गृहाण सोमेश पुष्पचापविभञ्जन ॥

Turīya-vana-sambhūtaṁ paramānanda-saurabham
Pushpaṁ gṛhāṇa Somesha Pushpa-chāpa-vibhañjana

ॐ श्री भवानीशङ्कराय नमः । पुष्पं समर्पयामि ॥
Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Pushpaṁ samarpayāmi

14) बिल्वपत्रम् -Bilvapatram- Offering of a bilva-leaf

Place a Bilva leaf upon the Vigraha, with its reverse side facing upwards after chanting the following shloka:

त्रिदलं त्रिगुणाकारं त्रिनेत्रं च त्रयायुधम् ।
त्रिजन्मपाप-संहारमेकबिल्वं शिवार्पणम् ॥

Tridalaṁ triguṇākāraṁ trinetraṁ cha trayāyudham
Trijanma-pāpa-saṁhāram-eka-bilvaṁ Shivārpaṇam

ॐ श्री भवानीशङ्कराय नमः । बिल्वपत्रं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Bilva-patraṁ samarpayāmi

श्रीशिवाष्टोत्तर-शतनामावलिः

Shrishivāshṭottara-shata-nāmāvaliḥ

108 names of Shiva

Say

श्रीशिव-अष्टोत्तर-शतनामावल्या सहित बिल्वार्चने / पुष्पार्चने विनियोगः

Shrīshiva-ashṭottara-shata-nāmāvalyā sahita bilvārchane/ pushpārchane viniyogaḥ

Place upon the Vigraha, a Bilvapatra, a flower, some petals or akshatāḥ with each name.

ॐ शिवाय नमः ।	Oṁ Shivāya namaḥ
ॐ महेश्वराय नमः ।	Oṁ Maheshvarāya namaḥ
ॐ शम्भवे नमः ।	Oṁ Shambhave namaḥ
ॐ पिनाकिने नमः ।	Oṁ Pināking namaḥ
ॐ शशिशेखराय नमः ।	Oṁ Shashishekharāya
ॐ वामदेवाय नमः ।	Oṁ Vāmadevāya namaḥ
ॐ विरूपाक्षाय नमः ।	Oṁ Virūpākshāya namaḥ
ॐ कपर्दिने नमः ।	Oṁ Kapardine namaḥ
ॐ नीललोहिताय नमः ।	Oṁ Nīlalohitāya namaḥ
ॐ शङ्कराय नमः । १०	Oṁ Shaṅkarāya namaḥ -10
ॐ शूलपाणये नमः ।	Oṁ Shūlapāṇaye namaḥ
ॐ खट्वाङ्गिने नमः ।	Oṁ Khaṭvāṅgine namaḥ
ॐ विष्णुवल्लभाय नमः ।	Oṁ Vishṇuvallabhāya namaḥ

ॐ शिपिविष्टाय नमः ।	Oṁ Shipivishṭāya namaḥ
ॐ अम्बिकानाथाय नमः ।	Oṁ Ambikānāthāya namaḥ
ॐ श्रीकण्ठाय नमः ।	Oṁ Shrīkaṇṭhāya namaḥ
ॐ भक्तवत्सलाय नमः ।	Oṁ Bhaktavatsalāya namaḥ
ॐ भवाय नमः ।	Oṁ Bhavāya namaḥ
ॐ शर्वाय नमः ।	Oṁ Sharvāya namaḥ
ॐ त्रिलोकेशाय नमः । २०	Oṁ Trilokeshāya namaḥ 20
ॐ शितिकण्ठाय नमः ।	Oṁ Shitikaṇṭhāya namaḥ
ॐ शिवा-प्रियाय नमः ।	Oṁ Shivā-priyāya namaḥ
ॐ उग्राय नमः ।	Oṁ Ugrāya namaḥ
ॐ कपालिने नमः ।	Oṁ Kapāline namaḥ
ॐ कामारये नमः ।	Oṁ Kāmāraye namaḥ
ॐ अन्धकासुरसूदनाय नमः ।	Oṁ Andhakāsurasūdanāya namaḥ
ॐ गङ्गाधराय नमः ।	Oṁ Gaṅgādharāya namaḥ
ॐ ललाटाक्षाय नमः ।	Oṁ Lalāṭākshāya namaḥ
ॐ कालकालाय नमः ।	Oṁ Kālakālāya namaḥ
ॐ कृपानिधये नमः । ३०	Oṁ Kṛpānidhaye namaḥ 30
ॐ भीमाय नमः ।	Oṁ Bhīmāya namaḥ
ॐ परशुहस्ताय नमः ।	Oṁ Parashuhastāya namaḥ
ॐ मृगपाणये नमः ।	Oṁ Mṛgapāṇaye namaḥ
ॐ जटाधराय नमः ।	Oṁ Jaṭādharāya namaḥ
ॐ कैलासवासिने नमः ।	Oṁ Kailāsavāsine namaḥ

ॐ कवचिने नमः ।	Oṁ Kavachine namaḥ
ॐ कठोराय नमः ।	Oṁ Kathorāya namaḥ
ॐ त्रिपुरान्तकाय नमः ।	Oṁ Tripurāntakāya namaḥ
ॐ वृषाङ्काय नमः ।	Oṁ Vṛshāṅkāya namaḥ
ॐ वृषभारूढाय नमः । ४०	Oṁ Vṛshabhārūḍhāya namaḥ
ॐ भस्मोद्धूलित-विग्रहाय नमः ।	Oṁ Bhasmoddhūlita-vigrahāya namaḥ
ॐ सामप्रियाय नमः ।	Oṁ Sāmapriyāya namaḥ
ॐ स्वरमयाय नमः ।	Oṁ Svaramayāya namaḥ
ॐ त्रयीमूर्तये नमः ।	Oṁ Trayīmūrtaye namaḥ
ॐ अनीश्वराय नमः ।	Oṁ Anīshvarāya namaḥ
ॐ सर्वज्ञाय नमः ।	Oṁ Sarvajñāya namaḥ
ॐ परमात्मने नमः ।	Oṁ Paramātmane namaḥ
ॐ सोमसूर्याग्निलोचनाय नमः ।	Oṁ Soma-sūryāgni-lochanāya namaḥ
ॐ हविषे नमः ।	Oṁ Havishe namaḥ
ॐ यज्ञमयाय नमः । ५०	Oṁ Yajñamayāya namaḥ 50
ॐ सोमाय नमः ।	Oṁ Somāya namaḥ
ॐ पञ्चवक्त्राय नमः ।	Oṁ Pañchavaktrāya namaḥ
ॐ सदाशिवाय नमः ।	Oṁ Sadāshivāya namaḥ
ॐ विश्वेश्वराय नमः ।	Oṁ Vishveshvarāya namaḥ
ॐ वीरभद्राय नमः ।	Oṁ Vīrabhadrāya namaḥ
ॐ गणनाथाय नमः ।	Oṁ Gaṇanāthāya namaḥ

ॐ प्रजापतये नमः ।	Oṁ Prajāpataye namaḥ
ॐ हिरण्यरेतसे नमः ।	Oṁ Hiraṇyaretase namaḥ
ॐ दुर्धर्षाय नमः ।	Oṁ Durdharshāya namaḥ
ॐ गिरीशाय नमः । ६०	Oṁ Girīshāya namaḥ 60
ॐ गिरिशाय नमः ।	Oṁ Girishāya namaḥ
ॐ अनघाय नमः ।	Oṁ Anaghāya namaḥ
ॐ भुजङ्गभूषणाय नमः ।	Oṁ Bhujaṅgabhūshaṇāya
ॐ भर्गाय नमः ।	Oṁ Bhargāya namaḥ
ॐ गिरिधन्विने नमः ।	Oṁ Giridhanvine namaḥ
ॐ गिरिप्रियाय नमः ।	Oṁ Giripriyāya namaḥ
ॐ कृत्तिवाससे नमः ।	Oṁ Kṛttivāsase namaḥ
ॐ पुरारातये नमः ।	Oṁ Purārātaye namaḥ
ॐ भगवते नमः ।	Oṁ Bhagavate namaḥ
ॐ प्रमथाधिपाय नमः । ७०	Oṁ Pramathādhipāya namaḥ
ॐ मृत्युञ्जयाय नमः ।	Oṁ Mṛtyuñjayāya namaḥ
ॐ सूक्ष्मतनवे नमः ।	Oṁ Sūkshmatanave namaḥ
ॐ जगद्व्यापिने नमः ।	Oṁ Jagadvyāpine namaḥ
ॐ जगद्गुरवे नमः ।	Oṁ Jagadgurave namaḥ
ॐ व्योमकेशाय नमः ।	Oṁ Vyomakeshāya namaḥ
ॐ महासेनजनकाय नमः ।	Oṁ Mahāsenajanakāya
ॐ चारुविक्रमाय नमः ।	Oṁ Chāruvikramāya namaḥ
ॐ रुद्राय नमः ।	Oṁ Rudrāya namaḥ

ॐ भूतपतये नमः ।	Oṁ Bhūtapataye namaḥ
ॐ स्थाणवे नमः । ८०	Oṁ Sthāṇave namaḥ 80
ॐ अहिर्बुध्न्याय नमः ।	Oṁ Ahirbudhnyāya namaḥ
ॐ दिगम्बराय नमः ।	Oṁ Digambarāya namaḥ
ॐ अष्टमूर्तये नमः ।	Oṁ Ashṭamūrtaye namaḥ
ॐ अनेकात्मने नमः ।	Oṁ Anekātmane namaḥ
ॐ सात्त्विकाय नमः ।	Oṁ Sāttvikāya namaḥ
ॐ शुद्धविग्रहाय नमः ।	Oṁ Shuddhavigrahāya namaḥ
ॐ शाश्वताय नमः ।	Oṁ Shāshvatāya namaḥ
ॐ खण्डपरशवे नमः ।	Oṁ Khaṇḍaparashave namaḥ
ॐ अजाय नमः ।	Oṁ Ajāya namaḥ
ॐ पाशविमोचकाय नमः । ९०	Oṁ Pāshavimochakāya namaḥ 90
ॐ मृडाय नमः ।	Oṁ Mṛḍāya namaḥ
ॐ पशुपतये नमः ।	Oṁ Pashupataye namaḥ
ॐ देवाय नमः ।	Oṁ Devāya namaḥ
ॐ महादेवाय नमः ।	Oṁ Mahādevāya namaḥ
ॐ अव्ययाय नमः ।	Oṁ Avyayāya namaḥ
ॐ हरये नमः ।	Oṁ Haraye namaḥ
ॐ पूषदन्तभिदे नमः ।	Oṁ Pūshadantabhide namaḥ .
ॐ अव्यग्राय नमः ।	Oṁ Avyagrāya namaḥ
ॐ दक्षाध्वरहराय नमः ।	Oṁ Dakshādhvaraharāya namaḥ

ॐ हराय नमः । १००	Oṁ Harāya namaḥ 100
ॐ भगनेत्रभिदे नमः ।	Oṁ Bhaganetrabhide namaḥ
ॐ अव्यक्ताय नमः ।	Oṁ Avyaktāya namaḥ
ॐ सहस्राक्षाय नमः ।	Oṁ Sahasrākshāya namaḥ
ॐ सहस्रपदे नमः ।	Oṁ Sahasrapade namaḥ
ॐ अपवर्गप्रदाय नमः ।	Oṁ Apavargapradāya namaḥ
ॐ अनन्ताय नमः ।	Oṁ Anantāya namaḥ
ॐ तारकाय नमः ।	Oṁ Tārakāya namaḥ
ॐ परमेश्वराय नमः । (१०८)	Oṁ Parameshvarāya namaḥ

अष्टपुष्पाणि - Ashṭapushpāṇi - Offering of eight flowers representing the Ashṭamūrti-s

Place a flower upon the Vigraha with each name

ॐ शर्वाय क्षितिमूर्तये नमः ।
Oṁ Sharvāya Kshitimūrtaye namaḥ

ॐ भवाय जलमूर्तये नमः ।
Oṁ Bhavāya Jalamūrtaye namaḥ

ॐ रुद्राय अग्निमूर्तये नमः ।
Oṁ Rudrāya Agnimūrtaye namaḥ

ॐ उग्राय वायुमूर्तये नमः ।
Oṁ Ugrāya Vayumūrtaye namaḥ

ॐ भीमाय आकाशमूर्तये नमः ।
Oṁ Bhīmāya Ākāshamūrtaye namaḥ

ॐ ईशानाय सूर्यमूर्तये नमः ।
Oṁ Īshānāya Sūryamūrtaye namaḥ

ॐ महादेवाय सोममूर्तये नमः ।
Oṁ Mahādevāya Somamūrtaye namaḥ

ॐ पशुपतये यजमानमूर्तये नमः ।
Oṁ Pashupataye Yajamānamūrtaye namaḥ

After the archanā is done, remove some of the petals/flowers off the Vigraha so that the Vigraha is visible (ensure that the Vigraha is not shifted in the process), smell the petals/flowers and place them in the tīrtha-pātra. Wash your right hand.

15) धूपः – Dhūpaḥ - Offering of incense

Light the incense stick and extinguish the flame with a wave of your hand. Do not blow out the flame. Ring the bell with your left hand while waving the incense stick with your right hand before the Vigraha, in a slow curve from left to right and back again for as long as it takes to chant the mantra. The movements made are horizontal and not vertical.

धराधरसुतानाथ धूर्जटे धवलप्रभ ।
धूपमाघ्रापयामीश दशाङ्गं गुग्गुलान्वितम् ॥

Dharādhara-sutā-nātha Dhūrjaṭe Dhavala-prabha
Dhūpam-āghrāpayāmīsha dashāṅgaṁ guggulānvitam

ॐ श्री भवानीशङ्कराय नमः । धूपम् आघ्रापयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Dhūpam āghrāpayāmi

16) दीपः – Dipaḥ - Offering of the lamp

Light the ghee lamp and while ringing the bell with your left hand, wave the lamp in front of the Vigraha in the curve mentioned in the previous upachāra, while reciting the shloka. The movements are horizontal and not vertical.

साज्यवर्तियुतं दीपं सर्वमङ्गलकारकम् ।
समर्पयामि पश्येदं सोमसूर्याग्निलोचन ॥

Sājya-varti-yutaṁ dīpaṁ sarva-maṅgala-kārakam
Samarpayāmi pashyedaṁ Soma-sūryāgni-lochana

ॐ श्री भवानीशङ्कराय नमः । दीपं दर्शयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Dīpaṁ darshayāmi

Put the flame out immediately with a wave of your hand. Do not blow it out.

17) नैवेद्यम् – Naivedyam - Offering of food

Say

हस्तौ प्रक्षाल्य नैवेद्यं पुरतः स्थाप्य गायत्र्या सम्प्रोक्ष्य तुलसीदलैः आच्छाद्य नैवेद्यम् ॥१॥

Hastau prakshālya, naivedyaṁ puratah sthāpya, gāyatryā samprokshya, tulasīdalaiḥ āchchādya, naivedyam-1

Wash your hands with water from your personal āchamanam-pātra. With your right anāmikā, using gandha, draw a swastika on the floor in front of you to your right. Wash your hands once again.

Place the plate of food offerings, the naivedya-pātra, on the swastika. Take seven or eight tulasīdala-s in your right hand and wash them with a little abhimantrita water. Holding them in your right palm, along with a little abhimantrita water, make a dhenu-mudrā over the naivedya-pātra. (The right hand remains below with the palm facing upwards, the left hand is positioned unto the right to create the dhenu mudrā with the thumbs pointing to your right). Move your hands once in the clockwise position over the naivedyam while saying the Rudra Gāyatrī mantra:

ॐ तत्पुरुषाय विद्महे महादेवाय धीमहि तन्नो रुद्रः प्रचोदयात् ॥२॥

Oṁ Tatpurushāya vidmahe Mahādevāya dhīmahi tanno Rudraḥ prachodayāt-2

Pour some abhimantrita water into your right palm which contains the tulasīdala-s. Close your right hand into a loose fist and sprinkle some of the water over the naivedyam allowing the water to slip in through your closed fingers.

Next, transfer the tulasīdala-s into your left hand. Place one tulasī-dala on the naivedyam.

Now, pick a tulasī-dala from your left hand with the anāmikā, the madhyamā and the thumb of the right hand. Move it gently over the naivedyam in a circular motion and say the mantra

ॐ प्राणाय स्वाहा

Oṁ prāṇāya svāhā,

and then place the tulasī-dala on the Vigraha. Repeat the action with the following four mantra-s:

ॐ अपानाय स्वाहा

ॐ व्यानाय स्वाहा

ॐ उदानाय स्वाहा

ॐ समानाय स्वाहा

Oṁ apānāya svāhā
Oṁ vyānāya svāhā
Oṁ udānāya svāhā
Oṁ samānāya svāhā

Then sweep your right hand from the naivedyam towards the Vigraha in five gentle movements while saying the following

ॐ प्राण-अपान-व्यान-उदान-समानाः ॥३॥

Oṁ prāṇa-apāna-vyāna-udāna-samānāḥ-3

When saying **prāṇa,** touch the tips of the **little finger** and the **anāmikā** with the **thumb** and move the hand over the naivedyam and towards the Vigraha.

When saying **apāna,** touch the tips of the **anāmikā** and the **middle finger** with the **thumb** and move the hand over the naivedyam and towards the Vigraha.

When saying **vyāna**, touch the tips of the **middle finger** and the **index finger** with the **thumb** and move the hand over the naivedyam and towards the Vigraha.

When saying **udāna,** touch the tips of the **little finger** and the **index finger** with the **thumb** and move the hand over the naivedyam and towards the Vigraha.

And finally, when saying **samānāḥ,** bring the tips of **all fingers** as well as the tip of the **thumb** together and move the hand over the naivedyam and towards the Vigraha.

Say ॐ श्री भवानीशङ्कराय नमः । आचमनीयं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Āchamanīyaṁ samarpayāmi

Pour a spoonful of water in the tīrtha-pātra.

Say पूर्वापोषणं समर्पयामि ।

Pūrvāposhaṇaṁ samarpayāmi

Pour a few drops of water on the naivedyam.

Do namaskāra and say

नैवेद्यं षड्रसोपेतं विषाशनघृतान्वितम् ।
मधुक्षीरापूपयुक्तं गृह्यतां सोमशेखर ॥४॥

Naivedyaṁ shaḍrasopetaṁ vishāshana-ghṛtānvitam
Madhu-kshīrāpūpa-yuktaṁ gṛhyatāṁ Somashekhara

ॐ श्री भवानीशङ्कराय नमः ।
नैवेद्यं निवेदयामि नानाऋतुफलानि च समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Naivedyaṁ nivedayāmi nānā ṛtuphalāni cha samarpayāmi

Sit with your eyes closed for about half a minute.

Then ring the bell just once.

Say

आचमनीयं समर्पयामि Āchamanīyaṁ samarpayāmi
(Pour a spoonful of abhimantrita water in the tīrtha-pātra)

उत्तरापोषणं समर्पयामि Uttarāposhaṇaṁ samarpayāmi
(Pour a few drops of abhimantrita water on the naivedyam)

मुखप्रक्षालनं समर्पयामि Mukhaprakshālanaṁ samarpayāmi
(Pour a spoonful of abhimantrita water in the tīrtha-pātra)

हस्तप्रक्षालनं समर्पयामि Hastaprakshālanaṁ samarpayāmi
(Pour a spoonful of abhimantrita water in the tīrtha-pātra)

करोद्वर्तनार्थे चन्दनं समर्पयामि। Karodvartanārthe chandanaṁ samarpayāmi

Apply gandha to both anāmikā-s. Cross both wrists with wrists facing upwards (right over left) and flick the gandha over the Vigraha with the thumbs in a single movement.

18) ताम्बूलम् – Tāmbūlam - Offering of betel leaf and areca nut.

Pour a spoonful of water on the betel leaf, the supārī (areca nut) after chanting:

नागवल्लीदलैः पूगैः नानाचूर्णैश्च संयुतम् ।
नागेन्द्रहार ताम्बूलं मुखामोदं च गृह्यताम् ॥
Nāgavallī-dalaiḥ pūgaiḥ nānā-chūrṇaishcha saṁyutam
Nāgendra-hāra tāmbūlaṁ mukhāmodaṁ cha gṛhyatām

ॐ श्री भवानीशङ्कराय नमः । मुखशुद्ध्यर्थं ताम्बूलं समर्पयामि ॥
Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Mukhashuddhyarthaṁ tāmbūlaṁ samarpayāmi

19) दक्षिणा – Dakshiṇā - Offering of money

Pour a spoonful of water on the dakshiṇā after chanting:

धनदाधिप देवेश दक्षिणाद्रव्यमुत्तमम् ।
यथाशक्ति मया दत्तं गृह्यतां वृषभध्वज ॥
Dhanadādhipa Devesha dakshiṇā-dravyam-uttamam
Yathā-shakti mayā dattaṁ gṛhyatāṁ Vṛshabha-dhvaja

ॐ श्री भवानीशङ्कराय नमः ।
साङ्गतासिद्ध्यर्थं हिरण्यगर्भदक्षिणां समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Sāṅgatāsiddhyartham hiraṇya-garbha-dakshiṇāṁ
samarpayāmi

20) नीराजनम् – Nirājanam - Waving of lights before the Vigraha

Light the ārati, both the oil wick and the camphor. Ring the bell with your left hand while doing the ārati. Move the ārati upwards, then downwards and then from left to right in a curve in front of the Vigraha. Repeat for as long as it takes to chant:

वन्दे देवमुमापतिं सुरगुरुं वन्दे जगत्कारणं
वन्दे पन्नगभूषणं मृगधरं वन्दे पशूनां पतिम् ।
वन्दे सूर्यशशाङ्कवह्निनयनं वन्दे मुकुन्दप्रियं
वन्दे भक्तजनाश्रयं च वरदं वन्दे शिवं शङ्करम् ॥१॥

Vande Devam-umā-patiṁ Suraguruṁ
vande Jagat-kāraṇaṁ
Vande Pannaga-bhūshaṇaṁ Mṛga-dharaṁ
vande pashūnāṁ Patim
Vande Sūrya-shashāṅka-vahni-nayanaṁ
vande Mukunda-priyaṁ
Vande Bhakta-janāshrayaṁ cha Varadaṁ
vande Shivaṁ Shaṅkaram-1

शान्तं पद्मासनस्थं शशधरमुकुटं पञ्चवक्त्रं त्रिनेत्रं
शूलं वज्रं च खड्गं परशुमभयदं दक्षिणाङ्गे वहन्तम् ।
नागं पाशं च घण्टां डमरुकसहितं साङ्कुशं वामभागे
नानालङ्कारदीप्तं स्फटिकमणिनिभं पार्वतीशं नमामि ॥२॥

Shāntaṁ Padmāsanasthaṁ Shasha-dhara-mukuṭaṁ
Pañcha-vaktraṁ Trinetraṁ
Shūlaṁ vajraṁ cha khaḍgaṁ parashum-abhayadaṁ
dakshiṇāṅge Vahantam
Nāgaṁ pāshaṁ cha ghaṇṭāṁ ḍamaruka-sahitaṁ
sāṅkushaṁ vāmabhāge
Nānālaṅkāra-dīptaṁ Sphaṭika-maṇi-nibhaṁ
Pārvatīshaṁ namāmi-2

कर्पूरगौरं करुणावतारं संसारसारं भुजगेन्द्रहारम् ।
सदा वसन्तं हृदयारविन्दे भवं भवानीसहितं नमामि ॥३॥

Karpūra-gauraṁ Karuṇāvatāraṁ Saṁsāra-sāraṁ
Bhujagendra-hāram
Sadā Vasantaṁ hṛdayāravinde Bhavaṁ
Bhavānī-sahitaṁ namāmi-3

त्वमेव माता च पिता त्वमेव त्वमेव बन्धुश्च सखा त्वमेव ।
त्वमेव विद्या द्रविणं त्वमेव त्वमेव सर्वं मम देव देव ॥४॥

Tvameva Mātā cha Pitā tvameva tvameva
Bandhushcha Sakhā tvameva
Tvameva Vidyā draviṇaṁ tvameva tvameva
Sarvaṁ mama Deva Deva-4

नीराजनं निर्मलदीप्तिमद्भिर्-दीपाङ्कुरैरुज्ज्वलमुच्छ्रितैश्च ।
घण्टानिनादेन समर्पयामि मृत्युञ्जयाय त्रिपुरान्तकाय ॥५॥

Nīrājanaṁ nirmala-dīptimadbhir-dīpāṅkurairujjvalam-
uchchritaishcha
Ghaṇṭā-ninādena samarpayāmi Mṛtyuñjayāya
Tripurāntakāya-5

After the ārati is over, place the bell back in its position. Offer the ārati to the bell (slight circular movement of hand). Then transferring the ārati to your left hand, hold the shaṅkha or a spoonful of water in the right hand and do the jalārati by raising and lowering it once before the Vigraha. Pour the water from the shaṅkha/spoon in the tīrtha pātra.

Say

ॐ श्री भवानीशङ्कराय नमः ।
नीराजनं दर्शयामि तदन्ते जलारार्तिकं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Nīrājanaṁ darshayāmi tadante jalārārtikaṁ samarpayāmi

Sweep the right hand from the ārati towards the Vigraha and say

देवाभिवन्दनम् । Devābhivandanam

Then sweep the hand from the ārati and towards yourself and say

आत्माभिवन्दनम् ॥ Ātmābhivandanam

Wash hand with water taken from your personal āchamana-pātra.

21) मन्त्रपुष्पाञ्जलिः – Mantrapushpāñjaliḥ - Offering of flowers

Place flowers upon the Vigraha with cupped hands after chanting:

हर विश्वाखिलाधार निराधार निराश्रय ।
पुष्पाञ्जलिं गृहाणेश सोमेश्वर नमोऽस्तु ते ॥

Hara Vishvākhilādhāra Nirādhāra Nirāshraya
Pushpāñjaliṁ gṛhāṇesha Someshvara namoSstu te

ॐ श्री भवानीशङ्कराय नमः । मन्त्रपुष्पाञ्जलिं समर्पयामि ॥
Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Mantrapushpāñjaliṁ samarpayāmi

22) प्रदक्षिणा – Pradakshiṇā - Circumambulation

Join hands in namaskāra-mudrā at chest level.

Turn wrists three times clockwise while chanting:

पदे पदे दुरितघ्नं मायाभ्रमणवारकम् ।
पुरारे तव प्रीत्यर्थं प्रदक्षिणशतं मम ॥
Pade pade Duritaghnaṁ Māyā-bhramaṇa-vārakam
Purāre tava prītyarthaṁ pradakshiṇa-shataṁ mama

ॐ श्री भवानीशङ्कराय नमः । प्रदक्षिणां समर्पयामि ॥
Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Pradakshiṇāṁ samarpayāmi

23) प्रार्थना – Prārthanā - Offering of a prayer

Sit with namaskāra-mudrā while chanting:

अन्यथा शरणं नास्ति त्वमेव शरणं मम ।
तस्मात् कारुण्यभावेन रक्ष मां परमेश्वर ॥
Anyathā sharaṇaṁ nāsti tvam-eva sharaṇaṁ mama
Tasmāt kāruṇya-bhāvena rakṣha māṁ Parameshvara

ॐ श्री भवानीशङ्कराय नमः । प्रार्थनां समर्पयामि ॥
Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Prārthanāṁ samarpayāmi

24) नमस्कारः – Namaskāraḥ - Offering of salutations

Sit in namaskāra-mudrā while chanting:

मृत्युञ्जयाय रुद्राय नीलकण्ठाय शम्भवे ।
अमृतेशाय शर्वाय महादेवाय ते नमः ॥

Mṛtyuñjayāya Rudrāya Nīlakaṇṭhāya Shambhave
Amṛteshāya Sharvāya Mahādevāya te namaḥ

ॐ श्री भवानीशङ्कराय नमः । नमस्करोमि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ Namaskaromi

25) विशेषार्घ्यम् – Visheṣhārghyam - Offering of special fragrance laden water to wash the Lord's hands

Take a spoonful of water, put gandha-akṣhata-puṣhpa in it. Hold the spoon in front of the Vigraha. After reciting the shloka, pour the water into the tīrthapātra.

वरद त्वं वरं देहि वाञ्छितं वाञ्छितार्थद ।
अनेन सफलार्घ्येन फलदोऽस्तु सदा मम ॥

Varada tvaṁ varaṁ dehi vāñchchitaṁ Vāñchchitārthada
Anena saphalārghyena phaladoऽstu sadā mama

ॐ श्री भवानीशङ्कराय नमः । विशेषार्घ्यं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Visheshārghyaṁ samarpayāmi

26) प्रार्थनापूर्वकं क्षमापनम् – Prārthanāpūrvakaṁ kshamāpanam- Prayer for forgiveness

Sit with namaskāra-mudrā while chanting:

आवाहनं न जानामि न जानामि विसर्जनम् ।
पूजां चैव न जानामि क्षमस्व परमेश्वर ॥१॥

Āvāhanaṁ na jānāmi na jānāmi visarjanam
Pūjāṁ chaiva na jānāmi kshamasva Parameshvara-1

क्षमस्व देवदेवेश क्षमस्व भुवनेश्वर ।
तव पादाम्बुजे नित्यं निश्चला भक्तिरस्तु मे ॥२॥

Kshamasva Deva-devesha kshamasva Bhuvaneshvara
Tava pādāmbuje nityaṁ nishchalā bhaktirastu me-2

ॐ श्री भवानीशङ्कराय नमः । प्रार्थनापूर्वकं क्षमापनं समर्पयामि ॥

Oṁ Shrī Bhavānīshaṅkarāya namaḥ
Prārthanāpūrvakaṁ kshamāpanaṁ samarpayāmi

27) समर्पणम् – Samarpaṇam - Offering of the entire worship to the Lord

Hold a spoonful of water in your left hand.

Hold a tulasī-dala in your right hand under the spoon, in front of the Vigraha.

Chant the samarpaṇa-shloka-s and then pour the spoonful of water over the tulasī-dala and into the tīrtha-pātra. Offer the tulasī-dala to the Vigraha.

सर्वं सदाशिव सहस्व ममापराधं
मग्नं समुद्धर महत्यमुमापदब्धौ ।
सर्वात्मना तव पदाम्बुजमेव दीनः
स्वामिन् अनन्यशरणः शरणं गतोऽस्मि ॥
स्वामिन् अनन्यशरणः शरणं गतोऽस्मि ॥१॥
Sarvaṁ Sadāshiva sahasva mamāparādhaṁ
magnaṁ samuddhara mahatyamumāpadabdhau
Sarvātmanā tava padāmbujameva dīnaḥ
svāmin ananyasharaṇaḥ sharaṇaṁ gatoSsmi
Svāmin ananyasharaṇaḥ sharaṇaṁ gatoSsmi-1

गतं पापं गतं दुःखं गतं दारिद्र्यमेव च ।
आगता सुखसम्पत्तिः पुण्याश्च तव दर्शनात् ॥२॥
Gataṁ pāpaṁ gataṁ duḥkhaṁ gataṁ dāridryameva cha
Āgatā sukhasampattiḥ puṇyāscha tava darshanāt-2

देवो दाता च भोक्ता च देवरूपमिदं जगत् ।
देवो जयति सर्वत्र यो देवः सोऽहमेव हि ॥३॥

Devo Dātā cha Bhoktā cha Devarūpam-idaṁ jagat
Devo jayati sarvatra yo Devaḥ soShameva hi-3

अनेन कृतपूजाकर्मणा श्री भवानीशङ्करो महारुद्रः प्रीयन्ताम् ॥
ॐ तत् सत् ब्रह्मार्पणमस्तु ॥ ४ ॥

Anena kṛtapūjākarmaṇā Shrī Bhavānīshaṅkaro
Mahārudraḥ prīyantām
Oṁ tat sat Brahmārpaṇamastu-4

Touch the Pādukā-s/Vigraha with the anāmikā and madhyamā of your right hand when chanting the next shloka, and when saying the last quarter-सर्वे तिष्ठन्ति मे हृदि, Sarve tishthanti me hṛdi- place those fingers upon your heart.

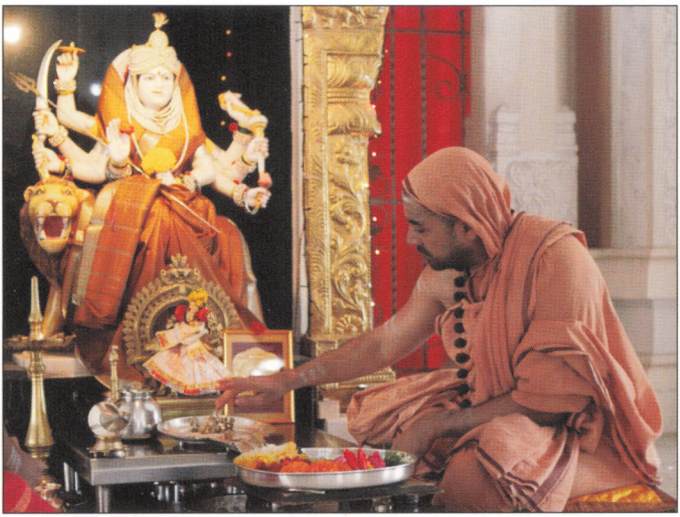
तिष्ठ तिष्ठ परस्थाने स्वस्थाने परमेश्वर ।
यत्र ब्रह्मादयो देवाः सर्वे तिष्ठन्ति मे हृदि ॥५॥

Tishtha tishtha parasthāne swasthāne Parameshvara
Yatra Brahmādayo Devāḥ sarve tishthanti me hṛdi-5

Perform japa of your Ishṭa-mantra for three minutes. Then chant either of the following two shloka-s depending upon whether your Ishṭa is the Devī or the Lord.

(देवीश्लोकः) - गुह्यातिगुह्यगोप्त्री त्वं गृहाणास्मत्कृतं जपम् ।
सिद्धिर्भवतु मे देवि त्वत्प्रसादान्महेश्वरि ॥६॥

(Devīshlokaḥ)-
Guhyātiguhya-goptrī tvaṁ gṛhāṇāsmatkṛtaṁ japam
Siddhirbhavatu me Devi tvatprasādān Maheshvari-6



Parama Pūjya Swāmījī performing
Shrī Devī-Pūjanam

(देवश्लोकः) - गुह्यातिगुह्यगोप्ता त्वं गृहाणास्मत्कृतं जपम् ।
सिद्धिर्भवतु मे देव त्वत्प्रसादान्महेश्वर ॥६॥

(Devashlokaḥ)-
Guhyātiguhya-gōptā tvaṁ gṛhāṇāsmatkṛtaṁ japam
Siddhirbhavatu me Deva tvatprasādān Maheshvara-6

Say

ॐ नमः पार्वतीपतये हर हर महादेव॥७॥

Oṁ namaḥ Pārvatīpataye Hara Hara Mahādeva-7

॥ श्रीदेवीपूजनम् ॥

Shrī Devi-Pūjanam

1) ध्यानम् – Dhyānam - Meditation

Join hands together in the namaskāra mudrā while chanting the mantra-s. Place a flower upon the Vigraha, the Deity, after chanting:

विद्युद्दाम-समप्रभां मृगपति-स्कन्ध-स्थितां भीषणां
कन्याभिः करवाल-खेट-विलसद्धस्ताभिरासेवितां ।
हस्तैश्चक्र-गदासिखेटविशिखांश्चापं गुणं तर्जनीं
बिभ्राणाम्-अनलात्मिकां शशिधरां दुर्गां त्रिनेत्रां भजे ॥ १ ॥

Vidyuddāma-sama-prabhāṁ Mṛgapati-
skandha-sthitāṁ Bhīshaṇāṁ
kanyābhiḥ Karavāla-kheṭavilasaddhastābhirāsevitām
Hastaishchakra-gadā-sikheṭavishikhāṁ-
shchāpaṁ Guṇaṁ Tarjanīṁ
Bibhrāṇāmanalātmikāṁ Shashidharāṁ
Durgāṁ Trinetrāṁ bhaje-1

सिन्दूरारुण-विग्रहां त्रिनयनां माणिक्य-मौलिस्फुरत्-
तारानायक-शेखरां स्मितमुखीम्-आपीन-वक्षोरुहाम् ।
पाणिभ्याम्-अलि-पूर्ण-रत्न-चषकं रक्तोत्पलं बिभ्रतीं
सौम्यां रत्न-घटस्थ-रक्त-चरणां ध्यायेत् पराम्-अम्बिकाम्॥ २ ॥

Sindūrāruṇa-vigrahāṁ Trinayanāṁ Māṇikya-maulisphurat-
tārānāyaka-shekharāṁ Smitamukhīm-āpīna-vakshoruhām
Pāṇibhyām-alipūrṇa-ratna-chashakaṁ
raktotpalaṁ bibhratīṁ
Saumyāṁ Ratna-ghaṭastha-rakta-charaṇāṁ
dhyāyet Parām-ambikām-2

सकुङ्कुम-विलेपनाम्-अलिक-चुम्बि-कस्तूरिकां
समन्द-हसितेक्षणां सशर-चाप-पाशाङ्कुशाम् ।
अशेष-जन-मोहिनीम्-अरुणमाल्यभूषाम्बरां
जपाकुसुम-भासुरां जपविधौ स्मरेद्-अम्बिकाम् ॥ ३ ॥

Sakuṅkuma-vilepanām-alikachumbi-kastūrikāṁ
Samanda-hasitekshaṇāṁ Sa-shara-chāpa-pāshāṅkushām
Asheśha-jana-mohinīm-aruṇamālyabhūshāmbarāṁ
Japākusuma-bhāsurāñ japavidhau smared-ambikām-3

ॐ श्रीमात्रे नमः । ध्यानं समर्पयामि ॥
Oṁ Shrī Mātre namaḥ. Dhyānaṁ samarpayāmi

2) आवाहनम् – Āvāhanam - Invocation

Join hands together in the namaskāra mudrā while chanting the mantra. Offer some akshatāḥ to the Vigraha after chanting:

महापद्मवनान्तस्थे कारणानन्दविग्रहे ।
सर्वभूतहिते मातरेह्येहि परमेश्वरि ॥

Mahā-padma-vanāntasthe Kāraṇānanda-vigrahe
Sarva-bhūta-hite Mātarehyehi Parameshvari

ॐ श्रीमात्रे नमः । आवाहनं समर्पयामि ॥
Oṁ Shrī Mātre namaḥ Āvāhanaṁ samarpayāmi

3) आसनम् – Āsanam - Offering the Goddess a Seat

Place a flower upon the Vigraha after chanting:

सदाशिवाङ्क-संस्थाने सर्वाधारे महेश्वरि ।
सर्वतत्त्वमयं दिव्यमासनं प्रतिगृह्यताम् ॥

Sadāshivāṅka-saṁsthāne Sarvādhāre Maheshvari
Sarva-tattva-mayaṁ divyam-āsanaṁ pratigṛhyatām

ॐ श्रीमात्रे नमः । आसनार्थे पुष्पं समर्पयामि ॥

Oṁ Shrī Mātre namaḥ Āsanārthe pushpaṁ samarpayāmi

4) पाद्यम् – Pādyam - Offering of water to wash the Goddess' feet

Offer two spoons of abhimantrita water from the āchamanam-pātra to the Vigraha after chanting:

पाद्यमाद्यन्तशून्यायै वेद्यायै वेदवादिभिः ।
तुभ्यं दास्यामि पद्माक्षि सुगन्धिं निर्मलं जलम् ॥

Pādyam-ādyanta-shūnyāyai Vedyāyai vedavādibhiḥ
Tubhyaṁ dāsyāmi Padmākshi sugandhiṁ nirmalaṁ jalam

ॐ श्रीमात्रे नमः । पादयोः पाद्यं समर्पयामि ॥
Oṁ Shrī Mātre namaḥ Pādayoḥ pādyaṁ samarpayāmi.

5) अर्घ्यम् – Arghyam - Offering of water to wash the Goddess' hands

In a spoonful of abhimantrita water put gandha-akshata - pushpa. Offer it to the Vigraha after chanting:

अघहीने गृहाणेदम्–अर्घ्यम्–अष्टाङ्ग–संयुतम् ।
अम्बाखिलानां जगताम्–अम्बुजासन–वन्दिते ॥

Aghahīne gṛhāṇedam-arghyam-ashṭāṅga-saṁyutam
Ambākhilānāṁ jagatām-ambujāsana-vandite

ॐ श्रीमात्रे नमः । हस्तयोरर्घ्यं समर्पयामि ॥

Oṁ Shrī Mātre namaḥ Hastayor-arghyaṁ samarpayāmi

6) आचमनम् –Āchamanam - Offering of water

Pour three spoons of abhimantrita water upon the Vigraha and pour the fourth spoon into the tīrtha-pātra after chanting:

गङ्गातोयं समानीतं सुवर्णकलशे स्थितम् ।
आचम्यतां महाभागे भवानि भवभामिनि ॥

Gaṅgā-toyaṁ samānītaṁ suvarṇa-kalashe sthitam
Āchamyatāṁ Mahābhāge Bhavāni Bhavabhāmini

ॐ श्रीमात्रे नमः । आचमनीयं जलं समर्पयामि ॥

Oṁ Shrī Mātre namaḥ Āchamanīyaṁ jalaṁ samarpayāmi

7) स्नानम् – Snānam - Offering of water for the Goddess' bath

Before the bath - the abhi<u>sh</u>eka - remove all flowers that have been offered to the Vigraha and place them in the tīrtha-pātra. Wash your right hand with water from your āchamana-pātra. While chanting the mantra, pour the water gently from the Snāna-pātra, which has the abhimantrita water, upon the Vigraha.

साध्वीनामग्रतोगण्ये साधुसङ्घसमादृते ।
सर्वतीर्थमयं तोयं स्नानार्थं प्रतिगृह्यताम् ॥

Sādhvīnām-agratoganye sādhu-saṇgha-samādṛte
Sarvatīrtha-mayaṁ toyaṁ snānārtham pratigṛhyatām

Note: After the snāna while Pūjya Swāmījī puts the ābhū<u>sh</u>aṇam on the Devī, the Shrī Rāja-rājeshwarya<u>sh</u>ṭakam is sung. This is in Appendix 5 of this volume on page no. 168

ॐ श्रीमात्रे नमः । स्नानीयं जलं समर्पयामि ॥

Oṁ Shrī Mātre namaḥ
Snānīyaṁ jalaṁ samarpayāmi

Pour a spoonful of water in tīrtha-pātra while saying

स्नानान्ते आचमनीयं समर्पयामि ।

Snānānte āchamanīyaṁ samarpayāmi

Do prokshaṇa on yourself with the abhisheka-water from the somasūtra. Wash your right hand with water from your āchamana-pātra. Wipe the Vigraha dry. Keeping the somasūtra aside, place the decorated plate on the stool and keep the Vigraha in it. Apply gandha on the Vigraha.

8) वस्त्रम् –Vastram - Offering of clothes

Offer akshatāḥ to the Vigraha after chanting:

दुकूलद्वितयं दिव्यं कञ्चुकं च मनोहरम् ।
देवदेवि गृहाणेदं दिगम्बरशिवप्रिये ॥

Dukūladvitayaṁ divyaṁ kañchukaṁ cha manoharam
Devadevi gṛhāṇedaṁ Digambara-shiva-priye

ॐ श्रीमात्रे नमः । वस्त्रोपवस्त्रं समर्पयामि ॥

Oṁ Shrī Mātre namaḥ
Vastropavastraṁ samarpayāmi

Pour a spoonful of water in the tīrtha-pātra while saying

तदन्ते आचमनीयं समर्पयामि ।

Tadante āchamanīyaṁ samarpayāmi

9) यज्ञोपवीतम् – Yajñopavitam - Offering of the sacred thread

Offer akshatāḥ to the Vigraha after chanting:

उपवीतं गृहाणेदम् उपमाशून्यवैभवे ।
उमाहैमवति प्रीत्या हेमसूत्रसमन्वितम् ॥

Upavītaṁ gṛhāṇedaṁ Upamā-shūnya-vaibhave
Umāhaimavati prītyā hemasūtra-samanvitam

ॐ श्रीमात्रे नमः । यज्ञोपवीतं समर्पयामि ॥

Oṁ Shrī Mātre namaḥ
Yajñopavītaṁ samarpayāmi

Pour a spoonful of water in the tīrtha-pātra while saying

तदन्ते आचमनीयं समर्पयामि ।

Tadante āchamanīyaṁ samarpayāmi

10) आभूषणम् – Ābhūshaṇam - Offering of jewellery

Offer akshatāḥ to the Vigraha after chanting:

माङ्गल्यमणिसंयुक्त-मुक्ताफलसमन्वितम् ।
दत्तं मङ्गलसूत्रं ते गृहाणाम्ब शुभं कुरु ॥

Māṅgalyamaṇisaṁyukta-muktāphalasamanvitam
Dattaṁ maṅgalasūtraṁ te gṛhāṇāmba shubhaṁ kuru

ॐ श्रीमात्रे नमः । नानालङ्काराणि समर्पयामि ॥

Oṁ Shrī Mātre namaḥ Nānālaṅkārāṇi samarpayāmi

11) गन्धः – Gandhaḥ - Offering of sandalwood paste

Offer a small ball of gandha after chanting:

कर्पूरागरुसंयुक्तं कपालिप्राणनायिके ।
कस्तूरीतिलकं गन्धं सर्वाङ्गे प्रतिगृह्यताम् ॥

Karpūrāgarusaṁyuktaṁ Kapāliprāṇanāyike
Kastūrītilakaṁ gandhaṁ sarvāṅge pratigṛhyatām

ॐ श्रीमात्रे नमः । गन्धं समर्पयामि ॥

Oṁ Shrī Mātre namaḥ Gandhaṁ samarpayāmi

12) अक्षताः – Akshatāḥ - Offering unbroken grains of raw rice

Offer akshatāḥ to the Vigraha after chanting:

अक्षतान् धवलान् देवि शालीयांस्तण्डुलान् शुभान् ।
हरिद्राकुङ्कुमोपेतान् गृहाणाम्ब कृपानिधे ॥

Akshatān dhavalān Devi shālīyāṁstaṇḍulān shubhān
Haridrākuṅkumopetān gṛhāṇāmba Kṛpānidhe

ॐ श्रीमात्रे नमः । अक्षतान् समर्पयामि ॥

Oṁ Shrī Mātre namaḥ Akshatān samarpayāmi

13) पुष्पम् – Pushpam - Offering of flowers

Offer flowers after chanting :

पद्मशङ्खजपापुष्पैः पारिजातैश्च चम्पकैः ।
पूजयामि प्रसीद त्वं पद्माक्षि भुवनेश्वरि ॥

Padma-shaṅkha-japā-pushpaiḥ pārijātaishcha champakaiḥ
Pūjayāmi prasīda tvaṁ Padmākshi Bhuvaneshwari

ॐ श्रीमात्रे नमः । पुष्पं समर्पयामि ॥
Oṁ Shrī Mātre namaḥ Pushpaṁ samarpayāmi

14) सौभाग्यद्रव्यम् – Saubhāgyadravyam- Offering of auspicious materials

Offer Haldī-kuṅkuma with anāmikā and madhyamā and thumb of the right hand after chanting:

कज्जलं चैव सिन्दूरं हरिद्राकुङ्कुमानि च ।
भक्त्यार्पितानि श्रीमातः सौभाग्यानि च स्वीकुरु ॥
Kajjalaṁ chaiva sindūraṁ haridrākuṅkumāni cha
Bhaktyārpitāni Shrīmātaḥ saubhāgyāni cha svīkuru

ॐ श्रीमात्रे नमः । सौभाग्यद्रव्याणि समर्पयामि ॥
Oṁ Shrī Mātre namaḥ Saubhāgyadravyāṇi samarpayāmi

श्रीदुर्गा – अष्टोत्तरशत – नामावलिः

Shrī Durgāshṭottara-shatanāmāvaliḥ

108 names of the Goddess Durgā

Say

श्रीदुर्गा-अष्टोत्तर-शतनामावल्या सहित कुङ्कुमार्चने विनियोगः

Shrī Durgā-ashṭottara-shatanāmāvalyā-sahita kuṅkumārchane viniyogaḥ

Place upon the Vigraha with each name, some kuṅkuma held with the anāmikā, the middle finger and the thumb.

ॐ माहेश्वर्यै नमः ।	Oṁ Māheshvaryai namaḥ
ॐ महादेव्यै नमः ।	Oṁ Mahādevyai namaḥ
ॐ जयन्त्यै नमः ।	Oṁ Jayantyai namaḥ
ॐ सर्वमङ्गलायै नमः ।	Oṁ Sarva-maṅgalāyai namaḥ
ॐ लज्जायै नमः ।	Oṁ Lajjāyai namaḥ
ॐ भगवत्यै नमः ।	Oṁ Bhagavatyai namaḥ
ॐ वन्द्यायै नमः ।	Oṁ Vandyāyai namaḥ
ॐ भवान्यै नमः ।	Oṁ Bhavānyai namaḥ
ॐ पापनाशिन्यै नमः ।	Oṁ Pāpa-nāshinyai namaḥ
ॐ चण्डिकायै नमः । १०	Oṁ Chaṇḍikāyai namaḥ 10
ॐ कालरात्र्यै नमः ।	Oṁ Kāla-rātryai namaḥ
ॐ भद्रकाल्यै नमः ।	Oṁ Bhadra-kālyai namaḥ
ॐ अपराजितायै नमः ।	Oṁ Aparājitāyai namaḥ
ॐ महाविद्यायै नमः ।	Oṁ Mahā-vidyāyai namaḥ
ॐ महामेधायै नमः ।	Oṁ Mahā-medhāyai namaḥ
ॐ महामायायै नमः ।	Oṁ Mahā-māyāyai namaḥ
ॐ महाबलायै नमः ।	Oṁ Mahā-balāyai namaḥ
ॐ कात्यायन्यै नमः ।	Oṁ Kātyāyanyai namaḥ
ॐ जयायै नमः ।	Oṁ Jayāyai namaḥ
ॐ दुर्गायै नमः । २०	Oṁ Durgāyai namaḥ 20
ॐ मन्दारवनवासिन्यै नमः ।	Oṁ Mandāra-vana-vāsinyai namaḥ
ॐ आर्यायै नमः ।	Oṁ Āryāyai namaḥ
ॐ गिरिसुतायै नमः ।	Oṁ Girisutāyai namaḥ

ॐ धात्र्यै नमः ।	Oṁ Dhātrai namaḥ
ॐ महिषासुरघातिन्यै नमः ।	Oṁ Mahiṣhāsura-ghātinyai namaḥ
ॐ सिद्धिदायै नमः ।	Oṁ Siddhidāyai namaḥ
ॐ बुद्धिदायै नमः ।	Oṁ Buddhidāyai namaḥ
ॐ नित्यायै नमः ।	Oṁ Nityāyai namaḥ
ॐ वरदायै नमः ।	Oṁ Varadāyai namaḥ
ॐ वरवर्णिन्यै नमः । ३०	Oṁ Varavarṇinyai namaḥ
ॐ अम्बिकायै नमः ।	Oṁ Ambikāyai namaḥ
ॐ सुखदायै नमः ।	Oṁ Sukhadāyai namaḥ
ॐ सौम्यायै नमः ।	Oṁ Saumyāyai namaḥ
ॐ जगन्मात्रे नमः ।	Oṁ Jaganmātre namaḥ
ॐ शिवप्रियायै नमः ।	Oṁ Shiva-priyāyai namaḥ
ॐ भक्तसन्ताप-संहर्त्र्यै नमः ।	Oṁ Bhakta-santāpa-saṁhartryai namaḥ
ॐ सर्वकामप्रपूरिण्यै नमः ।	Oṁ Sarva-kāma-prapūriṇyai namaḥ
ॐ जगत्कर्त्र्यै नमः ।	Oṁ Jagat-kartryai namaḥ
ॐ जगद्धात्र्यै नमः ।	Oṁ Jagad-dhātryai namaḥ
ॐ जगत्पालनतत्परायै नमः। ४०	Oṁ Jagat-pālana-tatparāyai namaḥ
ॐ अव्यक्तायै नमः ।	Oṁ Avyaktāyai namaḥ
ॐ व्यक्तरूपायै नमः ।	Oṁ Vyakta-rūpāyai namaḥ
ॐ भीमायै नमः ।	Oṁ Bhīmāyai namaḥ

ॐ त्रिपुरसुन्दर्यै नमः । Oṁ Tripurasundaryai namaḥ

ॐ अपर्णायै नमः । Oṁ Aparṇāyai namaḥ

ॐ ललितायै नमः । Oṁ Lalitāyai namaḥ

ॐ वेद्यायै नमः । Oṁ Vedyāyai namaḥ

ॐ पूर्णचन्द्र-
निभाननायै नमः । Oṁ Pūrṇa-chandra-
nibhānanāyai namaḥ

ॐ चामुण्डायै नमः । Oṁ Chāmuṇḍāyai namaḥ

ॐ चतुरायै नमः । ५० Oṁ Chaturāyai namaḥ 50

ॐ चन्द्रायै नमः । Oṁ Chandrāyai namaḥ

ॐ गुणत्रयविभाविन्यै नमः । Oṁ Guṇa-traya-
vibhāvinyai namaḥ

ॐ हेरम्बजनन्यै नमः । Oṁ Heramba-jananyai

ॐ काल्यै नमः । Oṁ Kālyai namaḥ

ॐ त्रिगुणायै नमः । Oṁ Triguṇāyai namaḥ

ॐ यशोधारिण्यै नमः । Oṁ Yashodhāriṇyai namaḥ

ॐ उमायै नमः । Oṁ Umāyai namaḥ

ॐ कलशहस्तायै नमः । Oṁ Kalasha-hastāyai namaḥ

ॐ दैत्यदर्प-
निषूदिन्यै नमः । Oṁ Daitya-darpa-
nishūdinyai namaḥ

ॐ बुद्ध्यै नमः । ६० Oṁ Buddhyai namaḥ 60

ॐ कान्त्यै नमः । Oṁ Kāntyai namaḥ

ॐ क्षमायै नमः । Oṁ Kshamāyai namaḥ

ॐ शान्त्यै नमः । Oṁ Shāntyai namaḥ

ॐ पुष्ट्यै नमः ।	Oṁ Pushṭyai namaḥ
ॐ तुष्ट्यै नमः ।	Oṁ Tushṭyai namaḥ
ॐ धृत्यै नमः ।	Oṁ Dhṛtyai namaḥ
ॐ मर्त्यै नमः ।	Oṁ Martyai namaḥ
ॐ वरायुधधरायै नमः ।	Oṁ Varāyudha-dharāyai namaḥ
ॐ धीरायै नमः ।	Oṁ Dhīrāyai namaḥ
ॐ गौर्यै नमः । ७०	Oṁ Gauryai namaḥ 70
ॐ शाकम्भर्यै नमः ।	Oṁ Shākambharyai namaḥ
ॐ शिवायै नमः ।	Oṁ Shivāyai namaḥ
ॐ अष्टसिद्धिप्रदायै नमः ।	Oṁ Ashṭa-siddhi-pradāyai namaḥ
ॐ वामायै नमः ।	Oṁ Vāmāyai namaḥ
ॐ शिववामाङ्गवासिन्यै नमः ।	Oṁ Shiva-vāmāṅga-vāsinyai namaḥ
ॐ धर्मदायै नमः ।	Oṁ Dharmadāyai namaḥ
ॐ धनदायै नमः ।	Oṁ Dhanadāyai namaḥ
ॐ श्रीदायै नमः ।	Oṁ Shrīdāyai namaḥ
ॐ कामदायै नमः ।	Oṁ Kāmadāyai namaḥ
ॐ मोक्षदायै नमः । ८०	Oṁ Mokshadāyai namaḥ 80
ॐ अपरायै नमः ।	Oṁ Aparāyai namaḥ
ॐ चित्स्वरूपायै नमः ।	Oṁ Chit-svarūpāyai namaḥ
ॐ चिदानन्दायै नमः ।	Oṁ Chidānandāyai namaḥ
ॐ जयश्रियै नमः ।	Oṁ Jayashriyai namaḥ

ॐ जयदायिन्यै नमः ।	Oṁ Jayadāyinyai namaḥ
ॐ सर्वमङ्गल- माङ्गल्यायै नमः ।	Oṁ Sarva-maṅgala- māṅgalyāyai namaḥ
ॐ जगत्त्रयहितैषिण्यै नमः ।	Oṁ Jagat-traya-hitaishiṇyai
ॐ शर्वाण्यै नमः ।	Oṁ Sharvāṇyai namaḥ
ॐ पार्वत्यै नमः ।	Oṁ Pārvatyai namaḥ
ॐ धन्यायै नमः । ९०	Oṁ Dhanyāyai namaḥ 90
ॐ स्कन्दमात्रे नमः ।	Oṁ Skanda-mātre namaḥ
ॐ अखिलेश्वर्यै नमः ।	Oṁ Akhileshvaryai namaḥ
ॐ प्रपन्नार्तिहरायै नमः ।	Oṁ Prapannārti-harāyai
ॐ देव्यै नमः ।	Oṁ Devyai namaḥ
ॐ सुभगायै नमः ।	Oṁ Subhagāyai namaḥ
ॐ कामरूपिण्यै नमः ।	Oṁ Kāmarūpiṇyai namaḥ
ॐ निराकारायै नमः ।	Oṁ Nirākārāyai namaḥ
ॐ साकारायै नमः ।	Oṁ Sākārāyai namaḥ
ॐ महाकाल्यै नमः ।	Oṁ Mahākālyai namaḥ
ॐ सुरेश्वर्यै नमः । १००	Oṁ Sureshvaryai namaḥ 100
ॐ श्रद्धायै नमः ।	Oṁ Shraddhāyai namaḥ
ॐ ध्रुवायै नमः ।	Oṁ Dhṛuvāyai namaḥ
ॐ कृत्यायै नमः ।	Oṁ Kṛtyāyai namaḥ
ॐ मृडान्यै नमः ।	Oṁ Mṛḍānyai namaḥ
ॐ भक्तवत्सलायै नमः ।	Oṁ Bhakta-vatsalāyai namaḥ

ॐ सर्वशक्तिसमायुक्तायै नमः ।	Oṁ Sarvashakti-samāyuktāyai namaḥ
ॐ शरण्यायै नमः ।	Oṁ Sharaṇyāyai namaḥ
ॐ सर्वकामदायै नमः । १०८	Oṁ Sarva-kāmadāyai namaḥ

After the archanā is done, shift some of the kuṅkuma off the Vigraha so that the Vigraha is visible (ensure that the Vigraha is not shifted in the process). Wash your hands with water from your personal āchamana-pātra.

15) धूपः – Dhūpaḥ - Offering of incense

Light the incense stick and extinguish the flame with a wave of your hand. Do not blow out the flame. Ring the bell with your left hand while waving the incense stick with your right hand before the Vigraha, in a slow curve from left to right and back again for as long as it takes to chant the mantra. The movements are horizontal and not vertical.

धूपं ददामि ते रम्यं गुग्गुलागरुमिश्रितम् ।
गृहाणेदं महादेवि भक्तानामिष्टदायिनि ॥

Dhūpaṁ dadāmi te ramyaṁ guggulāgaru-mishritam
Gṛhāṇedaṁ Mahādevi Bhaktānāmiṣhṭadāyini

ॐ श्रीमात्रे नमः । धूपम् आघ्रापयामि ॥

Oṁ Shrī Mātre namaḥ
Dhūpaṁ āghrāpayāmi

16) दीपः – Dipaḥ - Offering of the lamp

Light the ghee lamp and while ringing the bell with your left hand, wave the lamp in front of the Vigraha in the curve mentioned in the previous upachāra, while reciting the shloka. The movements are horizontal and not vertical.

आज्यवर्तियुतं दीपं नगेन्द्रकुलदीपिके ।
अम्ब पश्य मया दत्तम् अन्तर्ध्वान्तापहारिणि ॥

Ājyavartiyutaṁ dīpaṁ Nagendrakuladīpike
Amba pashya mayā dattaṁ Antardhvāntāpahariṇi

ॐ श्रीमात्रे नमः । दीपं दर्शयामि ॥

Oṁ Shrī Mātre namaḥ Dīpaṁ darshayāmi

Put the flame out immediately with a wave of the hand. Do not blow it out.

17) नैवेद्यम् – Naivedyam - Offering of food

Say हस्तौ प्रक्षाल्य नैवेद्यं पुरतः स्थाप्य गायत्र्या सम्प्रोक्ष्य तुलसीदलैः आच्छाद्य नैवेद्यम् ॥१॥

Hastau prakshālya, naivedyaṁ puratah sthāpya, gāyatryā samprokshya, tulasīdalaiḥ āchchādya, naivedyam-1

Wash your hands with water from your personal āchamana-pātra. With your right anāmikā, using gandha, draw a swastika on the floor in front of you to your right. Wash your hands once again.

Place the plate of food offerings, the naivedya-pātra, on the swastika. Take seven or eight tulasīdala-s in your right hand and wash them with a little abhimantrita water. Holding them in your right palm, along with a little abhimantrita water, make a dhenu-mudrā over the naivedya-pātra. (The right hand remains below with the palm facing upwards, the left hand is positioned unto the right to create the dhenu mudrā with the thumbs pointing to your right). Move your hands once in the clockwise position over the naivedyam while saying the Devi Gāyatrī mantra:

ॐ कात्यायनाय विद्महे कन्याकुमारि धीमहि तन्नो
दुर्गिः प्रचोदयात् ॥२॥
Oṁ Kātyāyanāya vidmahe Kanyākumāri dhīmahi tanno
Durgiḥ prachodayāt-2

Pour some abhimantrita water into your right palm which contains the tulasīdala-s. Close your right hand into a loose fist and sprinkle some of the water over the naivedyam allowing the water to slip in through your closed fingers.

Next, transfer the tulasīdala-s into your left hand. Place one tulasī-dala on the naivedyam.

Now, pick a tulasī-dala from your left hand with the anāmikā, the madhyamā and the thumb of the right hand. Move it gently over the naivedyam in a circular motion and say the mantra

ॐ प्राणाय स्वाहा
Oṁ prāṇāya svāhā

and then place the tulasī-dala on the Vigraha. Repeat the action with the following four mantra-s:

ॐ अपानाय स्वाहा
ॐ व्यानाय स्वाहा
ॐ उदानाय स्वाहा
ॐ समानाय स्वाहा

Oṁ apānāya svāhā
Oṁ vyānāya svāhā
Oṁ udānāya svāhā
Oṁ samānāya svāhā

Then sweep your right hand from the naivedyam towards the Vigraha in five gentle movements while saying the following

ॐ प्राण-अपान-व्यान-उदान-समानाः ॥३॥
Oṁ prāṇa-apāna-vyāna-udāna-samānāḥ-3

When saying **prāṇa,** touch the tips of the **little finger** and the **anāmikā** with the **thumb** and move the hand over the naivedyam and towards the Vigraha.

When saying **apāna,** touch the tips of the **anāmikā** and the **middle finger** with the **thumb** and move the hand over the naivedyam and towards the Vigraha.

When saying **vyāna,** touch the tips of the **middle finger** and the **index finger** with the **thumb** and move the hand over the naivedyam and towards the Vigraha.

When saying **udāna,** touch the tips of the **little finger** and the **index finger** with the **thumb** and move the hand over the naivedyam and towards the Vigraha.

And finally, when saying **samānāḥ,** bring the tips of **all fingers** as well as the tip of the **thumb** together and move the hand over the naivedyam and towards the Vigraha.

Say ॐ श्रीमात्रे नमः । आचमनीयं समर्पयामि ॥

Oṁ Shrī Mātre namaḥ
Āchamanīyaṁ samarpayāmi

Pour a spoonful of water in the tīrtha-pātra.

Say पूर्वापोषणं समर्पयामि ।

Pūrvāposhaṇaṁ samarpayāmi

Pour a few drops of water on the naivedyam.
Do namaskāra and recite the following mantra:

नानाविधानि भक्ष्याणि व्यञ्जनानि हरप्रिये ।
यथेष्टं भुङ्क्ष्व नैवेद्यं षड्रसं च चतुर्विधम् ॥४॥

Nānāvidhāni bhakshyāṇi vyañjanāni Harapriye
Yatheshṭam bhuṅkshva naivedyaṁ
shaḍrasaṁ cha chaturvidham-4

ॐ श्रीमात्रे नमः । नैवेद्यं निवेदयामि नानाऋतुफलानि च समर्पयामि ॥

Oṁ Shrī Mātre namaḥ
Naivedyaṁ nivedayāmi Nānā ṛtuphalāni cha samarpayāmi

Sit with your eyes closed for about half a minute.

Then ring the bell just once.

Say

आचमनीयं समर्पयामि Ācḥamanīyaṁ samarpayāmi

(Pour a spoonful of abhimantrita water in the tīrtha-pātra)

उत्तरापोषणं समर्पयामि Uttarāposhaṇaṁ samarpayāmi

(Pour a few drops of abhimantrita water on the naivedyam)

मुखप्रक्षालनं समर्पयामि Mukhaprakshālanaṁ samarpayāmi

(Pour a spoonful of abhimantrita water in the tīrtha-pātra)

हस्तप्रक्षालनं समर्पयामि Hastaprakshālanaṁ samarpayāmi

(Pour a spoonful of abhimantrita water in the tīrtha-pātra)

करोद्वर्तनार्थे चन्दनं समर्पयामि। Karodvartanārthe chandanaṁ samarpayāmi

Apply gandha to both anāmikā-s. Cross both wrists with wrists facing upwards (right over left) and flick the gandha over the Vigraha with the thumbs in a single movement.

18) ताम्बूलम् – Tāmbūlam - Offering of betel leaf and areca nut

Pour a spoonful of abhimantrita water on the betel leaf and the supārī (areca nut) after chanting:

ताम्बूलं-मुक्तिकाचूर्ण-कर्पूरादि-समन्वितम् ।
जिह्वा-जाड्योच्छेदकरं त्रिपुरे प्रतिगृह्यताम् ॥

Tāmbūlaṁ-muktikāchūrṇa-karpūrādi-samanvitam
Jivhā-jāḍyochchedakaraṁ Tripure pratigṛhyatām

ॐ श्रीमात्रे नमः । मुखशुद्ध्यर्थं ताम्बूलं समर्पयामि ॥

Oṁ Shrī Mātre namaḥ
Mukhashuddhyarthaṁ tāmbūlaṁ samarpayāmi

19) दक्षिणा - Dakshiṇā-
Offering of money to the Goddess

Pour a spoonful of water on the dakshiṇā after chanting:

पूजापूर्णत्वसिद्ध्यर्थं पूर्णे पूर्णफलप्रदे ।
हेमरत्नमयीं द्रव्य-दक्षिणां स्वीकुरुष्व मे ॥

Pūjā-pūrṇatva-siddhyarthaṁ Pūrṇe Pūrṇa-phala-prade
Hema-ratna-mayīṁ dravya-dakshiṇāṁ svīkurushva me

ॐ श्रीमात्रे नमः । हिरण्यगर्भदक्षिणां समर्पयामि ॥

Oṁ Shrī Mātre namaḥ hiraṇya-garbha-dakshiṇāṁ samarpayāmi

20) नीराजनम् - Nirājanam - Waving of lights

Light the ārati, both the oil wick and the camphor. Ring the bell with your left hand while doing the ārati. Move the ārati upwards, then downwards and then from left to right in a curve in front of the Vigraha. Repeat for as long as it takes to chant:

कर्पूरगौरं करुणावतारं संसारसारं भुजगेन्द्रहारम् ।
सदा वसन्तं हृदयारविन्दे भवं भवानीसहितं नमामि ॥१॥

Karpūra-gauraṁ Karuṇāvatāraṁ Saṁsāra-sāraṁ
Bhujagendra-hāram
Sadā Vasantaṁ hṛdayāravinde Bhavaṁ
Bhavānī-sahitaṁ namāmi-1

त्वमेव माता च पिता त्वमेव त्वमेव बन्धुश्च सखा त्वमेव ।
त्वमेव विद्या द्रविणं त्वमेव त्वमेव सर्वं मम देव देव ॥२॥

Tvameva mātā cha pitā tvameva tvameva
bandhushcha sakhā tvameva
Tvameva vidyā draviṇaṁ tvameva tvameva
sarvaṁ mama Deva Deva-2

माया कुण्डलिनी क्रिया मधुमती काली कलामालिनी
मातङ्गी विजया जया भगवती देवी शिवा शाम्भवी ।
शक्तिः शङ्करवल्लभा त्रिनयना वाग्वादिनी भैरवी
ह्रींकारी त्रिपुरा परात्परमयी माता कुमारीत्यसि ॥३॥

Māyā Kuṇḍalinī Kriyā Madhumatī Kālī Kalāmālinī
Mātaṅgī Vijayā Jayā Bhagavatī Devī Shivā Shāmbhavī
Shaktiḥ Shaṅkaravallabhā Trinayanā Vāgvādinī Bhairavī
Hrīṅkārī Tripurā Parātparamayī Mātā Kumārītyasi-3

अन्तस्तेजो बहिस्तेजः एकीकृत्यामितप्रभम् ।
त्रिधा देवि परिभ्राम्य नीराजनं निवेदये ॥४॥

Antastejo bahistejaḥ ekikṛtyāmitaprabham
Tridhā Devi paribhrāmya nīrājanaṁ nivedaye-4

समस्तचक्रचक्रेशी-युते देवि नवात्मिके ।
आरार्तिकं मया दत्तं गृहाणाशेषसिद्धये ॥५॥

Samasta-chakra-chakreshī-yute Devi Navātmike
Ārārtikaṁ mayā dattaṁ gṛhāṇāsheṣha-siddhaye-5

After the ārati is over, place the bell back in its position. Offer the ārati to the bell (slight circular movement of hand). Then transferring the ārati to your left hand, hold the shaṅkha or a spoonful of water in the right hand and do the jalārati by raising and lowering it once before the Vigraha. Pour the water from the shaṅkha/spoon in the tīrtha-pātra.

Say

ॐ श्री मात्रे नमः। नीराजनं दर्शयामि तदन्ते जलारार्तिकं समर्पयामि॥

Oṁ Shrī Mātre namaḥ
Nīrājanaṁ darshayāmi tadante jalārārtikaṁ samarpayāmi

Sweep the right hand from the ārati towards the Vigraha and say देवाभिवन्दनम्। Devābhivandanam

Then sweep the hand from the ārati and towards yourself and say आत्माभिवन्दनम् ॥ Ātmābhivandanam

Wash your hand with water taken from your personal āchamana-pātra.

21) मन्त्रपुष्पाञ्जलिः – Mantrapushpāñjaliḥ - Offering of flowers

Place flowers upon the Vigraha with cupped hands after chanting:

पुष्पाञ्जलिं गृहाणेमं परब्रह्मस्वरूपिणि ।
भक्त्या समर्पितं देवि प्रसन्ना भव सर्वदा ॥

Pushpāñjaliṁ gṛhāṇemaṁ Parabrahmasvarūpiṇi
Bhaktyā samarpitaṁ Devi prasannā bhava sarvadā

ॐ श्रीमात्रे नमः । मन्त्रपुष्पाञ्जलिं समर्पयामि ॥
Oṁ Shrī Mātre namaḥ
Mantrapushpāñjaliṁ samarpayāmi

22) प्रदक्षिणा – Pradakshiṇā - Circumambulation

Join hands in namaskāra-mudrā at chest level. Turn wrists 3 times clockwise while chanting:

सर्वमङ्गललाभाय सर्वपापनिवृत्तये ।
प्रदक्षिणां करोम्यम्ब प्रसीद परमेश्वरि ॥
Sarvamaṅgala-lābhāya sarva-pāpa-nivṛttaye
Pradakshiṇāṁ karomyamba prasīda Parameshvari

ॐ श्रीमात्रे नमः । प्रदक्षिणां समर्पयामि ॥
Oṁ Shrī Mātre namaḥ
Pradakshiṇāṁ samarpayāmi

23) प्रार्थना – Prārthanā - Offering of prayers

Sit with namaskāra-mudrā while chanting:

चरणकमलयुग्मं पङ्कजैः पूजयित्वा
कनककमलमालां कण्ठदेशेऽर्पयित्वा ।
शिरसि विनिहितोऽयं रक्तपुष्पाञ्जलिस्ते
हृदयकमलमध्ये देवि हर्षं तनोतु ।
हृदयकमलमध्ये देवि हर्षं तनोतु ॥

Charaṇa-kamala-yugmaṁ paṅkajaiḥ pūjayitvā
Kanaka-kamala-mālāṁ kaṇṭha-deshe'rpayitvā
Shirasi vinihito'yaṁ rakta-pushpāñjaliste
Hṛdaya-kamala-madhye Devi harshaṁ tanotu
Hṛdaya-kamala-madhye Devi harshaṁ tanotu

ॐ श्रीमात्रे नमः । प्रार्थनां समर्पयामि ॥
Oṁ Shrī Mātre namaḥ Prārthanāṁ samarpayāmi

24) नमस्कारः – Namaskāraḥ - Offering of salutations

Sit with joined hands in namaskāra-mudrā while chanting:

नमो देव्यै महादेव्यै शिवायै सततं नमः ।
नमः प्रकृत्यै भद्रायै नियताः प्रणताः स्म ताम् ॥

Namo Devyai Mahādevyai Shivāyai satataṁ namaḥ
Namaḥ Prakṛtyai Bhadrāyai niyatāḥ praṇatāḥ sma tām

ॐ श्रीमात्रे नमः । नमस्करोमि ॥

Oṁ Shrī Mātre namaḥ Namaskaromi

25) विशेषार्घ्यम् – Visheshārghyam - Offering of special fragrance-laden water to wash the Goddess' hands

Take a spoonful of water, put gandha-akshata-pushpa in it. Hold it in front of the Vigraha. Chant the shloka and then pour the water into the tīrtha-pātra.

कामेश्वरि जगन्मातः सच्चिदानन्दविग्रहे ।
गृहाणार्चामिमां प्रीत्या प्रसीद परमेश्वरि ॥

Kāmeshvari Jaganmātaḥ Sachchidānanda-vigrahe
Gṛhāṇārchāmimāṁ prītyā prasīda Parameshvari

ॐ श्रीमात्रे नमः । विशेषार्घ्यं समर्पयामि ॥

Oṁ Shrī Mātre namaḥ Visheshārghyaṁ samarpayāmi

26) प्रार्थनापूर्वकं क्षमापनम् – Prārthanāpūrvakaṁ kshamāpanam - Prayer for forgiveness

Sit with namaskāra-mudrā while chanting:

अपराधसहस्राणि क्रियन्तेऽहर्निशं मया ।
दासोऽयमिति मां मत्वा क्षमस्व परमेश्वरि ॥१॥

Aparādha-sahasrāṇi kriyanteSharnisham mayā
DāsoSyamiti māṁ matvā kshamasva Parameshvari-1

अपराधो भवत्येव सेवकस्य पदे पदे ।
कोऽपरः सहते लोके केवलं मातरं विना ॥२॥
Aparādho bhavatyeva sevakasya pade pade
Ko&parah sahate loke kevalaṁ Mātaraṁ vinā-2

ॐ श्रीमात्रे नमः । प्रार्थनापूर्वकं क्षमां याचे ।
Oṁ Shrī Mātre namaḥ Prārthanāpūrvakaṁ kshamāṁ yāche

27) समर्पणम् – Samarpaṇam - Offering of the entire worship.

Hold a spoonful of water in your left hand.

Hold a tulasī-dala in your right hand under the spoon, in front of the Vigraha.

Chant the samarpaṇa-shloka-s and then pour the spoonful of water over the tulasī-dala and into the tīrtha-pātra. Offer the tulasī-dala to the Vigraha.

जपो जल्पश्शिल्पं सकलमपि मुद्राविरचना
गतिः प्रादक्षिण्यक्रमणमशनाद्याहुतिविधिः ।
प्रणामस्संवेशस्सुखमखिलमात्मार्पणदृशा
सपर्यापर्यायस्तव भवतु यन्मे विलसितम् ।
सपर्यापर्यायस्तव भवतु यन्मे विलसितम् ॥१॥

Japo jalpashshilpaṁ sakalamapi mudrāvirachanā
gatiḥ prādakshiṇya-kramaṇamashanādyāhutividhiḥ
Praṇāmas-saṁveshas-sukham-akhilam-ātmārpaṇadṛshā
saparyāparyāyastava bhavatu yanme vilasitam
Saparyāparyāyastava bhavatu yanme vilasitam-1

अनेन कृतेन पूजाराधनाकर्मणा श्रीजगदम्बा परासंवित्
स्वरूपिणी प्रीयन्ताम् ।
ॐ तत् सत् ब्रह्मार्पणमस्तु जगदम्बार्पणमस्तु ॥२॥

Anena kṛtena pūjārādhanākarmaṇā Shrījagadambā
Parāsaṁvit Swarūpiṇī prīyantām
Oṁ tat sat Brahmārpaṇamastu Jagadambārpaṇamastu-2

Touch the Pādukā-s/Vigraha with the anāmikā and madhyamā of your right hand when chanting the next shloka, and when saying the last quarter-सर्वे तिष्ठन्ति मे हृदि, Sarve tishthanti me hṛdi- place those fingers upon your heart.

तिष्ठ तिष्ठ परस्थाने स्वस्थाने परमेश्वरि ।
यत्र ब्रह्मादयो देवाः सर्वे तिष्ठन्ति मे हृदि ॥३॥

Tishtha tishtha parasthāne swasthāne Parameshvari
Yatra Brahmādayo Devāḥ sarve tishthanti me hṛdi-3

Perform japa of your Ishṭa-mantra for three minutes. Then chant either of the following two shloka-s depending upon whether your Ishta is the Devī or the Lord.

(देवीश्लोकः) - गुह्यातिगुह्यगोप्त्री त्वं गृहाणास्मत्कृतं जपम् ।
सिद्धिर्भवतु मे देवि त्वत्प्रसादान्महेश्वरि ॥४॥

(Devīshlokaḥ)-
Guhyātiguhya-goptrī tvaṁ gṛhāṇāsmatkṛtaṁ japam
Siddhirbhavatu me Devi tvatprasādān Maheshvari-4

(देवश्लोकः) - गुह्यातिगुह्यगोप्ता त्वं गृहाणास्मत्कृतं जपम् ।
सिद्धिर्भवतु मे देव त्वत्प्रसादान्महेश्वर ॥४॥

(Devashlokaḥ)-
Guhyātiguhya-gōptā tvaṁ gṛhāṇāsmatkṛtaṁ japam
Siddhirbhavatu me Deva tvatprasādān Maheshvara-4

Say

ॐ नमः पार्वतीपतये हर हर महादेव॥५॥

Oṁ namaḥ Pārvatīpataye Hara Hara Mahādeva-5

Shrī Bhavānīshaṅkar

॥ शिवमानसपूजा ॥

Shivamānasapūjā

॥ शिवमानसपूजा ॥

Shivamānasapūjā

रत्नैः कल्पितमासनं हिमजलैः स्नानं च दिव्याम्बरं
नानारत्नविभूषितं मृगमदामोदाङ्कितं चन्दनम् ।
जातीचम्पकबिल्वपत्ररचितं पुष्पं च धूपं तथा
दीपं देव दयानिधे पशुपते हृत्कल्पितं गृह्यताम् ॥१॥

Ratnaiḥ kalpitamāsanaṁ himajalaiḥ
snānaṁ cha divyāmbaraṁ
Nānāratnavibhūshitaṁ mṛgamadāmodāṅkitaṁ chandanam
Jātīchampaka-bilvapatrarachitaṁ
pushpaṁ cha dhūpaṁ tathā
Dīpaṁ Deva Dayānidhe Pashupate hṛtkalpitaṁ gṛhyatām-1

सौवर्णे नवरत्नखण्डरचिते पात्रे घृतं पायसं
भक्ष्यं पञ्चविधं पयोदधियुतं रम्भाफलं पानकम् ।
शाकानामयुतं जलं रुचिकरं कर्पूरखण्डोज्ज्वलं
ताम्बूलं मनसा मया विरचितं भक्त्या प्रभो स्वीकुरु ॥२॥

Sauvarṇe nava-ratna-khaṇḍa-rachite pātre ghṛtaṁ pāyasaṁ
Bhakshyaṁ pañchavidhaṁ payo-dadhi-yutaṁ
rambhāphalaṁ pānakam
Shākānāmayutaṁ jalaṁ ruchikaraṁ karpūra-khaṇḍojjvalaṁ
Tāmbūlaṁ manasā mayā virachitaṁ
bhaktyā Prabho svīkuru-2

The Worship of Shiva from Within

1. O Lord, O Ocean of Compassion!
Of all beings You who Master be!
Please accept these, which in my heart
Have been visualized for You by me -
A throne bedecked with several gems;
A bath with glacial waters cold;
Divine cloth decorated well -
With different gems within its fold;
Sandalwood paste with the fragrant touch
Of the musk that from the deer does spring;
Jasmine, Champaka and Bilva-leaves,
All woven in this flower-string;
And incense and a lit lamp too -
Accept these visualized, in my heart, for You!

2. Its sections studded with nine kinds of gems -
In a vessel made of pure gold,
I place ghee, milk-pudding and five kinds of fare
Of milk and curd, in that vessel's hold,
A banana fruit and sweetened drink;
Vegetables of many a variety;
And as brilliant as a camphor piece -
Water flavoured most delicately;
Betel leaf too! All these by me
Have been created by my thought,
And it is with much devotion that
These to my mind have been brought -
O Powerful Lord! O Almighty!
Accept these visualized by me!

छत्रं चामरयोर्युगं व्यजनकं चादर्शकं निर्मलं
वीणाभेरिमृदङ्गकाहलकला गीतं च नृत्यं तथा ।
साष्टाङ्गं प्रणतिः स्तुतिर्बहुविधा ह्येतत्समस्तं मया
सङ्कल्पेन समर्पितं तव विभो पूजां गृहाण प्रभो ॥३॥

Chatraṁ chāmàrayoryugaṁ vyajanakaṁ
chādarshakaṁ nirmalaṁ
Vīṇābherimṛdaṅgakāhalakalā gītaṁ cha nṛtyaṁ tathā
Sāshṭāṅgaṁ praṇatiḥ stutirbahuvidhā hyetatsamastaṁ mayā
Saṅkalpena samarpitaṁ tava Vibho pūjāṁ gṛhāṇa Prabho 3

आत्मा त्वं गिरिजा मतिः सहचराः प्राणाः शरीरं गृहं
पूजा ते विषयोपभोगरचना निद्रा समाधिस्थितिः ।
सञ्चारः पदयोः प्रदक्षिणविधिः स्तोत्राणि सर्वा गिरो
यद्यत्कर्म करोमि तत्तदखिलं शम्भो तवाराधनम् ॥४॥

Ātmā tvaṁ Girijā matiḥ sahacharāḥ prāṇāḥ sharīraṁ gṛhaṁ
Pūjā te vishayopabhogarachanā nidrā samādhisthitiḥ
Sañchāraḥ padayoḥ pradakshiṇavidhiḥ stotrāṇi sarvā giro
Yadyatkarma karomi tattadakhilaṁ
Shambho tavārādhanam-4

3. An umbrella and two Yak-hair fans,
A clean mirror, utterly stain free!
From stringed instrument and from drum,
From mṛdaṅga and horn - sweet melody!
Song and dance and obeisance,
Where eight parts of body on ground fall
And several different songs of praise-
By me, has been offered this all-
By the power of my very thought,
All this as homage unto You,
As an offering of much reverence
Which from my mind does ensue-
O All-pervading, Supreme One,
Accept my worship of You done!

4. My soul is You and my intellect
Is the Mountain-born One - Pārvatī,
My life breaths are Your companions,
And my body - Your residence does be,
My capacity to enjoy sense-objects is
My adulation of You, my adoration!
And my sleep is the state of Samādhi-
Deep and wholesome meditation!
Circumambulations are the movements which
My feet perform whenever I walk,
And they are but Your songs of praise-
All words that I ever talk!
O Shambho, whatever act I do,
All is but worship of You!

करचरणकृतं वाक्कायजं कर्मजं वा
श्रवणनयनजं वा मानसं वापराधम् ।
विदितमविदितं वा सर्वमेतत्क्षमस्व
जय जय करुणाब्धे श्रीमहादेव शम्भो
जय जय करुणाब्धे श्रीमहादेव शम्भो ॥५॥

Kara-charaṇa-kṛtaṁ vāk-kāyajaṁ karmajaṁ vā
Shravaṇa-nayanajaṁ vā mānasaṁ vāparādham
Viditamaviditaṁ vā sarvametat-kshamasva
Jaya jaya Karuṇābdhe Shrīmahādeva Shambho
Jaya jaya Karuṇābdhe Shrīmahādeva Shambho-5

॥ इति श्रीमच्छङ्कराचार्यविरचितं शिवमानसपूजास्तोत्रं समाप्तम् ॥

Iti Shrīmachchaṅkarāchāryavirachitaṁ
Shivamānasapūjāstotraṁ samāptaṁ

5. Misdeeds performed by hands or feet,
Or those by speech or body done,
Or those arising from actions performed
Or ear, eye, mind-born transgression,
Whether done knowingly or not,
All these acts, please exonerate,
Hail to You, O Shambho,
O Ocean of Compassion, Lord most Great!
Hail to You, O Shambho,
O Ocean of Compassion, Lord most Great!

Thus concludes 'The Worship of Shiva from Within',
composed by Shrīmat Shaṅkarāchārya.

Appendix 1

Translation of Pŭjă-Pŭrvăṅga-Shloka-s.

3) स्वस्तिवाचनम् – Svastivăchanam

1. May Indra the One with mighty speed,
   Upon us may He prosperity confer!
   May the Sun grant us well-being,
   The Sun, the nourisher, the universe-knower!
   May Tărkshya-Arishṭanemi, the speedy horse,
   May He grant us immense success,
   And may Bṛhaspati, the teacher of the Gods,
   Grant us fortune and auspiciousness.

2. May the mind enjoy vigour from the offering
   May Bṛhaspati make this ritual safe and secure
   May he make this ritual well organised
   May all the Gods stay delighted here.
   Oṁ, (O Deity) may You be established well,
   (O Deity,) may You here firmly dwell!

3. This is the sacrifice known as Establishment (foundation). Wherever people perform the sacrifice with this, everything gets well established.

4) प्रार्थना – Prărthană

1. The handsome One, the one-tusked One,
   Dark, with ears as those to the elephant belong,
   Pot-bellied and most feared by all
   Obstacle destroyer, guiding us specially along,

2. Identified by grey, Leader of follower-groups,
Moon on forehead, of elephant face-
These twelve names, he who should read,
Or upon his ears their sound should place,

3. At learning's beginning, at nuptial time,
Or when entering or leaving too,
During battle, or when in difficulty,
Towards him no trouble does ever ensue.

4. For the quelling of all obstacles, one should
Meditate upon the Lord clad in white,
Of the colour of the moon, Four-armed and
His face with contentment made bright.

5. He who is worshipped by Gods and demons,
For fulfilling desires and for successes to be won,
To that Destroyer of obstacles and sole Leader of
The follower-teams, our salutation!

6. O You, of curved trunk, of a body large,
Of million-sun-radiance, shining brightly
O Lord, for ever, all my works, and at all times,
I beseech that they are obstacle free!

7. O Giver of Auspiciousness, Auspiciousness personified!
O Refuge of all, O Three-eyed One!
O Purity incarnate, enabler of all four ends.
O Fair One, Nārāyaṇī, to You, my salutation!

8. Your pair of feet which I invoke,
O Lord of the Goddess of Prosperity,
That alone is union with auspiciousness,
That alone is the day which auspicious does be,
That alone is the power of the stars and moon,
Of knowledge supreme and of destiny!

9. Benefits are theirs! Victory is theirs!
Can defeat ever be theirs then,
In whose heart is the lotus-blue One
The Dark-complexioned, Agitator* of men?
**So called because He creates a restlessness in men with regard to the material world.*

10. Wherever is Krshna, the Lord of Yoga,
And wherever Pārtha, the bow-wielder be,
There is unfailing fortune, victory, prosperity and just policy,
Such is my conviction, firm and steady!

11. Having propitiated all these first,
Gaṇapati, Guru and the Trinity-
Brahma, Vishnu, Shiva- Saraswatī as well,
One should then begin an auspicious activity.

12. Salutations at the Lotus Feet of the Divine Guru,
To the Great Leader of the gaṇa-s, salutation!
Salutations to Umā and the Great Lord, Shiva,
To Lakshmī and Nārāyaṇa, salutation!
Salutations to the Word and the Golden-Seed,
To Shachī and Purandara, salutation!

Salutations to the dearest form of the Lord,
To the family-Deity, salutation!
Salutations to the village-Deity and
To the region-Deity, salutation!
Salutations to the Deity of the site and the house,
To the presiding Deities of this rite, salutation!
Salutations to all Gods, every divinity,
Salutations to all the great souls there be!

5) सङ्कल्पः – Saṅkalpaḥ

The period which is enumerated below, which has come into being by the Order of the Great Purusha, who is Bhagavān Vishṇu, today, in the second half of Shrī Bramhan, in the Kalpa by the name Shvetavaraha, in the Manvantara named Vaivasvata, within which this is the 28th Kaliyuga, within that-in the first leg, in the island called Jambūdvīpa, in which Bharatavarsha and Bharatakhaṇḍa are situated, within that in the region of Āryāvarta, is located the Daṇḍakāraṇya/ Parashurāma (as appropriate) kshetra, in .....place (name of city/town/village) in ..... Saṁvatsara(name of the year in the Hindu calendar), Uttara/Dakshiṇa ayane, in..... season, in ..... month, in bright/dark fortnight, on ..... tithi, and on .....day of the week, when all the planets are positioned in their appropriate places, I ..... (Name), born in ..... Gotra, perform this worship for propitiating Guru/Shiva/Devī with whatever understanding I possess of the method of performing the worship, with whatever capacity I possess and with whatever rituals that I can perform.

6) घण्टापूजनम् – Ghaṇṭā-pūjanam

To facilitate the arrival of all the Gods,
To ensure the demons' departure as well,
The bell must be rung and then one should
Perform the worship of the bell.

Oṁ Salutations to the Lord residing in the bell. I offer sandalwood paste, unbroken grains of raw rice and flowers to symbolize the carrying out of the various elements that constitute an act of worship.

7) वरुणध्यानम् – Varuṇa-dhyānam

Salutations to the One of the radiance of crystal,
Bearing a white wreath, the Auspicious One,
Noose in hand, a large fish for a seat,
To the Lord of the waters, many a salutation!

Oṁ I meditate on Varuṇa, invoke and worship Him.

8) कलशपूजनम् – Kalasha-pūjanam

1. For the Lord's worship, may all those come,
Which cause the destruction of any difficulty-
The oceans, the rivers, sacred-spot-waters,
And the water-givers that thunder resonantly!

2. At the water-jar's mouth is the God Vishṇu,
At its neck does the terrifying Rudra abide,
At its base is Brahmā and it must be recalled
That at its mid-section, the Mothers reside.

3. In its belly are all the oceans and
The Mother Earth with her seven islands, as well,
The Ṛg, Yajur, Sāma and Atharva Veda-s
With their subdivisions, in the water-jar dwell.

4. In this water-jar I invoke the Lord of the waters,
With all His limbs, with His family,
With all His weapons and all His powers,
I worship them all most reverently.

5. O Gaṅgā, Yamunā, Godāvarī, Saraswatī
O Narmadā, Sindhu, O Kāverī
Within the precincts of these waters,
May your divine presence be!

6. Salutations to Ṛgveda in the direction of the east,
Salutations to Yajurveda in the direction of the south
Salutations to Sāmaveda in the direction of the west,
Salutations to Atharvaṇaveda in the direction of the north.
Salutations to the Lord of the waters,
Varuṇa, within the kalasha.

9) कलशप्रार्थना – Kalasha-prārthanā

O, You who are of the waters invoked,
It is because of Your grace, that this worship I do!
Grace it with Your presence then, my Lord,
And may You be pleased for evermore too!

Be pleased.

Become the Giver of boons.

By this act of worship, may Varuṇa and the other Gods who are invoked be pleased- this is not just for my fulfillment alone.

10) शङ्खपूजनम् – Shaṅkha-pūjanam

Oṁ

Peace! Salutations to Pāñchajanya!

Salutations to the Deity of the conch. I offer sandalwood paste, unbroken grains of raw rice and flowers to symbolize the carrying out of the various elements that constitute an act of worship and pay my respects.

12) आत्मप्रोक्षणम् – Ātma-prokshaṇam

Oṁ

Whether one is impure or one is pure,
In whichever state he may abide,
He who remembers the Lotus-eyed One,
Is purified outside and inside.

13) आसनशुद्धिः – Āsana-shuddhiḥ

1. All mankind is held by you, O Earth!
   By Vishnu held, O You who gleam!
   And You must support me, O Radiant Goddess,
   Make my seat pure and clean!

2. Salutations to the Power that supports,
   To the Tortoise-seat, salutation!
   Salutations to the serpent seat and untainted seat,
   To the seat of the Self, salutation!

14) दिग्बन्धः – Digbandhaḥ

May all those beings begone from here,
Those that live upon the earth,
By Shiva's order may they all be destroyed,
Those that to obstacles give birth.

15) दीपकपूजनम् – Dipaka-pūjanam

The lamp, the light, is the Brahman Supreme,
The agitator of men, this illumination!
May the lamp drive away this darkness mine,
To You, Lamp of Consciousness, salutation!

16) भैरवनमस्कारः - Bhairava-namaskāraḥ

O Sharp-fanged, O Large-bodied One,
To the Fire of Dissolution do You similar be!
To You O Bhairava, salutations,
To give Your permission here, would be worthy!

Appendix 2

Translation of Shri Guru-Pūjana-Shloka-s

1) ध्यानम् – Dhyānam

1. In the centre of my two-petalled lotus -
As displaying the hand-gesture of Awareness,
Having assumed a body - Shiva's Himself
Upon spiritual seekers His Grace to bless
Radiant with the Veda-s and Vedānta,
The sun's very image - inspiring intuition,
Obliterating the dark and stilling anguish -
Upon such a Guru I reflect with adoration!

2. In the centre - the core of one's heart-lotus,
As seated on a throne - reigning as Image Divine!
Thus should one meditate upon one's Guru
Who, akin to the radiant full moon, does shine -
That Guru Who does upon one confer,
The truth that in Sat - existence - does be,
The knowledge that exists in the Shāstra-s as well
And the boons one desires intensely.

2) आवाहनम् – Āvāhanam

He who causes one to explore the nature of one's Self
Salutations to my Divine Guru!
He who causes one to ponder upon Pure Light-Shiva,
Salutations to my Guru's Guru too!
My salutations to His Guru as well -
In the Bliss of His Own Self immersed is He!
Bright with the radiance of Divine Splendour,
Not bound - from all caged limitations free!

3) आसनम् – Âsanam

For my Guru who is established in every Self,
A Witness to all and everything thus -
I visualize a seat at the crest of my head -
Within the thousand-petalled lotus.

4) पाद्यम् – Pâdyam

Water flowing at that pilgrimage spot -
Where surrendered souls find sanctuary,
Where every duty is renounced -
Therefore water of exceptional quality -
Is offered here, worthy of washing the Feet
Of He - dwelling in all and Himself Home
To all that do not move and to
Those that all around do roam.

5) अर्घ्यम् – Arghyam

'Devotion to One and not to another',
Adorned and studded with the quality
Of humility - a willingness to be led -
That when as water envisioned be,
That water qualifies as worthy then
To upon the Hands of the Master run -
Master of that incomparable State,
Where exists the Absolute Only One.

6) आचमनम् – Âchamanam

Deeds that manifest as thoughts of the mind,
As speech and as acts by my body too,
Those I envision as water most pure
And that water has been offered to You.
O One who pervades the entire universe,
O Sovereign of all Guru-s there be -
Having accepted the water, partake of it
As āchamanam - sips of water three!

7) स्नानम् – Snânam

This water that is with the Shāstra-s endowed,
Garnered from the river of conviction,
May this, as bath-waters, be accepted by You,
O You who are free from contamination!

8) वस्त्रम् – Vastram

You have cloaked Yourself in Illusion's screen,
And thus hidden Yourself, O Radiant One!
Please accept, O Guide who shows the way,
These two fabrics - my faith and devotion!

9) चन्दन–अक्षता: – Chandana-akshatāḥ

1. We propitiate Tryambaka, the Three-eyed-One,
The Lord Shiva Himself, so fragrant is He!
He enhances health, increases wealth,
From death's bonds, may He make us free-
Just as a ripe cucumber falls off its vine!
And may He not deny us immortality!

2. Richly endowed with the fragrance of Truth
That the Five Great Edicts state,
This sandalwood paste that is to be daubed,
Does every affliction eradicate.
May this paste be accepted by You,
O, You who amongst Guru-s is great!

10) पुष्पम् – Pushpam

Born in the forest of the Turīya-state,
Are these flowers into a garland strung,
Full of love - Your heart to attract -
And with stars and all upon it hung!
Accept these flowers in such array,
O Guru, You who lead the way!

11) बिल्वपत्रम् – Bilvapatram

Three-leaved and of tri-quality-form,
Three-eyed and of weapons three -
A single Bilva as homage to Shiva -
Destroys all sins amassed in lives three!

12) धूपम् – Dhūpam

Of five body-sheaths and ten organs-
Five each of perception and action,
This, my body, O Guru,
I, as incense, do envision.
Having burnt it with Wisdom's fire -
O Master, I now offer You
The fragrance that results therefrom,
And, like the incense, divine too.

13) दीपः – Dīpaḥ

I display the lamp of Wisdom now,
The container - my complete discernment,
Replete with the oil of dispassion and
With the wick of my devoted commitment.

14) नैवेद्यम् – Naivedyam

1. Having cleansed my hands and having placed this food before (the Deity), having sprinkled upon it water sanctified by the Gāyatrī, having concealed it with tulasī leaves - this then is the naivedyam.

2. We know You to be the Great Latent Energy
As the Supreme Swan we meditate upon You!
We call upon the Guru to inspire us,
To progress in our wisdom and meditation too!

3. With the mantra Svāhā may this food nourish
The airs that are considered to vital be -
Prāṇa, Apāna, Vyāna, Udāna,
And Samāna, each which sustains the body.

4. To the Guru established in Brahman Itself,
To Shiva Himself - the Auspicious One,
This food, a delicacy of a kind most great,
Is offered to Him as naivedyam.
This food cooked well in the heat which arises
In the deep meditative state of Samādhi,

From which it is grasped that the universe,
Does not from oneself separate be -
This understanding of the universe,
Which as food I now envision
Is offered to the Guru, Brahman Itself,
To Shiva Himself - the Auspicious One.

15) ताम्बूल–दक्षिणा –Tāmbūla-dakshiṇā

With the knowledge that soul and Brahman are One,
That Guru who is content completely,
To Him is offered this betel leaf,
In a manner most reverently.
This leaf symbolizes the Guru's ways -
Transacting with the world though knowing well -
That the soul and Absolute - Jīva and Brahman
Do, in Truth, as One dwell.

16) नीराजनम् – Nirājanam

1. I salute the One who is as camphor fair,
Compassion's very embodiment!
I salute the Essence of the universe,
Whose necklace is the king-serpent!
To the One who, in my heart-lotus,
Resides with Bhavānī eternally,
To the One who is Existence Himself,
I pray! To Him my homage be!

2. You alone are my mother, You alone my father,
You alone are my relative, my friend - You alone!
You alone are knowledge, wealth alone You are!
You alone are all! O my Lord, my Lord own!

3. This light of pure brilliance, with flames shooting high,
Along with the resonance of the bell, I offer completely-
To the One who overcomes death and to Him
Who amongst all Guru-s, the leader does be!

17) मन्त्रपुष्पाञ्जलिः – Mantrapushpāñjaliḥ

Season-fresh, newly bloomed flowers,
Of varied fragrances I bring -
Nestled softly in my cupped hands,
O Foremost Guru, accept my offering!

18) प्रदक्षिणा – Pradakshiṇā

In whose Vision of Awareness and around whom
Crores of universes, step after step, stride -
Around Him, this circumambulation,
Who, as Master of Gurus, does abide!

19) नमस्कार–प्रार्थना–स्तुतिः – Namaskāra-prārthanā-stutiḥ

1. He who pervades the entire world-sphere,
In the mobile and non-moving He resides too!
He who directs one to the Absolute-'That-state'
Salutations to that Divine Guru!

2. Blinded by the darkness that ignorance casts,
Whose eyes are opened by which Divine Guru -
With the fine stick of wisdom-collyrium,
Towards Him salutations do ensue!

3. The Guru is Brahmā, the Guru is Vishṇu,
The Guru is the Lord Maheshvara too,
The Guru alone is the Supreme Brahman,
Salutations to such a Shrī-Guru!

4. I bow down to Bhagavatpāda - to Shaṅkarāchārya,
For all worlds, as Auspiciousness, does He abide!
In that Compassionate Abode do the Veda-s and
Smṛti-s and Purāṇa-s too reside!

5. I salute Shaṅkarāchārya - Shiva incarnate
And Veda Vyāsa who Vishṇu Himself does be -
Those revered Creators of the Bhāshya-s and
Brahma-sūtra-s, I salute repeatedly.

6. As the separate forms of Lord, Guru and Self
He who appears as the Divided One.
To that Form which pervades all like space,
To Dakshiṇāmūrti, our salutation!

20) विशेषार्घ्यम् – Visheshārghyam

To the Bliss of Brahman conferring Supreme Joy,
To the Absolute, that Image in Whom Wisdom does lie,
To the One beyond opposites; expansive as space,
To That Goal that 'You are That' and the rest imply.

To the One, Eternal, Pure and Constant,
To the One Who is Witness of the intellect's functions,
To the One beyond emotions, devoid of three guṇa-s,
To that Sadguru, my reverent salutations.

21) प्रार्थनापूर्वकं क्षमापनम् – Prārthanāpūrvakaṁ kshamāpanam

A thousand transgressions are performed by me,
Both during the day and at night too!
'He is a servant'- having considered me thus,
Please forgive me, O Eminent Guru!

22) समर्पणम् – Samarpaṇam

1. O Lord of Gods, O Guru, O Master!
O Guide! O Soul-leader Divine!
Protect me, O Ocean of Compassion,
Infuse a wholeness to this worship of mine!

2. May the Divine Guru be pleased with
this pūjā offered by me!
May all of this be offered to Brahman.

3. Thou, who art Guard to the deepest secret,
Accept this japa which has been done by me,
By Your Grace, O Goddess Most Great,
May my fulfillment come to be!

4. Thou, who art Guard to the deepest secret,
Accept this japa which has been done by me,
By Your Grace, O God Most Great,
May my fulfillment come to be!

5. In that location which belongs to the Supreme-
Your own place, O Supreme Lord, please reside-
In that location, where Brahmā and the rest
Of the Gods, all within my heart abide!

6. Salutations to the Consort of Parvatī, (to You),
O Hara, O Mahādeva!

Appendix 3

Translation of Shri Shiva-Pūjana-Shloka-s

1) ध्यानम् – Dhyānam

1. At all times should one meditate upon:
The Great Lord of Silver Mountain stance,
With the delightful moon as jewel-crest,
His body brilliant with a radiance
From being adorned by various gems,
His hands holding the axe and deer,
Hands gifting boons and fearlessness,
An image of contentment sheer,
Seated in the lotus posture,
Praised everywhere and all around
By His followers who live eternally;
Who wears tiger-hide as His cloth wound,
The Origin of the universe,
Who receives the worlds' utter adulation,
Who dispels fear in its entirety-
The Five-faced and the three-eyed One!

2) आवाहनम् – Āvāhanam

Welcome, O Lord of the Fair-complexioned One,
In Whose Hand the Pināka bow does abide,
O the One who sports on His Head,
the rabbit-marked moon,
O the One who upon a bull does ride!
O One who is the Lord of all Gods,
The Great Lord, to You is this salutation!
Accept this worship, O Auspicious Lord,
This salutation at all moments done!

3) आसनम् – Âsanam

O Soul of the universe! Salutations to You,
Who, in the expanse of one's consciousness, does live!
This delightful throne embedded with jewels,
O Treasure trove of compassion, I do Thee give!

4) पाद्यम् – Pâdyam

To the Arrow-wielder, to Nectar Himself,
To the Cause of all well-being, my reverence!
I offer this water to wash Your feet-
To the One for whom Kailâsa is residence!

5) अर्घ्यम् – Arghyam

To the Bestower of invaluable fruit - liberation -
Described in texts that are held divine,
I offer water to wash the hands to the One
Who, as Pure Consciousness, does shine.

6) आचमनम् – Âchamanam

O One who supports the entire world,
O One who requires no foundation,
O Great Lord! O Most Attractive One!
I offer You water and my salutation!

7) स्नानम् – Snânam

O One who is by the Gaṅgâ drenched,
And whose matted hair is thus weighed down,
O Nectar Himself, O One who wears
The half moon at His crown,
Bathe with these waters, O Lord most Great,
Which from rivers I did accumulate!

8) वस्त्रम् – Vastram

O One whose cloth is the directions,
Salutations to You, O Elephant-skin-wearer too!
O One whose upper cloth is tiger-skin,
I offer two pieces of cloth to You!

9) यज्ञोपवीतम् – Yajñopavitam

All that move and all that do not-
Whatever exists in the worlds by far
Are gems! And they are woven upon
You, who as Support, the Thread are!
I offer the sacred thread to Thee,
Whose sacred thread the serpent does be!

10) भस्मम् – Bhasmam

Born of Agnihotra - fires that are sacred,
And sanctified by the Virajā sacrifice -
Accept such ash, O Master, who confers
Upon devotees all that in which divinity lies!

11) गन्धः – Gandhaḥ

To the One bestowing fruit upon barrenness,
Salutations to that Fragrant-bodied One,
I offer You sandal-paste, O One who did lead
The demon Andhaka to his complete destruction.

12) अक्षताः – Akshatāḥ

O Lord, worshipped by actualized ones
And Gandharva-s as well! Most Attractive God too!
Accept these grains, of unbroken white rice,
And be a boon giver to me. Salutations to You!

13) पुष्पम् – Pushpam

Growing in the forest of the Turīya State,
Of bliss supreme - such fragrance to show -
Accept this bloom, O Somesha,
O Destroyer of the wielder of the flower-bow!

14) बिल्वपत्रम् – Bilvapatram

Three-leaved and of tri-quality-form,
Three-eyed and of weapons three -
A single Bilva as homage to Shiva -
Destroys all sins amassed in lives three!

15) धूपः – Dhūpaḥ

O, You who are Lord of the Mountain's daughter,
O Heavy matted-haired One! O Dazzling Radiance!
I offer You, Lord, incense to smell -
With fragrant resins woven into its very essence.

16) दीपः – Dipaḥ

I offer to the creator of all auspiciousness,
A lamp with its wick doused in ghee!
O You whose eyes are Sun, Moon and Flame,
Upon this lamp let Your gaze be!

17) नैवेद्यम् – Naivedyam

1. Having cleansed my hands and having placed this food before (the Deity), having sprinkled upon it

water sanctified by the Gāyatrī, having concealed it
with tulasī leaves - this then is the naivedyam.

2. We know You to be That Male-Principle!
As the Great Lord we meditate upon You!
We call upon the Terrifying One to inspire us,
To progress in our wisdom and meditation too!

3. With the mantra Svāhā may this food nourish
The airs that are considered to vital be-
Prāṇa, Apāna, Vyāna, Udāna,
And Samāna, each which sustains the body.

4. O Crescent-crowned One, please accept,
This food which is worthy of being offered to You!
Of six types of flavour; food drenched in ghee;
And mixed with honey and milk too!

18) ताम्बूलम् – Tāmbūlam

Accept this tāmbūla -mouth freshener it be -
O One whose garland is the serpent king!
Areca nuts with many a powdered spice,
And betel leaves that from the Nāgavallī spring.

19) दक्षिणा – Dakshiṇā

O Lord of wealth-givers, O Lord of all Gods,
O You whose mascot the bull doth be!
Please accept this excellent gift of wealth,
Given by me according to my capacity.

20) नीराजनम् – Nirājanam

1. To the Lord, Umā's spouse, to the Teacher of the Gods,
To the universe's Cause, obeisance I pay -
To the One adorned by serpents and
To the Deer-holder I do pray,
To the Master of all beings that are,
To Him - the Sun-Moon-Fire eyed One,
To the One who Krshna deeply loves,
I pay my reverent salutation!
To Him who is the devoted ones' Sanctuary,
To the One who is Boon-giver as well,
To Auspiciousness Himself, my obeisance,
To Him who as Good-doer does dwell.

2. To Peace-incarnate, who is seated in
The lotus pose, my salutation!
To the One who holds the moon at His crown,
To the Five-faced and the Three-eyed One!
To the One who at His right side does
The spear, lightning and sword too hold
The axe and the hand gesture which gives
Fearlessness - the art of being bold;
And at His left side, the serpent and noose,
The bell, the drum, the goad as well,
Radiant with several oranaments,
He, who as Pārvatī's Lord, does dwell!
I bow down before the Lord who sports
The complexion which a crystal-bead courts!

3. I salute the One who is as camphor fair,
Compassion's very embodiment!

I salute the Essence of the universe,
Whose necklace is the king-serpent!
To the One who, in my heart-lotus,
Resides with Bhavānī eternally,
To the One who is Existence Himself,
I pray! To Him my homage does be!

4. You alone are my mother, You alone my father,
You alone are my relative, my friend - You alone!
You alone are knowledge, wealth alone You are!
You alone are all! O my Lord, my Lord own!

5. This light of pure brilliance, with flames shooting high,
Along with the resonance of the bell, I offer completely -
To the One who overcomes death and to Him
Who destroyed the demons' cities three.

21) मन्त्रपुष्पाञ्जलिः – Mantrapushpāñjaliḥ

O Destroyer! O Support of the entire universe,
O One who needs neither support nor sanctuary!
O Lord, accept these flowers in my cupped palms,
O Someshwara, salutations to Thee!

22) प्रदक्षिणा – Pradakshiṇā

To the Destroyer of difficulties at every step,
To the Restrainer of Illusion's random stroll,
O Foe of the cities, for Your pleasure is this -
My circumambulation of You - a hundredfold!

23) प्रार्थना– Prārthanā

No other shelter, no other haven!
My refuge You alone do be!
From the depths of Your compassion, therefore,
O Supreme Lord, do protect me!

24) नमस्कारः– Namaskāraḥ

To the Death-Conqueror, to the Agony-giver*
To the Blue-throated and the Auspicious One,
To the Lord of Immortality, to the Arrow-wielder,
To the Great Lord, to You this salutation!

**Literally: the One who makes you cry. The Lord creates a restlessness within the devotee which causes him to realise that his happiness does not lie in the material world. This then makes him turn towards the Lord.*

25) विशेषार्घ्यम् – Visheshārghyam

Thou art Boon-giver, Fulfiller of desires,
Bestow that boon for which I pine!
With this water and fruit that I offer as arghya,
May success and achievement always be mine!

26) प्रार्थनापूर्वकं क्षमापनम् – Prārthanāpūrvakaṁ kshamāpanam

1. I know not how to invoke You, O Lord,
Your worship-rite I know not how to end!
Your worship itself, I know not to perform,
O Supreme Lord, do Thou forgiveness extend!

2. You must forgive, O Lord of all Gods!
Forgive! O Lord of the entire earth!
May my devotion at Your Lotus Feet,
Be eternal and of unflinching worth!

27) समर्पणम् – Samarpaṇam

1. O One who is Eternally Auspicious,
Tolerate my every transgression!
In an ocean of trouble is this one sunk -
Raise him to lofty elevation!
With my entire self, I, this pitiable one -
I, who have no other sanctuary,
Have sought refuge at Your Lotus Feet!
Have sought safe haven, O Swāmī!

2. Sins have fled! Unhappiness gone!
And poverty has disappeared too!
Bliss, wealth and virtues have all come in-
Just by having sighted You!

3. The Lord is the Giver, the Enjoyer as well,
The world, the Lord's own form does be!
The Lord triumphs at places all,
He who is Lord, why, I too am He!

4. May Lord Bhavānīshaṅkar, Mahārudra be pleased with this pūjā offered by me! May all of this be offered to Bramhan.

5. Thou, who art Guard to the deepest secret,
Accept this japa which has been done by me,
By Your Grace, O Goddess Most Great,
May my fulfillment come to be!

6. Thou, who art Guard to the deepest secret,
Accept this japa which has been done by me,
By Your Grace, O Lord Most Great,
May my fulfillment come to be!

7. In that location which belongs to the Supreme -
Your own place, O Supreme Lord, please reside -
In that location, where Brahmā and the rest
Of the Gods, all within my heart abide!

8. Salutations to the Consort of Parvatī, (to You), O Hara,
O Mahādeva!

Appendix 4

Translation of Shri Devi-Pūjana-Shloka-s

1) ध्यानम् – Dhyānam

1. To the One with the brilliance of a lightning streak,
Who stands at the shoulder of the Master of all,
To the Terrifying One, my service I offer,
To the One upon whose beck and call
Are those damsels who serve Her well,
With radiant scimitars and clubs in hand!
I worship the One characterized by
The discus, the mace, the club and
The arrow, the bow and the noose too,
The upright forefinger which duly warns;
To the Radiant One, Fire Herself,
To the One whom the Moon deftly adorns!
To Durgā, Who takes one through each difficulty,
To the Three-eyed-one, does my worship be!

2. One should reflect upon the Mother Supreme
Whose form is that of vermilion red,
The Three-eyed one, of ruby-crown
With bright moon too upon Her head;
Of smiling face; a full, high bust,
In one hand a jewelled cup, nectar replete;
The other holding a red lotus bloom,
Of gentle stance; her red feet,
Upon a pot with a gem-inlay.
Upon Such should one's attention stay.

3. During japa, one should invoke that Mother-
Smeared with vermilion- a complexion red,
With the fragrance of musk, thus by bees kissed,
Her eyes to gentle slight smile wed,
Holding the arrow, bow, noose and goad,
Attracting all folk - no exception too!
Adorned with red garlands and clothes,
Radiant- the China rose's hue!
Upon such Her form should one pay heed,
When in japa, to one's mind lead.

2) आवाहनम् – Āvāhanam

O You who dwell in the interiors of
The great woods* where lotus blooms** do lie,
Bliss-form's Cause, the Welfare of all,
Please come, O Mother, O Goddess Most High!

**Body; **Chakra-s*

3) आसनम् –Āsanam

O Great Goddess, who rests upon the thigh
Of the Eternally Auspicious One,
O Support of all, accept this divine seat
Made with all Elements together spun!

4) पाद्यम् – Pādyam

Striven to be known by those who study Veda-s,
To such a One - beginning-less and end-less too,
This clean fragrant water to wash Your feet.
O Lotus-eyed One, I offer to You.

5) अर्घ्यम् – Arghyam

Accept this water for Your hands, Sinless One,
In which eight auspicious articles abide!
O, Revered by the One who on a lotus sits,
O, You who as Mother of all worlds, reside!

6) आचमनम् – Âchamanam

O Great Fortune Herself! O, Existence's Consort!
Towards whom Bhava does passionate be!
May this water, collected from the Gaṅgā and placed
In a gold container, be sipped by Thee!

7) स्नानम् – Snânam

O, Foremost amongst virtuous women!
Esteemed by the holy on virtuous path!
This water, from sacred pilgrimage spots-
May it be accepted for Your bath!

8) वस्त्रम् – Vastram

Two drapes of fine cloth and a blouse,
All divine and attracting attention,
O Goddess of Gods! Accept these please!
O Beloved of Shiva- that direction-clad One!

9) यज्ञोपवीतम् – Yajñopavitam

O Umā, Thou who art golden Thyself!
Of splendour unique! Of splendour grand!
Be pleased to accept this sacred thread,
Interwoven with many a golden strand!

10) आभूषणम् – Ābhūshaṇam

This neclace proclaiming wedded life,
Made of auspicious beads, interwoven with pearl,
Has been given to You! Accept it Mother,
And auspiciousness then please do unfurl!

11) गन्धः – Gandhaḥ

Please accept, O You who directs life's very forces
Of the One who bears a bowl in His palm,
This sandal paste with camphor, unguent and musk,
For smearing upon Your limbs as balm.

12) अक्षताः – Akshatāḥ

Accept these white and unbroken grains
Of rice that do so auspicious be,
Coated again with turmeric and saffron,
O Goddess, O Mother! O Treasure Trove of mercy!

13) पुष्पम् – Pushpam

With the lotus, shaṅkha-bloom and the China rose,
With the Pārijāta and the Champaka too,
I worship You, O Empress of the worlds,
O Lotus-eyed One, may it please You!

14) सौभाग्यद्रव्यम् – Saubhāgyadravyam

Collyrium, vermilion dust, turmeric and kuṅkuma,
These have been offered with devotion much.
O Divine Mother, please accept them all-
These substances of auspicious touch.

15) धूपः – Dhūpaḥ

I offer You incense that does delight,
With fragrant resin and spice combined.
Accept it, Great Goddess, fulfiller of
All desires in devotees' mind.

16) दीपः – Dīpaḥ

O Mountain King's family's very Light!
Mother, look at this lamp given by me!
O Destroyer of darkness that lies within,
Look at this lamp - wick coated in ghee!

17) नैवेद्यम् – Naivedyam

1. Having cleansed my hands and having placed this food before (the Deity), having sprinkled upon it water sanctified by the Gāyatrī, having concealed it with tulasī leaves - this then is the naivedyam.

2. We know You to be the collective Lustre of Gods!
As the New Effulgence we meditate upon You!
We call upon the Navigator to inspire us,
To progress in our wisdom and meditation too!

3. With the mantra Svāhā may this food nourish
The airs that are considered to vital be -
Prāṇa, Apāna, Vyāna, Udāna,
And Samāna, each which sustains the body.

4. Eatables and condiments of several kinds!
O Hara's - the Destroyer's - Beloved One!
Of six flavours and four varieties,
Partake what You'd like of this naivedyam!

18) ताम्बूलम् – Tāmbūlam

O You who reside in the cities three -
In the bodies- Gross, Subtle and Causal too,
May this betel leaf, warding off stiffness of the tongue,
With powdered pearl and camphor, be accepted by You!

19) दक्षिणा – Dakshiṇā

O Completeness Herself! O, One who bestows
The fruit of completion! Accept this gift from me -
A gift of wealth - abounding in gold and gems,
So that this worship, lends itself to totality !

20) नीराजनम् – Nirājanam

1. I salute the One who is as camphor fair,
Compassion's very embodiment!
I salute the Essence of the universe,
Whose necklace is the king-serpent!
To the One who, in my heart-lotus,
Resides with Bhavānī eternally,
To the One who is Existence Himself,
I pray! To Him my homage does be!

2. You alone are my mother, You alone my father,
You alone are my relative, my friend - You alone!
You alone are knowledge, wealth alone You are!
You alone are all! O my Lord, my Lord own!

3. You are
Māyā - the power of Consciousness,
Kuṇḍalinī - one's own hidden energy
Kriyā, spontaneous dynamism,
The essence of all Joy - Madhumatī!
Kālī, the power that wields time
Kalā - the subtlest creativity,
Mālinī - the letters that hold the universe,
The Benevolent Boon-giver, Mātaṅgī!
Vijayā - conquest over one's senses,
Jayā - granting release from action and
Inaction and the fruit thereof;
Bhagavatī of six, eternal glories grand!
Devī - the radiant Divinity,
Shiva - the Auspicious, with joy replete,
Shāmbhavī - Conscious Awareness and
Shakti - Creator, Sustainer, Destroyer - complete!
Shiva's love, Shaṅkaravallabhā,
Trinayanā, the One with eyes three
Vāgvādinī, propelling thought and word,
The power of Prosperity - Bhairavī!
Hrīṅkārī - The resonant Goddess-principle,
Tripurā - residing in the bodies three,
Endowed with self revelation as well as
Self consciousness - Parātparamayī,
Mātā - the Original Source You are,
Kumarī - New effulgence, divine by far!

4. Having made the internal and external light one
There is now limitless luminosity!
Having waved these lights three times around,
O Radiant One, I offer it to Thee!

5. O Radiant One, You rule all cyclic forces,
O New One, upon Time Your sovereignity!
O You, Actualization Complete, please accept
This waving of lamps performed by me.

21) मन्त्र पुष्पाञ्जलिः – Mantrapushpāñjaliḥ

O the very Image of the Supreme Brahman,
Accept these flowers which in cupped palms be,
Offered with devotion, O Radiant One,
May You then be pleased eternally!

22) प्रदक्षिणा – Pradakshiṇā

To receive auspiciousness and benefit as well,
O Mother, so that sin may be turned away,
I circumambulate You! May You be pleased!
O Ruler Supreme, who upon all hold sway!

23) प्रार्थना – Prārthanā

Having worshipped well Your two Lotus Feet
With many lotuses - several in count,
And offered a wreath made of lotuses of gold
A wreath upon Your neck to mount,
And upon Your head, having now placed
Flowers in cupped palms - blooms so red,
In the core, in the centre of the lotus of my heart,
O Radiant One, do Thou joy there spread!

24) नमस्कारः – Namaskāraḥ

Salutations to the Goddess, the Great Goddess!
To the Propitious One, our eternal salutation!
With enjoined palms, we bow before Her,
Salutations to Nature, to the Auspicious One!

25) विशेषार्घ्यम् – Visheshārghyam

O Consort of Shiva, Mother of the Universe!
O Image of Existence, Bliss and Consciousness,
Accept this worship with love, O Mother!
May You be pleased, O Supreme Empress!

26) प्रार्थनापूर्वकं क्षमापनम् – Prārthanāpūrvakaṁ kshamāpanam

1. A thousand transgressions are performed by me,
Both during the day and at night as well!
'He is a servant'- having considered me thus,
Forgive me, O You, who as Empress does dwell!

2. The one who serves does make a mistake,
At every step does a transgression be!
Except for the Mother, who else in this world,
Can tolerate such a thing so patiently?

27) समर्पणम् – Samarpaṇam

1. As Your worship may my actions appear-
My prattle - Your name's constant repetition!
As mudra-s - the hand gestures at worship-time -
My work, its various kinds of expression!
My walking around, my loitering -
Circumambulations of You, clockwise done,

All that I eat for my nourishment -
As food offered to You in oblation!
As prostrations of You upon the ground -
My lying down when I must rest!
My entire self, a dedication to You -
When I experience joy, experience zest!

2. May the Divine Mother of the Universe, the Supreme Consciousness be pleased with this pūjā offered by me! May all of this be offered to Bramhan. May all this be offered to the Mother of the Universe!

3. Thou, who art Guard to the deepest secret,
Accept this japa which has been done by me,
By Your Grace, O Goddess Most Great,
May my fulfillment come to be!

4. Thou, who art Guard to the deepest secret,
Accept this japa which has been done by me,
By Your Grace, O Lord Most Great,
May my fulfillment come to be!

5. In that location which belongs to the Supreme-
Your own place, O Supreme Goddess, please reside-
In that location, where Bramhā and the rest.
Of the Gods, all within my heart abide!

6. Salutations to the Consort of Parvatī, (to You), O Hara, O Mahādeva!

Appendix 5

॥श्रीराजराजेश्वर्यष्टकम्॥

Shrī Rāja-rājeshwaryashṭakam

अम्बा शाम्भवि चन्द्र-मौलि-रमलाऽपर्णा उमा पार्वती
काली हैमवती शिवा त्रिनयनी कात्यायनी भैरवी ।
सावित्री नवयौवना शुभकरी साम्राज्यलक्ष्मीप्रदा
चिद्रूपी परदेवता भगवती श्रीराजराजेश्वरी ॥ १ ॥

Ambā Shāmbhavi Chandra-mauli-ramalāऽparṇā
Umā Pārvatī
Kālī Haimavatī Shivā Trinayanī Kātyāyanī Bhairavī
Sāvitrī Navayauvanā Shubhakarī Sāmrājya-lakshmī-pradā
Chidrūpī Paradevatā Bhagavatī Shrī Rāja-rājeshwarī- 1

अम्बा मोहिनि देवता त्रिभुवनी आनन्दसन्दायिनी
वाणी पल्लवपाणि-वेणु-मुरली-गानप्रिया लोलिनी ।
कल्याणी उडुराजबिम्बवदना धूम्राक्षसंहारिणी
चिद्रूपी परदेवता भगवती श्रीराजराजेश्वरी ॥ २ ॥

Ambā Mohini Devatā Tribhuvanī Ānanda-sandāyinī
Vāṇī Pallava-pāṇi-veṇu-muralī-gāna-priyā Lolinī
Kalyāṇī Uḍurāja-bimba-vaḍanā Dhūmrāksha-saṁhāriṇī
Chidrūpī Paradevatā Bhagavatī Shrī Rāja-rājeshwarī- 2

अम्बा नूपुर-रत्नकङ्कणधरी केयूरहारावली
जाती-चम्पक-वैजयन्ति-लहरी ग्रैवेयकैर्-राजिता ।
वीणा वेणुविनोदमण्डितकरा वीरासने संस्थिता
चिद्रूपी परदेवता भगवती श्रीराजराजेश्वरी ॥ ३ ॥

Ambā Nūpura-ratna-kaṅkaṇa-dharī Keyūra-hārāvalī
Jātī-champaka-vaijayanti-laharī Graiveyakair-rājitā
Vīṇā Veṇu-vinoda-maṇḍita-karā vīrāsane Saṁsthitā
Chidrūpī Paradevatā Bhagavatī Shrī Rāja-rājeshwarī- 3

अम्बा रौद्रिणि भद्रकाली बगला ज्वालामुखी वैष्णवी
ब्रह्माणी त्रिपुरान्तकी सुरनुता देदीप्यमानोज्ज्वला ।
चामुण्डा श्रितरक्षपोषजननी दाक्षायणी वल्लवी
चिद्रूपी परदेवता भगवती श्रीराजराजेश्वरी ॥ ४ ॥

Ambā Raudriṇi Bhadrakālī Bagalā Jvālāmukhī Vaishṇavī
Brahmāṇī Tripurāntakī Suranutā Dedīpyamānojjwalā
Chāmuṇḍā Shrita-rakṣha-poṣha-jananī Dākṣhāyaṇī Vallavī
Chidrūpī Paradevatā Bhagavatī Shrī Rāja-rājeshwarī- 4

अम्बा शूलधनुःकशाङ्कुशधरी अर्धेन्दु-बिम्बाधरी
वाराही मधुकैटभप्रशमनी वाणी-रमासेविता ।
मल्लाद्यासुर-मूकदैत्य-मथनी माहेश्वरी चाम्बिका
चिद्रूपी परदेवता भगवती श्रीराजराजेश्वरी ॥ ५ ॥

Ambā Shūla-dhanuḥ-kashāṅkusha-dharī
Ardhendu-bimbādharī
Vārāhī Madhu-kaiṭabha-prashamanī Vāṇī-ramā-sevitā
Mallādyāsura-mūka-daitya-mathanī Māheshwarī chāmbikā
Chidrūpī Paradevatā Bhagavatī Shrī Rāja-rājeshwarī- 5

अम्बा सृष्टि-विनाश-पालनकरी आर्या विसंशोभिता
गायत्री प्रणवाक्षरामृतरसः पूर्णानुसन्धीकृता ।
ओङ्कारी विनतासुतार्चित-पदा उद्दण्ड-दैत्यापहा
चिद्रूपी परदेवता भगवती श्रीराजराजेश्वरी ॥ ६ ॥

Ambā Sṛshṭi-vināsha-pālana-karī Āryā Visaṁshobhitā
Gāyatrī Praṇavākṣharāmṛta-rasaḥ Pūrṇānusandhīkṛtā
Oṅkārī Vinatāsutārchita-padā Uddaṇḍa-daityāpahā
Chidrūpī Paradevatā Bhagavatī Shrī Rāja-rājeshwarī- 6

अम्बा शाश्वत-आगमादि-विनुता आर्या महादेवता
या ब्रह्मादि-पिपीलिकान्त-जननी या वै जगन्मोहिनी ।
या पञ्चप्रणवादि-रेफजननी या चित्कला मालिनी
चिद्रूपी परदेवता भगवती श्रीराजराजेश्वरी ॥ ७ ॥

Ambā Shāshwata-āgamādi-vinutā Āryā Mahādevatā
Yā Brahmādi-pipīlikānta-jananī yā vai Jagan-mohinī
Yā Pañcha-praṇavādi-repha-jananī yā Chitkalā Mālinī
Chidrūpī Paradevatā Bhagavatī Shrī Rāja-rājeshwarī- 7

अम्बा पालित-भक्तराजमनिशम्-अम्बाष्टकं यः पठेत्
अम्बा लोल-कटाक्ष-वीक्ष-ललितं चैश्वर्यमव्याहतम् ।
अम्बा पावन-मन्त्रराज-पठनात् अन्ते च मोक्षप्रदा
चिद्रूपी परदेवता भगवती श्रीराजराजेश्वरी
चिद्रूपी परदेवता भगवती श्रीराजराजेश्वरी ॥ ८ ॥

Ambā Pālita-bhakta-rājamanisham-ambāshṭakaṁ yaḥ pathet
Ambā lola-kaṭākṣha-vīkṣha-lalitaṁ chaishvaryam-avyāhatam
Ambā pāvana-mantra-rāja-pathanāt ante cha Mokṣha-pradā
Chidrūpī Paradevatā Bhagavatī Shrī Rāja-rājeshwarī
Chidrūpī Paradevatā Bhagavatī Shrī Rāja-rājeshwarī- 8

Appendix 6

Days of the Week and Tithi-s

Days of the Week (For page no. 27-
eg. रविवासरे, सोमवासरे.....)

Sunday - रवि
Monday - सोम / चन्द्र
Tuesday - मङ्गल / कुज
Wednesday - बुध / सौम्य
Thursday - गुरु
Friday - शुक्र / भार्गव
Saturday - शनि / स्थिर

Tithi-s (For page no. 27-
eg. प्रतिपदा-पुण्यतिथौ , द्वितीया-पुण्यतिथौ.....)

1 - प्रतिपदा
2 - द्वितीया
3 - तृतीया
4 - चतुर्थी
5 - पञ्चमी
6 - षष्ठी
7 - सप्तमी
8 - अष्टमी
9 - नवमी
10 - दशमी
11 - एकादशी
12 - द्वादशी
13 - त्रयोदशी
14 - चतुर्दशी
15 - पूर्णिमा or अमावास्या

Shri Chitrapur Math Transliteration Scheme - Use of Diacritical Marks

Letter	Lower-case	Upper-case
अ	a	A
आ	ā	Ā
इ	i	I
ई	ī	Ī
उ	u	U
ऊ	ū	Ū
ऋ	ṛ	Ṛ
ॠ	ṝ	Ṝ
ऌ	ḷ	Ḷ
ॡ	ḹ	Ḹ
ए	e	E
ऐ	ai	Ai /Al
ओ	o	O
औ	au	Au/AU
अं	ṁ	Ṁ
अः	ḥ	Ḥ
क्	c/k	C/K
ख्	kh	Kh/KH
ग्	g	G
घ्	gh	Gh/GH
ङ्	ṅ	Ṅ
च्	ch	Ch/CH
छ्	ch	Ch / CH
ज्	j	J
झ्	jh	Jh/JH
ञ्	ñ	Ñ
ट्	ṭ	Ṭ
ठ्	ṭh	Ṭh/ ṬH
ड्	ḍ	Ḍ

Letter	Lower-case	Upper-case
ढ्	ḍh	Ḍh/ḌH
ण्	ṇ	Ṇ
त्	t	T
थ्	th	Th/TH
द्	d	D
ध्	dh	Dh/DH
न्	n	N
प्	p	P
फ्	ph	Ph/PH
ब्	b	B
भ्	bh	Bh/BH
म्	m	M
य्	y	Y
र्	r	R
ल्	l	L
व्	v/w	V/W
श्	sh	Sh/SH
ष्	ṣh	Ṣh/ṢH
स्	s	S
ह्	h	H
ळ्	ḷ	Ḷ
क्ष्	kṣh	Kṣh/KṢH
ऽ	ऽ	ऽ
ज्ञ्	jñ	Jñ/ JÑ
ăpple	ă	Ă
ŏrange	ŏ	Ŏ
bă̊ngle	å	Å
sŏ̊ng	o̊	O̊

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चक्षुर्नो धेहि चक्षुषे चक्षुर्विख्यै तनूभ्यः
सञ्चेदं वि च पश्येम
ॐ
॥श्री चित्रापुर मठः श्रीवल्ली॥